

September 5, 2018

Plumas County Behavioral Health Commission Meeting

Call to Order/ Roll Call: Commission members: Vicki Chestnut, Joyce Clare, Henry Eisenman, Reverend Kendrah Fredricksen, Valerie Sheldon, Maria Rock-Strong, Lori Simpson, Estres Wellings.

Guest: Cathy Dirden, Johanna Downey, Da Hae Kim dkim@lsnc.net staff attorney; Marian Liddell, Ann Metcalf [Probation Dept.], Jackie Musick, Denise Pyper, Dr. Kevin Trutna, president www.frc.edu .

Staff: Liz Brunton, Shelley Evans, Aimee Heaney ahaney@PCBH.services , Casey Jordan-Pruitt, Dr. Tony Hobson director Plumas County Behavior Health Dept., Gretchen Stuhr.

Additions to or deletions from the Agenda: None.

Public Comment Opportunity:

Marian, suggestion change be made to bylaws in regard number of Commission members. In the interim, this Commission has used the number of current Board of Supervisor appointed Commission seats.

Johanna advocates a yes vote in November 2018 for Proposition 2 that would allow \$2 billion directed from MHSa to fund No Place Like Home housing for the homeless mentally ill or those facing homelessness who are mentally ill. www.CAYesonProp2.org

Denise, counter encourages a no vote to Proposition 2 to allow the state legislature to decide the provision of funding for mental health services such as 24/7 intense case management; and noted Plumas County Behavioral Health Dept. has \$2.5 million in unspent MHSa funds.

1. Behavioral Health Commission

- A. Reverend Kendrah Fredricksen moved to approve the August 1, 2018 Commission meeting minutes with CORRECTIONS: Page One, "Public Comment Opportunity" "Seneca Hospital's board of directors has several members up for re-election." 1. "Behavioral Health Commission" A. "Staff of Sierra House: one is employed at Greenville Wellness Center; the other is working with Rich Johnson a case manager." Page Two, Delete: "Vicki Chestnut seconded the July 11, 2018 motion." D. "Director of PCIRC complimented the Greenville Wellness Center peer advocate specialist." E. Delete: "If there occurred streaming or recording, telephoned in comment and question would be a violation of the Brown Act." [Actually is possible but a bit involved process, requiring 72-hour prior to the meeting published agenda, and the telephone would have to open their location to the public.] Page Three, "Assertion this Commission may be operating without a quorum since it has thirteen member positions but has only eight Board of Supervisor appointed members, and all eight current Commission members are attending today." F. Delete: "The data notebook is due November 30, 2018." 2. Informational Announcements & Reports. C. Delete: "Request the client-advocate visit the secretary-treasurer's former husband in jail." E. "Quality Improvement Committee."

B. Public Hearing

Mental Health Services Act began in 2004. Since, California counties not using all the funding within the time frame can make plans to implement their use. Reversion fund issues. Plumas County B.H. Dept. has a large complex financial account and currently \$2.5 million in MHSA funds that face reversion: Funds from Fiscal Year 2005/2006 through Fiscal Year 2014-2015. Required to have a plan to spend these funds by July 1, 2020. A county may not spend funds deemed reverted and reallocated until the county's Board of Supervisors has adopted a plan to spend those funds. For at least the past four years, the department's cost reporting has been completed by an outside consultant, and there have been substantial lags in completion of the annual MHSA Revenue and Expenditure Reports. Plumas County's plan is to spend reallocated funds includes:

1.) Community Services and Supports,

2.) Prevention and Early Intervention

[Dr. Trutna noted www.frc.edu campus mental health center has been helped by MHSA funds for mostly mild and moderate issues. Feather River College has almost one thousand students. 145 student appointments occurred Sept. 2017-May 2018, 328 appointments were held either with an individual or in group sessions and 435 have attended themed group presentations.]

3.) Innovation [one innovation program was transitioned to PEI, above]

4.) MHSA Housing Program

[Dec. 2008, opted from an obligation to submit housing application and assign funds to the California Housing Finance Agency (CalHFA) \$251,200 one-time housing support Fiscal Year 2009-2010. were not expended and remain in fund cash balance in a separate line item. Plan to use Fiscal Year 2018-2019 for Full-Service Partnership housing supports, rental subsidies, and move-in assistance. Reallocated funds will be the first funds spent and will be expended prior to June 30, 2020. The final approved MHSA Program and Expenditure Plan update will be submitted to DHCS and MHSOAC no later than September 30, 2018.

Ann Metcalf of Probation Dept. requested use of funds to provide support for innovation for teenagers, runaways or those having a "bad day" and don't fit criteria to be admitted into juvenile hall or to be taken into custody or into other social services yet need some support and this usually occurs after hours.

Denise Pyper noted NAMI.org has five hundred pages on line. The Public Hearing closed.

Discussion in regards the reverted MHSA funding followed. There are reductions in some of currently funded MHSA programs. "Community Connections" is deemed a good program but did not correspond to the objective of the MHSA program. Sierra House was not a MHSA funded entity. Residents could benefit from MHSA.

MOTION: Gina Rock-Strong moved to recommend the presented document for use of the reverted MHSA funds to the Board of Supervisors. Joyce Clare seconded.

(Dr. Tony Hobson gave a brief department report, included later in these minutes.)

- C. **Update, Commission member who attended California Association of Local Behavioral Health Boards/Commission meeting. Data Notebook project.** Joyce Clare attended the Redding meeting. This association is intention to encourage more effective boards and commission that know the Brown Act, know how to interact more efficiently, and know the responsibilities of commission members. The responsibility of Commission members is noted in our bylaws. California Association of Local Behavioral Health Boards/Commission meetings are free to the county, and travel can be reimbursed and motel if needed. An ethics meeting of two hours is on line. The Plumas County data notebook should be out next month. This association has suggestions to facilitate compiling an annual report to the Board of Supervisors. About fifteen of the fifty-eight California counties developed a data book this year. Lassen County did. Last year's data notebook theme was the elderly. This year the theme is transition age. CAMHpro has on line training. If thirty are available, an all-day seminar could be convened.

Comment: encouragement professionally tending Commission duties.

2. Informational Announcements & Reports

- A. Co-chair's report and announcements. If Commission members have a request for salad, drink (no beer), sandwich, or pizza let Estres know.
- B. Client Advocate Report. None.
- C. Secretary-Treasurer Report.
- D. Quality Assured meetings occur every other month. The next is Sept. 10, 2018 at 3:30 p.m. at the B.H. Dept. Is a closed confidential meeting, Twelve attend. Last week the local newspaper www.plumasnews.com featured a small booklet on Opioid Safety in the Sierra Nevada, a guide to resources in Plumas, Lassen, Sierra, and Modoc Counties. (530) 283 7099 Between 2009-2014 Plumas's death rate due to prescription opioid overdoses was the highest in California. AOD Dept. supplies group and individual therapy. With opioid overuse the respiratory system activity decreases. ¹ All Plumas County Wellness Centers accept used needles (diabetics, inoculating animals, ...) and has a counter-medication for opioid overuse.

3. Behavioral Health Dept.

- A. MHSA Program Report.
Schedule: Sept. 5-7, 2018 Add substantive written stakeholder feedback received during thirty-day public comment period and today's public hearing to draft document of MHSA reversion plan update. Sept. 10, 2018 Submit MHSA reversion plan update to Board of Supervisors for approval. Sept. 18, 2018 Agenda item for Board of Supervisor approval. Sept. 28, 2018 Submit board-approved MHSA reversion plan Update to Dept. of Health Care Services and Mental Health Services Oversight and Accountability Commission.

¹ Geoffrey Chaucer, "Canterbury Tales" 1385 era England, the preface to my book of this poem, notes levels of drunkenness to a severe level that the publishing editor during world war two London, encountered at a dock warehouse the individual is as if saying, "Samson" with their respirational effort. So sad.

No Place Like Home update.

NPLH Technical Assistance Grant funding award for \$75,000 received for the preliminary planning and design of a non-competitive as well as a competitive plan for local permanent supportive housing. NorCal Housing Continuum of Care coordination and HMIS implementation. PCBH has not yet received the draft service agreement from HCD. Once Board of Supervisors approves the SA, HCD will distribute the funds.

NOFAs have been released for NPLH OTC funds and for state homelessness initiatives HEAP and CESH programs. The next local Housing CoC meeting was scheduled but is being rescheduled for early October to avoid conflict with the Senior Summit Sept. 26, 2018.² A goal is for CoC partners to meet monthly to develop required county plan to combat homelessness and expand affordable housing capacity.

The MHSA program audit findings and recommendations report has not been provided to B.H. Dept. from DHCS. A telephone conference with DHCS fiscal audit team occurred July 17, 2018. Another exit conference by telephone is scheduled for October 2018.

Development of Family Respite Program. A suggestion, clients and their families could use existing IHSS infrastructure to provide “protective supervision” for clients prompted today’s meeting comment caution in terminology. Sept. 24, 2018, 10 a.m. is next meeting.

- B. **Dr. Tony Hobson**, director of the department, noted the budget is in for some tough financial decisions ahead. Organizational structural changes are scheduled to be discussed at the next meeting October 3, 2018. Michael Gunter is retiring in a few days. Dr. Hobson is taking over Mr. Gunter’s responsibilities.

Public Comment Opportunity

Today’s Commission meeting was visited by Cathy Dirden and Jackie Musick of Lassen NAMI in process of negotiating with the National NAMI. <http://www.nami.org/>

National Suicide Prevention Lifeline: 1-800-273-8255

Lassen County Behavioral Health 24-hour Crisis Response 1-888-530-8688

Family-To-Family Program training did not have enough participation. Family is noted are often on the periphery of treatment and the client and the client may or may not want their family involved. Though noted support from the family is deemed important.

October 3, 2018 is the next scheduled Plumas County Behavioral Health Commission **meeting** at the 455 Jackson Street, Quincy, CA **library** noon to 2 p.m.

² Senior Summit is September 26, 2018 9:30 a.m. at Quincy Vet’s Hall. RSVP. Free transportation is provided from all outlying areas. A panel from the hospital will discuss services to the elderly. The CHP is to discuss mature driving. Also September 22, 2018 is Veteran’s Stand-Down at the Plumas-Sierra County Fair.