

May 2, 2018 Plumas County Behavioral Health Commission Meeting Minutes

Call to Order/ Roll Call

Commission members: Henry Eisenman, Reverend Kendrah Fredricksen, Maria (Gina) Rock-Strong, Lori Simpson, Estres Wellings attended today.

Guests: Vicki Chestnut, Joyce Clare nursejclare@yahoo.com, Johanna Downey, Marian Liddell marianliddell@yahoo.com, Laura Nabity, Denise Pyper, Valerie Sheldon,

Staff: Liz Brunton, Shelley Evans, Trish Foley trish.foley@ephc.org, Michael Gunter, Jacque Blanton-Martinez, John Posch zoopamdirac@yahoo.com, Gretchen Stuhr [Deputy County Counsel III] gretchenstuhr@countyofplumas.com

Additions to or deletions from the agenda: None

Public Comment Opportunity:

Marian, lack of communication

Joyce, gene site testing for facilitate medication results

Denise MHSAs funding, (to be discussed.)

Joyce, interviews for Behavioral Health Dept. director position

1. Behavioral Health Commission

- a. Approve Behavioral Health Commission minutes of April 4, 2018. Correction: Page Two, Behavioral Health Commission, B. Research is occurring to consider the option to privatize Sierra House as per the example of a facility in Monterey County that was visited. ALSO, The March 2017 annual audit found a few deficiencies and are expecting the findings from the recent annual audit and the audit's recommendations. With the above two corrections, Reverend Kendrah Fredricksen moved to approve, Estres Wellings seconded.
- b. Continued Update—Approval to transfer Sierra House residents to full service partnership program under MHSAs and discontinue Sierra House, Discussion and possible action on recommendation to the Board of Supervisors. Louise Steenkamp is attending a Sacramento meeting for directors of Behavioral Health departments. An update was made by Shelley Evans, with two-page handout. That read in part: At Sierra House currently three clients reside in the fourteen-bed adult residential facility. There are six clients in out-of-county placement. Two of the six were formally clients of Sierra House. Sierra House has five full-time staff. The Supervisor is Jacque Blanton-Martinez. There is one extra-help staff. The garage at Sierra House is empty and awaits being torn down. Ken Roper has architectural plans to consider for remodeling Sierra House. The B.H. Dept. is awaiting a letter from the State for approving funding for repairs to Sierra House. Currently do not have a cost for the renovations that are deemed necessary to comply for Community Care Licensing requirements and to address many years of deferred maintenance. Window issues, kitchen issues. Representative from Community Care Licensing will be inspecting the building no later than the end of May 2018. Sierra

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House Committee has met one or two times per month since November 2017. Former clients have attended. The last meeting held was April 24, 2018. The next scheduled meeting is May 15, 2018 3 p.m., at Behavioral Health Dept. annex office. There are four possibilities for Sierra House, discussed at April 24th meeting:

1. Keep the Sierra House program as it is currently. Still renovations will be necessary.
2. Convert the home into a six-bed facility with staffing twelve hours per day with a RA living in the house full-time.
3. Purchase three modular homes to place behind the Drop-In-Center for permanent supportive housing and provide services at the Drop-In-Center seven days per week. The department would continue to accept all in need.
4. Make Sierra House into a twelve-bed SOC Transitional Rehabilitation facility that is open 24/ but limiting client stay to twelve months. [Would bring in Medi-Cal funding. The Medi-Care population is increasing in this county.]
5. All four possibilities are being analyzed for their financial feasibility and probability based on County codes.

Twenty-five beds are available in total for transitional not permanent housing and emergency lodging throughout Plumas County. There were ten beds available in 2017. Emergency is for sixty days or less. The motel is used but is expensive and perhaps not the best venue. Additionally, Plumas County Behavioral Health identified a subset of full-service partners who have a need for transitional housing leading to permanent supportive housing for consumers who have demonstrated increased incarceration, hospitalizations, and homelessness. To improve outcomes for these full-service partners, Plumas County B.H. contracted in Fiscal Year 2017-18 with Environmental Alternatives, Inc. to outsource FSP supports and resources, including housing and intensive case management services for up to twelve partners. Only one source of funding can be used for Sierra House: realignment funding. More than half of all realignment funding Behavioral Health receives from the State is dedicated to the Sierra House and for out-of-county hospitalizations. FY 2017-2018 about \$100,000 of realignment funding was redirected to Social Services for the IHSS Program. In 2018-2019 there will be another impact to realignment funding for AOD clients. This will further reduce the funds available for the off-set of the cost of Sierra House. Realignment and MHSA (according to CIBHS) may also have a possible decrease in the upcoming 2018-2019 budget year due to previous year tax dollars received. Meeting is scheduled to discuss the possibility of the modular homes with the Planning Department. A more detailed report will be submitted in June 2018.

- C. 2017 Annual Report to Board of Supervisors. Is in progress.
- D. Behavioral Health Commission membership, update. This Commission's Bylaws establish thirteen voting members. There are eight vacant seats. A quorum is met when one person beyond half the membership attend. Members can serve consecutively the three-year in length term of membership. This is the second meeting attended by Valeria (consumer); Joyce (consumer) has attended three meetings, and Vicki (public) is reattending. MOTION: Gina Rock-Strong moved to accept Joyce Clare as a Commission

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member, and Vicki Chestnut. Reverend Kendrah Fredricksen seconded. The vote was unanimous. If the remaining vacant eight seats are filled are they continuing upon a previously uncompleted membership term? There may not exist such a time frame.

2. Informational Announcements & Reports

- A. Co-Chair's report and announcements. Pizza was ordered.
- B. Client Advocate Report. No report.
- C. Secretary-Treasurer Report. This Commission is allotted eight thousand dollars to pay for food and training. Gina Rock-Strong noted that she may be hired by Northern-California Behavioral Health Council.

3. Behavioral Health Department. Report and update by Behavioral Health Dept. staff.

- A. MHSA Program Report. May 10, 2018 is the deadline for submission of the approved Annual Update for FY 2017-2018 to the Mental Health Services Oversight and Accountability Commission. Waiting on the auditor's certification. May-July 2018 finalize, submit to County Counsel for approval to form and submit for Board approval contracts for HMIS, NorCal Housing CoC county share of costs, EA FSP two-year contract, and PCIRC Wellness Center one-year contract. Draft amendment to MHSA three-year program and expenditure plan to include the County's reversion plan language and submit to CPP. Submit County reversion plan amendment to Board of Supervisors for approval; submit approved plan to DHCS and OAC. Begin drafting Annual Update, 2018-2019.

No Place Like Home update. Plumas County Behavioral Health MHSA program has received the NPLH Technical Assistance Grant notice of funding award letter of \$75,000. PCBH will be able to use for preliminary planning and designing of a non-competitive (OTC) and competitive plan for local permanent supportive housing and HMIS implementation. PCBH is working with HCD to finalize the required Service Agreement; once the SA has been approved, the funds will be distributed.

MHSA Coordinator is seeking Commission members to participate in NPLH and affordable housing planning. Reverend Kendrah Fredricksen noted interest. The non-profit Rural Communities Housing Development Corporation is interested in partnering with small, rural counties in Northern California to develop these projects. Mike Pallesen, the Special Projects Manager, is willing to come to Quincy to meet the Commission, PCBH, and other agencies to discuss plan development. The MHSA Coordinator will be attending a meeting on June 8, 2018 at CIBHS to meet additional affordable housing developers. If interested, please contact Aimee Heaney at (530) 283 6307, ext. 1016.

PCBH MHSA and Fiscal staff continue to work with Dept. of Health Care Services on the program and fiscal audit for FY 2016-2017. We have not received a finding and recommendations communication from DHCS and will inform the

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Commission when this happens and provide a subsequent update. The MHSA Coordinator would like guidance from this Commission and consumers, family on developing a respite program. A subcommittee to identify the level of need and for the subcommittee to develop a plan.

The MHSA Coordinator and PCBH fiscal staff continue to refine the PCBH MHSA operating budget as the bulk of spending of the CSS budget supports the County Wellness Centers, full-service partnership programming, client support staff, housing and transportation costs, emergency lodging, transitional housing, housing subsidies for clients and other approved ancillaries, peer advocates' salaries, the MHSA Coordinator and other department expenses as part of MHSA local MHP expansion.

The initial DHCS auditor comments many of the programs which initially funded through community services and supports will have to be moved to the Prevention and Early Intervention component if possible. Because ongoing PEI allocations are approximately \$450,000 per year compared to CSS allocations of approximately \$1,650,000 per year. We must fund more programs with less money. Our current PEI budget is over \$750,000 for 2018. Which was intentionally to spend down funds previously identified as being at risk for reversion per the previous program and expenditure plan of 2014-2017.

Based on the DHCS letter concerning reversion funds identified from FY 2005-2006 through FY 2012-2013 the department's reversion plan will be to continue to spend down the \$1,597,159 identified CSS/PEI reversion funds to sustain ongoing programming through FY 2018-2019. Some programs will be reduced in FY 2018-2019 more reductions will occur in FY 2019-2020. Even with reduction, existing and projected PEI funds will not sustain ongoing PEI programs and the MHSA Coordinator is working with existing programs to revise allocation and program delivered for FY 2018-2019 and FY 2019-2020. CSS programs will also experience a rundown of the reverted funds through FY 2018-2019 and FY 2019-2020, with possible reduction as well. There may be program cuts through FY 2019-2020 as ongoing projections for FY 2018-2019 and FY 2019-2020 are expected by State forecast to be lower based on income tax and other State revenue sources [though this seems counter to a recent, almost last week, San Francisco Chronicle finance report that income tax revenues received by the State this year are more than expected.]

- C. Director's Report. Michael Gunter discussed CY 2017 Plumas County Mental Health Quality Assurance/Quality Improvement Annual Report of sixteen pages: access and network adequacy—initial contact and response summary, review of rehospitalizations, outreach, ancillary services. Consumer satisfaction surveys, number of grievances. Noted the consideration of health services to consider mental health (illness) on par with the concern for maintaining physical health.

Public Comment Opportunity

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Adjournment.

The next Plumas County Behavioral Health Commission is **June 6, 2018** at the downtown Quincy, 445 Jackson Street **public library** from noon-2 p.m. [Today's meeting continued to 2: 20 p.m.]

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