



Quarterly Meeting Agenda

January 16, 2019 11:30am – 1:30pm
Mineral Building at the Plumas-Sierra Fairgrounds

Welcome

11:30 – 11:35 Welcome by Zach Revene

- **Made it to the 5-year mark, yay!**

Introduction

11:35 – 11:45 New participant introduction

- **Lisa – restarting Mountain Passages, also a Consultant**
- **Katherine – intern with Senior Connections**
- **Shawn – Veteran’s Services Officer taking over for Jimmy LaPlante**
- **Joyce – Behavioral Health Commission member**
- **Risa – Runs SafeBase @ PRS; Plumas County Gay Straight Alliance; SWEET**
- **Tammy – Dana’s assistant**
- **Holly – Family Empowerment Center @ PRS**
- **Angelina – Domestic Violence Services**

Special Guest

11:45 – 12:00 Tony Hobson of Plumas County Behavioral Health

- **Tony is focusing on helping Behavioral Health become “fiscally” fit, which includes working closely with State funders to monitor budgets. Tony is also focused on BH becoming part of the community and decentralizing what they do. The intake processes for mental health clients has been expanded to each Wellness Center in each community for better care. Tele-psychiatry has been implement in Portola and will be coming to the other centers soon. Tony is focused on collaboration with other community partners. He is currently working with the Sheriff and Hospitals on a better process for “5150” holds.**

Special Presentation

12:00 – 12:15 Health Stores for a Healthy Community (Plumas County Public Health Agency TURP)

- **The Tobacco Use Reduction Program will be training youth and any interested partners at the end of February to go through each retail store in Plumas County and look for all indicators of a healthy store including the availability of: tobacco products, fresh fruit, sugary drinks, condoms, etc. The date collected from this process is vital to community education and will be used in the upcoming Community Health Assessment process.**

12:15 – 12:30 Community Health Assessment

- **This process happens about every 3 years and the goal is to all work as one unit to discover what health issues and/or problems continue to exist in the community and also where we are successful as a community. Town Hall meetings are being scheduled to help map issues in each community. Focus Groups will be conducted after that and 20,000 Lives will be a big part of that process, and then key informant interviews will take place with specific people. The results from the CHA get turned into the Community Health Improvement Plan (CHIP).**

Work Groups

12:30 – 1:00 Work group updates

- **Suicide Prevention Group (Dana Nowling and Nina Martynn)**
 - **The group will be transitioning in September to the “Mental Health Awareness Group”. The next meeting for this group is on February 21st at the Annex in the “Hot Room” on the first floor. The group will be doing data collection gathering to answer “where is more support needed?” and “what awareness campaigns will be ideal?”. There is an online interactive “anonymous” tool to get connected with a live therapist to chat. An ASIST training will be taking place at the end of January in Portola; March in Chester; July in Quincy, and all will completely free. A SafeTalk will be taking place in Portola and Chester – be on the lookout for flyers with more information. FRC faculty go the SafeTalk training and they are getting a new psychologist.**
- **Northern Sierra Opioid Safety Coalition (James Wilson)**
 - **The next Harm Prevention meeting is scheduled for February 7th at 12pm. The meeting will be focused on revamping the Prevention group. The coalition is partnering with the State for a new ad campaign through Terraboosts. These hand sanitizing stations will be set up in Rite Aid and Safeway. Anyone is welcome to attend the next meeting. Then next Harm Reduction meeting is January 17th at 10am at Public Health. The focus of this group has been capacity building. We know of 20 reversals from Naloxone in Plumas County. All of the Resource Centers and Behavior Health have Naloxone available. Public Health is advertising the availability of Fentanyl test strips through the Syringe Access & Disposal Program.**
- **Youth Prevention (Risa Nesbit)**
 - **The last meeting took place on December 18th, 2018. Friday Night Live is back up and running in the schools as of the beginning of January. The group discussed the need for LGBTQ services. The youth resource guide is being updated. The need for county-wide communication is an issue and bullying in the schools is concerning. The REACH for the Future conference is taking place at the end of March.**
- **Veteran’s Collaborative (Ryan Rogers)**
 - **The collaboration has been invited to attend the CA Veteran’s Leadership Summit and, if chosen, will present on effective engagement of Veteran’s in rural communities. They have also been**

asked to be the rural representation for the VA Engagement Board. At the next meeting, January 24th, Tom – the head of a non-profit company in LA that offers vision and dental services – will be discussing his plans to attend the next Plumas County Stand Down event. Other entities are looking to the Collaborative to see what they are doing right. The collaboration is working with Behavioral Health on contracts for specialized care of Veterans. Plumas County is “piloting” a special program that will offer an assessment of Veterans for alternative sentencing.

- Senior Resource Group (Joanne Danielson)
 - The 6th Annual Senior Summit happened in September 2018. It was very successful and had the largest attendance ever. Feedback from the event included that it was a lot of fun and interactive and that next year it needs to be at a bigger venue. Planning for the next Summit is underway.

Participant Updates

1:00 – 1:25 Informal share-out from partners

- Margaret – Pachuca Productions has rescheduled the Hamilton Family Variety show to January 29th at the Town Hall Theater. The play included kids from all over the county and prizes will be awarded for a trivia quiz, costume contest, and best Ben Franklin rap. In February, “Love with Tear Us – Apart Again” will be a KQNY fundraiser aimed at anti-Valentine’s Day stories and will be held at Main Street Bar on February 15th. Margaret received a grant to help revamp the stage at the Greenville Town Hall and will be producing her own play there. The Laramie Project is coming to town in November. Plumas Arts is doing the “Poetry Out Loud” contest on February 27th. The winner will win a \$1,000 cash award and be sent to Sacramento for the next step.
- Lindsay – PUSD is holding an Adult Education Stakeholder meeting on January 24th. For more information, contact Michelle Abramson. The Book Sale at the Library has new hours. Did you know? Families can receive up to 20 free children books per family. The library is working on updating the mental health and legal texts – if you have any suggestions, please let Lindsay know. Zipbook is a grant through the CA Library – you can request a book online, it is mailed to your home, and then you return it to the library. Project Read is a basket of free children books that you can request for events.
- Paul – 4th Annual Feed & Seed Workshop is taking place at Eastern Plumas Health Care on February 3rd. It is designed to help educate adults on how to grow food on their own. An Adult Community Garden is being looked at to implement in the Quincy area. A few different sites are being looked at. The School District is going to be combining all nutrition and wellness departments for a more cohesive approach.
- Rhonda – The social and emotional needs are being successfully addressed at the Quincy schools. All of the schools now have Vice Principals, Student Services Coordinators, full time Nurses, Behavioral Health Counselors, and Counselors. All of the schools are starting restorative practices that include making amends versus sending the student home on a suspension. The Jr. High is starting a Gay-Straight Alliance. Vaping issues are extreme and the school is working with Public Health and bringing awareness assemblies to the school.

- Joyce – She is a member of the Behavioral Health Commission and they meet the first Wednesday of the month at the Library conference room. The Commission is always looking for members – especially any interested Veterans. A Jazz Concert is taking place on January 27th at Serpillio Hall as a fundraiser for the band program at the high school.
- Risa – The Plumas County GSA meets the 2nd and 4th Thursdays of the month. They will be going to the next PDH Board meeting to present them with an inclusivity policy and are looking at putting on a Pride event sometime soon. SWEET meets on Saturdays from 6pm-8pm if anyone is interested.
- Scott – The Resource Center provides services for both Plumas County and Sierra County. They have been doing a lot of grief recovery lately. They are also the crisis line with is available 24/7. The CASA Program is also run through the Resource Center. They took in about 80 evacuees from the Camp Fire. Lots of donations have come in and they are hoping to be able to cover all costs from donations and not have to ask FEMA to help. The annual Coat Drive is on-going. 84% of funds at the Resource Center are going to services.
- James – The Annual Ground Hog Day is taking place on February 2nd. They are looking for people to booth and volunteer for the Chili Cook-Off. Forms are available from James.

Closing

1:25 – 1:30

Where should we meet next time?!

Next meeting: **Tuesday, April 16, 2019**

11:30am – 1:30pm

Location: t.b.a.