

Plumas County Behavioral Health Commission Meeting
5/3/2023 1 pm Plumas County Board of Supervisors' Room, Quincy, CA
Approved at 6/7/2023 meeting

STANDING ORDERS

Call to Order / Roll Call

- Call to Order: Kevin Goss called the meeting to order at 1:06 pm.
- Roll Call/Attendance:
 - Commissioners: Vicki Chestnut, Kendrah Fredricksen, Kevin Goss (quorum established)
 - Commissioners Absent: Valerie Sheldon, Kristy Tucker
 - County Staff (in-person, phone or Zoom): Jessica McGill, Kristy Pierson, John Posch, Gary Sanderson, Sam Schopplein, Sharon Sousa
 - County Counsel: Josh Brechtel
 - Public in Attendance: April Gott (PUSD), Chad Hermann (PCSO), Ruthie Barrett (student), Shane McDonald, Monica Potter (FRC), Ericka Thompson (PDH-SLS)

Additions to or Deletions from the Agenda/Approval – *For urgent items only.*

Public Comment – None

ACTION AGENDA

1. Behavioral Health Commission

- A. Review and approve draft minutes of April 5, 2023 – *Kevin Goss moved, Vicki Chestnut seconded approval of minutes. Motion carried.*

2. Informational Announcements & Reports

- A. Commissioners Reports and Announcements – Kendrah reported: Ruthie Barrett's application to be on the PCBH Commission was submitted to the Board of Supervisors' secretary and is on an upcoming BoS agenda.
- B. Patients' Rights Advocate Report (Jessica McGill) – An RFP was created for this position. The only response was from Smith Waterhouse, an agency which does this for other counties in CA. They have a team of people who serve in this capacity. A contract is in the works. Meanwhile, Jessica is working on an individual basis with clients.
- C. Secretary/Treasurer Report (Kendrah) – Attended PRS Mental Health Awareness monthly meeting.
- D. Daniel Wagnor, Patients' Rights Advocate at State to do Training – This needs approval by Board of Supervisors. Hope to do training at the next Commission meeting, June 7th (either in-person or by Zoom).

3. Behavioral Health Department

- A. Director's Report (Sharon Sousa) –

- PCBH is in relatively good shape financially, but they have a patient on waitlist for psych hospital in Napa. This will be a lengthy and costly stay, and thus, they need to build up a reserve fund.
- PCBH now has two drivers.
- Kyle Hardee has been promoted to ASO; Lisa Beck is now in his previous fiscal position.
- Mary Lou Stokes has been hired to be the Site Coordinator at Quincy Wellness Center.
- A new space is needed for Greenville Wellness Center (temporarily could be in Crescent Mills or at PDH's clinic for medication and telehealth services). They have discussed the possibility of partnering with Greenville Rancheria – but there are too many barriers.
- Sharon felt the Greenville walk-through with County Supervisors regarding the Wellness Center was disappointing (PCBH was not given much recognition). Kevin suggested that PCBH staff attend Dixie Fire Collaborative meetings on Saturdays.
- PCBH will start a monthly newsletter – one-page highlighting items such as funding, etc. This will also list new staff, mental health awareness month and so on. The newsletter could be emailed to Commission email list as well as other community partners.
- PCBH is working to do a countywide 5150 workshop training. Smith Waterhouse can do such a training.

B. **Quality Assurance Improvement (Jessica McGill)** – see separate report.

- 23-015 Re: Involuntary treatment and conservatorships reporting.
- 23-016 Care Act guidelines – implementation delayed until December 1, 2024.
- 23-017 Re: Specialty MH and Drug Medi-Cal Services rates.
- 23-018 Updated Telehealth Guidance – applies more to SUD program.
- Work continues with PDH regarding Program Improvement Project (FUA, FUM, POD).
- CAL-AIM – all contracts must move to fee-for-service – must finalize by Sept.
- Week of May 15th – PCBH will be collecting consumer perception surveys – re: quality of services received by PCBH.
- April Stats: 318 open charts (down 3.6% from previous month), penetration rate of 81%; 107 unduplicated youth; 211 unduplicated adults; New Intakes = 27, Crisis = 12, Psych Placements = 4; no grievances.

C. **MHSA report (Kristy Pierson)** – May is Mental Health Awareness month (wear green ribbons and share resource materials). Handouts are being delivered to all county school sites to be sent home with students (e.g. check-in chats, Be True and be You). They are working on getting a banner for the Wellness Center. All these resources will be available to clients as well. Governor's reform: CBHDA is doing surveys on how MHSA reform will affect PCBH and other small counties.

D. **Behavioral Health Commission Information and Improvement** – None.

Public Comment – None.

Adjourned as BH Commission and Convened as AODA Commission.

Alcohol and Other Drug Advisory Board

1. **Action Agenda** – None.

2. **Informational Announcements & Reports** –

- a. **AOD Report (Gary Sanderson)** – It has been a busy month. An audit was done last week with Dept. of Health Care Services – PCBH is awaiting official findings but know there are

some areas for improvement. They are pursuing MOU's with other counties who do not have AOD programs. Staff will attend addiction leadership conference in early June. Focus for next month – Drug Medi-Cal application due by Sept. 1st. No grievances.

- b. Quality Assurance Improvement (Jessica McGill) – see MH report.

Public Comment – None.

Adjournment

Meeting adjourned by Kevin Goss at 1:36.

Next meeting: **June 7, 2023, Courthouse: Supervisors' Board Room**, from 1 pm to 3 pm.

Respectfully submitted,

Kendrah Fredricksen,
Secretary, Plumas County Behavioral Health Commission