



For immediate release:

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From: Public Information Officer Zachary Gately

Avian Flu Detected in One Bird in Plumas County

One positive case of avian influenza was reported this week in the Lake Davis Area in an American White Pelican. A small number of individuals were in contact with bird prior to its death, trying to save the diseased bird. While this particular strain of the virus poses minimal risk to humans, out of an abundance of caution the Plumas County Public Health Agency is warning residents of the potential risk of handling or coming into close contact with a diseased or dead bird.

In the United States, currently 44 states have reported avian flu in wild birds, with only 1 reported human case as of April 2022. Reports of infected birds have been found throughout the state of California. Although rare, avian flu can infect humans. Symptoms to be aware of include fever (100°F or greater), chills, cough, sore throat, shortness of breath, conjunctivitis (pink eye), headaches, runny or stuffy nose, muscle or body aches or diarrhea.

If you had close contact with obviously sick or dead birds (wild or domesticated), or surfaces contaminated by them, monitor your health for ten (10) days after you were last exposed. If you get sick (see symptoms above) after being exposed to sick or potentially infected birds (either wild or domesticated), contact a health care provider and report the bird to the appropriate entity. Information on how to report can be found on the following page.

Wild birds can carry bird flu without appearing sick. As a general precaution, people should not harvest or handle wild birds that are obviously sick or found dead. Hunters who handle wild birds should dress game birds in the field when possible and practice good biosecurity to prevent any potential disease spread. If possible, wear gloves when dressing birds, and wash hands with soap and water afterwards. Poultry, however, are likely to appear sick when they are infected with avian flu. Bird owners should practice good biosecurity and prevent contact between their birds and wild birds. Bird owners should report sick birds or unusual bird deaths to the state. You cannot get avian influenza from properly handled and cooked poultry or eggs.

The Centers for Disease Control and Prevention considers the human risk assessment for the general public to be low. People with job-related or recreational exposures to potentially infected birds are at higher risk and should take precautions listed on the [CDC website](https://www.cdc.gov).

Plumas County Public Health will continue to monitor the situation and evaluate risk levels for Plumas County Residents.

Reporting and Testing of Sick and Dead Birds by California State Agencies



Public hotline: 866-922-2473

Online reporting (year-round):

[CDFA Avian Influenza Updates webpage](https://www.cdfa.ca.gov/ahfss/Animal_Health/Avian_Influenza.html)

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Seeking reports on: (sick or dead)

- Poultry (commercial and residential)
- Domesticated waterfowl (geese, ducks, swans)
- Doves, quail, pigeons
- Pet birds (for a fee)
- Backyard chicken owners may submit their dead chicken (\$25 fee)

Tests for:

- Avian Influenza (as indicated)
- Newcastle disease

Public reporting number: 916-358-2790

Online reporting (year-round):

[CDFW Mortality Reporting webpage](https://wildlife.ca.gov/Conservation/Laboratories/Wildlife-Health/Monitoring/Mortality-Report)

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Seeking reports on: (sick or dead)

- Wild birds (free-ranging)
- Increased mortality (5 or more) wild birds
- Endangered, threatened, or protected wild bird species

Tests/examines for:

- Postmortem examination
- Testing may include:
 - Infectious diseases
 - Other pathogens
 - Pesticide exposure
 - West Nile virus
 - Avian Influenza

Public reporting number: 877-WNV-BIRD; 877-968-2473
(mid-April to mid-October)

Online reporting (year-round):

[CDPH West Nile Virus website](https://westnile.ca.gov/)
<https://westnile.ca.gov/>

Seeking reports on: (dead only)

- Corvids, other songbirds, and raptors
- Other such as shorebirds, woodpeckers, hummingbirds (tested in some areas)

Tests for:

- West Nile virus