



PCPHA

PLUMAS COUNTY PUBLIC HEALTH AGENCY



Growing Healthy Communities

FOR IMMEDIATE RELEASE:

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From: Public Information Officer Lori Beatley

Governor Newsom's Announces Regional Stay Home Order

On March 19, 2020, the Governor of the State of California issued an executive order for all individuals living in the state of California to stay at home. Since then, the order has been modified to slowly re-open the state. On August 28, 2020, the Blueprint for a Safer Economy, a four tier system for re-opening was implemented. On November 21, 2020, the state implemented an order in counties in the Tier 1/Widespread (purple) tier to stop non-essential activities between 10PM and 5AM. **Today**, the Governor of the State of California announced another temporary modification to the stay at home order due to a significant increase of COVID-19 cases throughout the state, which has significantly impacted the healthcare system because of an increase in use of ICU beds. The Regional Stay Home Order **will go into effect within 24 hours in regions with less than 15% ICU availability, which means that 85% of ICU beds in each region are being used by patients.**

The state provided current ICU capacity, the projected dates when regions will fall below the 15 percent threshold to local public health with the plans of providing the information to the public on the state's website at covid19.ca.us. **As of today, the Greater Sacramento region's ICU availability is currently 22% and the projected date for the Regional Stay Home Order to go into effect is December 15th.** The regions are:

- **Northern California:** Del Norte, Glenn, Humboldt, Lake, Lassen, Mendocino, Modoc, Shasta, Siskiyou, Tehama, Trinity
- **Bay Area:** Alameda, Contra Costa, Marin, Monterey, Napa, San Francisco, San Mateo, Santa Clara, Santa Cruz, Solano, Sonoma
- **Greater Sacramento:** Alpine, Amador, Butte, Colusa, El Dorado, Nevada, Placer, **Plumas**, Sacramento, Sierra, Sutter, Yolo, Yuba
- **San Joaquin Valley:** Calaveras, Fresno, Kern, Kings, Madera, Mariposa, Merced, San Benito, San Joaquin, Stanislaus, Tulare, Tuolumne
- **Southern California:** Imperial, Inyo, Los Angeles, Mono, Orange, Riverside, San Bernardino, San Diego, San Luis Obispo, Santa Barbara, Ventura

The order, once enacted includes the following:

- Prohibits private gatherings of any size
- Closes sector operations except for critical infrastructure
- Retail remains open at 20% capacity
- Restaurants: take out or delivery only
- Schools remain open
- Closes personal care services including hair salons/ barbershops
- Non-essential travel restricted statewide
- Requires 100% masking and physical distancing

The order will remain in effect for at least 3 weeks and, after that period, will be lifted when a region's projected availability of ICU beds are at or over 15%. This will be assessed on a weekly basis after the initial 3 week period.

The healthcare system has been greatly impacted by this pandemic and in order to protect Plumas County's healthcare system from being overwhelmed we need to continue to practice the following precautions: wearing face coverings while in public places or while interacting with others not in your household, frequent hand washing, physical distancing and avoiding social gatherings with those not from your household. This has been a very difficult season for everyone; no one is immune to the effects of this pandemic. There is some light at the end of the tunnel with viable vaccines being available within the next couple of months; which will help us slow the spread of this virus. This is the last surge in this pandemic. Now is the time for all Plumas County residents to continue to come together to protect our most vulnerable, our local businesses and our healthcare system.

If you have any questions please contact the Plumas County COVID-19 informational phone line 530-283-6400 or send an e-mail to COVID19@countyofplumas.com or visit our website at www.plumascounty.us