

## Care Court is here to help, but it may not be for everyone

The CARE Act focuses on a narrow community of vulnerable Californians with the most severe mental health disorders to provide supportive services before people from this community become involved with the criminal legal system, are committed to a state hospital, or end up in conservatorship.

Eligible diagnosis may include:

- Schizophrenia
- Schizoaffective Disorder
- Brief Psychotic Disorder
- Delusional Disorder
- Schizotypal Personality Disorder
- Catatonia associated with another mental disorder
- Unspecified Catatonia
- Other specified or unspecified Schizophrenia Spectrum and other Psychotic Disorders

Unless a person also has a diagnosis from the list above, the following disorders DO NOT meet CARE criteria:

- Psychosis due to Traumatic Brain Injury, Autism, Dementia, or another disorder
- Catatonia associated with another medical disorder
- Major Depression or bipolar disorder with psychotic features
- Substance Use disorders

## How Can PCBH Help?

We can assist self-represented litigants with:

- Questions about CARE Court and your rights under the CARE Act
- Forms completion and the CARE Petition process, if one of the qualifying relationship listed describes you.
- Referrals for mental health services and community resources other than CARE

### CARE Act Questions?

Contact:

Plumas County Behavioral Health  
270 County Hospital Rd., Suite 109  
Quincy, CA 95971  
(530) 283-6307  
Fax (530) 283-6045  
Toll free 1-800-757-7898  
Email: [UM@pcbh.services](mailto:UM@pcbh.services)



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Plumas County  
Behavioral Health  
Wellness, self-sufficiency, and recovery.

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## What is CARE?

CARE is a new civil court created by the Community Assistance, Recovery and Empowerment (CARE) Act. Care Court will serve people with certain untreated severe mental health disorders. The CARE Act allows certain adults (called Petitioners) with qualifying relationships to another adult with severe mental health disorder to file a Petition to refer that person (called a “Respondent” or “Participant”) to participate in this new civil court model.

## What happens in CARE Court?

Participants in CARE Court will be appointed a free attorney by the court. Along with their appointed attorney and a supporter they choose for themselves, participants in Plumas County’s CARE Court will work collaboratively with Behavioral Health to voluntarily create a CARE Agreement or a CARE Plan. Each plan is individualized for a participant’s specific needs, preferences and goals to include treatment, housing or services that support the person’s health and wellness and will help the person reach recovery and stability. CARE Court involves a series of hearings to develop this treatment plan, review progress, and make necessary adjustments to the plan to better support participants. The judge in CARE Court and all parties involved in the case will work together to support a participant’s success

## CARE Eligibility Criteria

Not every person with a severe mental health disorder may be eligible for court-ordered services under the CARE Act. There are specific criteria that a person must meet to be eligible to participate in CARE Court.

The person must be:

- 18 years or older
- Diagnosed with a Schizophrenia Spectrum Disorder or another Psychotic Disorder which is similar according to the DSM
- Currently experiencing a mental illness severe in degree and persistent in duration
- Currently experiencing a mental illness that may cause behavior that interferes substantially with their activities of daily life
- Currently experiencing a mental illness that may result in their inability to independently function without treatment and support for a long or indefinite period of time
- Not currently stabilized in ongoing voluntary treatment
- Unlikely to survive safely in the community without supervision and their disorder is deteriorating OR in need of services and support to prevent relapse or deterioration that would likely lead to disability or serious harm to themselves or others
- Likely to benefit from participating in the CARE Process AND CARE is the least restrictive alternative for their stability and recovery

## Who Can File A CARE Petition?

Petitions must be filed by someone who is familiar with and has a qualifying relationship to the person being referred to participate in CARE.

Some qualifying relationships include:

- Someone who lives with the person being petitioned
- A spouse or registered domestic partner of the person being petitioned
- A parent, sibling, child or grandparent of the person being petitioned
- Someone who stands in the place of a parent for the person being petitioned
- A person petitioning for themselves

## How do I refer someone to CARE Court?

A case starts when a CARE Petition is filed. The CARE Petition is a presentation of facts and evidence that support how the person being referred to CARE Court meets the eligibility requirements for participating in the CARE Process. The CARE Petition includes the Petition (CARE-100 form) and one of two attachments (either the CARE-101 form or other specific supporting evidence).