

## October 3, 2018 Plumas County Behavioral Health Commission Meeting

Edited at 2/6/19 PCBHC meeting

Meeting began noon, 12:07. A quorum was not established.

Call to Order/Roll Call

Present: Henry Eisenman, Reverend Kendrah Fredricksen, Maria Rock-Strong, Valerie Sheldon, Lori Simpson, Estres Wellings

Absent: Vicki Chestnut, Joyce Claire: There is not a quorum, so no action can be taken today.

Staff: Aimee Heaney, Dr. Tony Hobson, John Posch, Gretchen Stuhr

Guest: Scott Corey, Trish Foley, Candi Miller, Dr. Kevin Trutna

Dr. Trutna: A thanks to Dr. Hobson for recognition of the value providing mental health service support to the junior college students. Some three hundred students attended a mental health awareness event on campus last week. Governor Jerry Brown signed a bill that requires suicide hot line be printed on the back of all student identification cards.

### 1. Behavioral Health Commission

Corrections to the September 5, 2018 meeting minutes: *Page One*, Public Comment Opportunity: Denise encouraged November 2018 voters to be informed on Prop 2; and provided a printout of part of the official argument against Prop 2 found in the voter's guide. *Page Two*, B. Public Hearing, 4.) MHSA Housing Program, Erin Metcalf of Probation Dept. requested use of funds to provide support for innovation for teenagers. *Page Three*, C. Update, Commission member who attended California Association of Local Behavioral Health Boards/Commission meeting. Data Notebook project. (erase last sentence, "comment:" 2. Information Announcements & Reports, D. Quality Assurance. And footnote to be erased. *Page Four*, No Place Like Home update. "A suggestion, clients and their families could use existing IHSS infrastructure to provide services for clients. Public Comment Opportunity: "Family is noted are often on the periphery of treatment and the client may or may not want their family involved

California Laws AB 109 and AB 1810 and Behavioral Health, discussion. Handouts with brief description of these two approved legislations were presented and discussed. The web has the complete text of both legislations: one more than three hundred pages in length, the other about sixty pages. Handouts with brief description of these two approved legislations were presented and discussed. The web has the complete text of both legislations: one more than three hundred pages in length, the other about sixty pages.

### 1. Informational Announcements & Reports

2. [Noted, the Co-chair runs the Commission meetings when the Chair is absent.]
3. Client Advocate Report: 2018 [www.NAMI.org](http://www.NAMI.org) newsletter from Chico, California.

### 2. Behavioral Health Department

#### A. MHSA Program Report.

Sept. 10, 2018 MHSA Reversion Plan Update final draft was submitted to the board of supervisors for approval and was approved Sept. 18, 2018. Sept. 26, 2018, the reversion plan update was submitted to the *Department of Health Care Services & Mental Health Services Oversight and Accountability Commission*.

No Place Like Home update. The department MHSA program has received NPLH Technical Assistance Grant notice of funding of \$75,000; to be used for preliminary planning and design of a non-competitive plan and a competitive plan for local permanent supportive housing, NorCal

Housing Continuum of Care coordination, and HMIS implementation. The department has received service agreement from HCD and it is at County Counsel's office for review and approval. NOFAs have been released for NPLH non-competitive fund and for state homelessness initiatives, HEAP and CESH programs.

**October 19, 2018, 11 a.m. to 1 p.m.**, is the next scheduled local Housing CoC meeting, at the (?) Planning Dept. conference room. All interested stakeholders are welcome to attend. Monthly. To develop required county plan to combat homelessness and to expand the County's affordable housing capacity.

DHCS MHSA Program and current Fiscal Audit: The MHSA program audit findings and recommendations report has been provided to PCBH from DHCS. PCBH had a telephone conference with DHCS fiscal audit team July 17, 2018. A telephone exit conference with DHCS has been scheduled for October 4, 2018.

Family Respite Program. Working group and ad hoc committee of this Commission met October 1 and discussed ways to improve education to clients, their families on enrolling in IHSS and the county's capacity to provide respite services to seriously mentally ill/SED clients and their families. The working group has asked the Coordinator to create a client needs survey and to organize focus groups of family care givers identifying unmet needs. Update on progress will be included in the next MHSA Annual Update for implementation of the consumer/family respite program. The need for development of a family respite plan for clients and their families was articulated by multiple stakeholders in the MHSA Annual Update 2017-2018.

Oct 2018: CSS & PEI program evaluations and review of program reporting for MHSA annual update 2018-2019

Nov.-Dec. 2018 Seek input through annual update community stakeholder meetings and finalize draft.

Dec. 2018 Open the thirty-day public comment period and notice of a public hearing for MHSA Annual Update 2018-2019/

January 2019 BH Commission public hearing including substantive feedback on MHSA Annual Update and submit board-approved update to MHSOAC and DHCS.

- B. AOD Dept. Continuation of contract to reimburse with Medi-Cal AOD services, and the certification process is ongoing. 2017 AOD department was incorporated with the Mental Health Commission, forming the Behavioral Health Commission, to hear, advise on AOD concerns to the board of supervisors.
- C. Director's Report. Staff: two staff vacancies were filled with external sources that includes a full-time therapist assigned to Portola's Wellness Center.
- D. Quality Assurance Improvement.
- E. Director's Report. Staff: two staff vacancies were filled with external sources that includes a full-time therapist assigned to Portola's Wellness Center.
- F. Behavioral Health Information and Improvement
- G. Joyce Clare attended the Aug. 25<sup>th</sup> Commissions/Boards training. And a notebook was created and available at today's meeting. Contact Reverend Kendrah Fredricksen
- H. The bylaws are being worked on in regards a total Commission membership of thirteen, reduced to seven Commission members.
- I. The **next scheduled meeting is Nov. 7, 2018, noon**, at 455 Jackson Street Quincy public library conference room.