

November 7, 2018 Plumas County Behavioral Health Commission Meeting

Edited at 2/6/19 PCBHC meeting

12:05 p.m. Call to Order/Roll Call

Commission members: Vicki Chestnut, Joyce Claire, Henry Eisenman, Reverend Kendrah Fredricksen, Maria Rock-Strong, Valerie Sheldon, Lori Simpson. Estres Wellings was unable to attend. There is a quorum.

Guest: Johanna Downey, Trish Foley, Marian Liddell, Michael Stevens, Dr. Kevin Trutna

Staff: Aimee Heaney, John Posch, Gretchen Stuhr

Additions to or deletions from the agenda: none

Public Comment Opportunity: Marian requested her public comments for the October 3, 2018 meeting be deleted. [Noted seven Commission members are attending today's meeting.] In re: September 22nd Veteran's Stand Down, forty-five veterans signed to receive benefits. Thirty-eight connected to receive behavioral health service. "Wellness Through Mind Body & Soul," was mentioned Feather River College www.frc.edu president, Dr. Kevin Trutna, noted Dr. Kelsey attended a conference most or all last week limiting service on campus. Students do have a group to talk about problems of behavioral health and law enforcement issues. The college hosts a Thanksgiving meal Tuesday next week.

Several suicide prevention trainings were mentioned: November 11, noon, at the Quincy annex; Chester December 5, a four-hour training for the public; and one occurred earlier in Quincy; and another one is planned to occur soon in Greenville. November 8, 6 p.m., Gay-straight alliance support group meets at FRC.

1. Behavioral Health Commission

- A. Oct. 3rd Quorum not established. September 5 meeting a quorum was not established. (Discussion followed on the content to be included on the meeting minute and that is Agenda Action Items listed.) The October 3 meeting official (abbreviated) meeting minutes did not include all of the agenda action items, so October 3rd meeting minutes will be reviewed and approved on December 5th. Nonetheless, a correction to October 3rd minutes: page three, 3. Behavioral Health Department E. Behavioral Health Information and Improvement. Joyce Clare attended the August 25 Commission/Boards training. And a notebook was created and is available through Joyce Claire. Reverend Kendrah Fredricksen moved to approve the corrected September 5 meeting minutes. Valerie Sheldon seconded. Motion passed.
- B. Recommend a change to Behavioral Health Commission Bylaws to seven member commission and quorum wording. Discussion followed. Article IV. Membership, Section A. Number and Composition of Membership. 2. "The Plumas County B.H. Commission shall consist of seven (7) members" is suggested. Noted if one member is a member of the Board of Supervisors, the six remaining Commission members four would be consumers members. Section C. Quorum. 1. [Request to change a word.] To read as, "A quorum shall be one person more than one-half of the number of voting members that include the Board of Supervisor representative." The Board of Supervisors oversees all the county commissions and boards. Ethics training is needed by Commission members every two years.¹ It is available on on-line. [A two-hour study.] **MOTION:** Reverend Fredricksen moved that the Bylaw wording be changed as noted in quotation denoted above. Vicki Chestnut seconded.

Commission member terms are listed on a roster at Behavioral Health Dept. section of the website www.countyofplumas.com

¹ The California Institute of Behavioral Health Solutions (CIBHS) provides free online trainings through their e-learning platform. Visit <https://cibhs.networkofcare4elearning.org/default.aspx> for more information and to see course offerings.

1. Informational Announcements and Reports

2. Secretary-Treasurer report.

Historical records of this Commission are available online and Maria Rock-Strong is providing paper copy of earlier Commission meetings. A request was made for the financial status report of this Commission. The Commission lunch(s) are funded. And an estimated \$1,200 is available for Commission member training sessions and travel involved reimbursement. This data is available online. Is the webpage up to date? The auditor would have the invoices for financial reimbursements.

2. Behavioral Health Dept.

A. Dr. Tony Hobson is in southern California attending a conference. So there is no director's report, nor AOD report.

MHSA program report

October through November 2018, CSS and PEI program evaluations and review of program report for the MHSA annual update for 2018-2019. December 2018, Seeking consumer and family input on local needs through client/family surveys, to include family education and in-home support, Wellness Center peer activities, and one-on-one peer support and groups. January 2019, Hold consumer and family focus groups and Annual Update community stakeholder dinner meetings for additional input. February 2019, finalize draft of MHSA annual update 2018-2019 and post to the website. March 2019, Open thirty-day public comment period and notice of public hearing for MHSA annual update 2018-2019. April 2019, B.H. Commission to hold public hearing on the MHSA annual update, 2018-2019. May 2019, Update draft with substantive feedback and submit a final draft to the Board of Supervisors for approval. Submit the final approved annual update, 2018-2019 to MHSOAC and DHCS.

"No Place Like Home" update

Plumas County Behavioral Health MHSA program has received the NPLH Technical Assistance Grant notifying funds of \$75,000 yet to arrive. PCBH has received the final, approved Service Agreement. Receipt of funds by the County has not been confirmed. PCBH will be able to use these funds for preliminary planning and design of a non-competitive (OTC) and a competitive plan for local permanent supportive housing. NorCal Housing

Continuum of Care coordination, and HMIS implementation. A RFP process will be established by PCBH and the department will ask the local Housing CoC to score the applicants.

The local Housing CoC meeting took place October 19, 2018. There were numerous interested stakeholders who participated. Torri Cardilino and Aline Williams of Shasta County coordinate the NorCal Housing CoC, to which Plumas County belongs. They are providing coordination assistance.

An overview of No Place Like Home and other state housing program notices of funding were presented, and the CoC determined a schedule for monthly standing meetings. NOFAs have been released for NPLH OTC funds and for state homelessness initiatives, HEAP and CESH programs. The next meeting will take place at the Planning and Building Permits meeting room Thursday November 29, 2018 from 10 a.m. to noon. All interested stakeholders are welcome to attend this and subsequent affordable housing stakeholder meetings. Lunch will not be provided. The goal is to meet locally every month as the CoC partners work to develop the required county plan to combat homelessness and submit the intent to apply for Over the County (OTC) and competitive funding.

Wellness Center update

To better meet service needs in each community, the department has shifted its practice for intakes and assessments to a walk-in, first-come first-served model on set day [a schedule of that presented today], and at set times throughout the county. If there is a crisis that would be seen to immediately. Two clinicians and two case managers are scheduled to attend those. Any questions, please call (530) 283-6307 and dial "o". PRS has its own mental health counselors chiefly for children and families. MHSA proposal update 2018-2019 is expected to be submitted June 2019. Focus

groups are by invitation. Request to be included. NorCal Housing Continuum includes Plumas County with another six to ten other California counties. A department BH Dept. audit resulted in a short list of recommendations. A January 2018 audit resulted in no further communication despite monthly inquiries as to it.

A. **Quality Assurance Improvement** has met October 3, Oct. 17, and November 1. The workplan is state mandated and is online at www.countyofplumas.com the members rights and resolution guide. It is a guide for Medi-Cal beneficiaries. Encourage a visit online. Quality Assurance monitors calls throughout the Department monthly in English and in Spanish, and the response has been professional. The Quality Assurance working group is scheduled to meet 3:30 p.m., November 28 at the Annex.

B. Behavioral Health Information and Improvement

Valerie visited the 68 South Mill Creek Road cabins and talked with the onsite man (painting cabins, tending windows) and visited a nearby business owner Victoria Powell of Hope Chest who has copacetic interchange with the cabin residents. Everything seemed sensible. Case managers take residents to the Drop-In-Center for medication needs.

Marian Liddell applied today for Plumas County B.H. Commission membership.

Noted usual in the past for the Co-Chair to compose the Commission Annual Report. Chair Lori Simpson composed the most recent Annual Report that included two years of Commission activity. Commission officer elections occur at the next scheduled meeting December 5. To be eligible as an officer, one is required to be a member one year.

If there are suggestions for the next agenda, please contact Lori Simpson.

Next scheduled meeting is **December 5**, 2018 at the 455 Jackson Street, Quincy public library room, noon to 2 p.m.

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If there are suggestions for the next agenda, please contact Lori Simpson.