



PCPHA

PLUMAS COUNTY PUBLIC HEALTH AGENCY



Growing Healthy Communities

FOR IMMEDIATE RELEASE:

Date: December 9, 2020

From: Public Information Officer Lori Beatley

Regional Stay Home Order in Effect for Plumas County

On December 9, 2020, the state announced the Greater Sacramento Region, which includes Plumas County has fallen below 15% ICU availability, which means that more than 85% of ICU beds in each region are being used by patients. With widespread COVID-19 transmission in the region, and increasing cases within our hospitals and healthcare workers, everyday activities present a risk to our local ability to maintain hospital capacity to care for patients. Therefore, the Regional Stay Home order will be effective by noon on December 10. The San Joaquin Valley and Southern California have already instituted the Regional Stay Home order within their regions.

- **Northern California:** Del Norte, Glenn, Humboldt, Lake, Lassen, Mendocino, Modoc, Shasta, Siskiyou, Tehama, Trinity
- **Bay Area:** Alameda, Contra Costa, Marin, Monterey, Napa, San Francisco, San Mateo, Santa Clara, Santa Cruz, Solano, Sonoma
- **Greater Sacramento:** Alpine, Amador, Butte, Colusa, El Dorado, Nevada, Placer, **Plumas**, Sacramento, Sierra, Sutter, Yolo, Yuba
- **San Joaquin Valley:** Calaveras, Fresno, Kern, Kings, Madera, Mariposa, Merced, San Benito, San Joaquin, Stanislaus, Tulare, Tuolumne
- **Southern California:** Imperial, Inyo, Los Angeles, Mono, Orange, Riverside, San Bernardino, San Diego, San Luis Obispo, Santa Barbara, Ventura

The order includes the following:

- Prohibits private gatherings of any size
- Closes sector operations except for critical infrastructure
- Retail remains open at 20% capacity with Grocery stores at 35% capacity
- Restaurants: take out or delivery only
- Schools can remain open
- Closes personal care services including hair salons/ barbershops
- Non-essential travel restricted statewide
- Requires 100% masking and physical distancing
- Worship and political expression are permitted outdoors

For a copy of the order you can go to <https://www.plumascounty.us/2750/Regional-Stay-Home-Order> . The order will remain in effect for at least 3 weeks and, after that period, it may be lifted when a region's projected availability of ICU beds is at or over 15%. This will be assessed on a weekly basis after the initial 3 week period.

The healthcare system has been greatly impacted by this pandemic and in order to protect Plumas County's healthcare system from being overwhelmed we need to continue to practice the following precautions: staying at home whenever possible, wearing face coverings while in public places or while interacting with others not in your household, frequent hand washing, physical distancing and avoiding social gatherings with those not from your household. This has been a very difficult season for everyone; no one is immune to the effects of this pandemic. There is some light at the end of the tunnel with viable vaccines being available within the next couple of months; which will help us slow the spread of this virus. Now is the time for all Plumas County residents to continue to come together to protect our most vulnerable, our local businesses and our healthcare system.

If you have any questions please contact the Plumas County COVID-19 informational phone line 530-283-6400 or send an e-mail to COVID19@countyofplumas.com or visit our website at www.plumascounty.us