

**Plumas County Behavioral Health Commission Meeting**  
**2/1/2023 1 pm Plumas County Board of Supervisors' Room, Quincy, CA**  
**Approved at April 5, 2023 meeting.**

**STANDING ORDERS**

**Call to Order / Roll Call**

- Call to Order: Kevin Goss called the meeting to order at 1:01 pm.
- Roll Call/Attendance:
  - Commissioners: Vicki Chestnut, Kendrah Fredricksen, Kevin Goss, Valerie Sheldon, Kristy Tucker (quorum established)
  - Commissioners Absent: none
  - County Staff (in-person, phone or Zoom): Elizabeth McAllister, Jessica McGill, Kristy Pierson, John Posch, Gary Sanderson, Sharon Sousa
  - County Counsel: Josh Brechtel

Public: None

**Additions to or Deletions from the Agenda** - *For urgent items only.*

**Public Comment** – N/A

**ACTION AGENDA**

**1. Behavioral Health Commission**

- a. Review and approve draft minutes of February 1, 2023 – *Vicki moved, Kristy seconded approval of minutes. Motion carried.*

**2. Informational Announcements & Reports**

- a. Commissioners Reports and Announcements – Kendrah attended MH Awareness group meeting with PRS last month. She mentioned she has been working with a few homeless people who are suffering from cold exposure. No warming shelter is available in our county. John suggested she contact legal services of Northern CA.
- b. Patients' Rights Advocate Report (Elizabeth McAllister) – Call from client regarding housing, suggested they call PCIRC; 2 calls from client regarding food bank, suggested they call PCIRC; attended Zoom meeting with Jessica McGill regarding 5150 protocols for 2023; attended PRS training on MH resource list and how to update other resources; in-person meeting with community member regarding housing, suggested they call PCIRC; call with CA Office of Patients' Rights regarding in-service training with BH staff.
- c. Secretary/Treasurer Report (Kendrah) – N/A

**3. Behavioral Health Department**

- a. Director's Report (Sharon Sousa) – It's been fast-paced at BH. Interviewing an ASO (fiscal services). Needs to hear back from HR on SUD Counselor position (prefer SUD

counseling certification). Hired two new site coordinators (Christina and Michael). Need to hire driver positions (one possibility). Need full-time IT person (for Sam's old position).

Contract for court-hearing on 72 hour holds needs to go through BoS. PRS will not continue transitional housing at end of June.

- b. Quality Assurance Improvement (Jessica McGill) – see separate report for full details. DHCS 23-002 Usual and Customary Charges for Medi-Cal. CalAIM BH Concept Paper (42 pages) – outlines direction for CalAIM and impact for clients, BH staff.

Annual external audit will be March 15<sup>th</sup> (commission will probably be asked to participate).

BH is mandated to do Program Improvement Projects: Follow-up from AOD service in ER, Follow-up from MH service in ER, POD – Clients maintaining 180+ days of MAT (Medication Assisted Treatment) services. Must be able to share info in real-time. Working with PDH initially on this (will eventually be with all hospitals in Plumas).

Cal-AIM – new policies and procedures (will review in QIC) – next meeting will be Feb. 15<sup>th</sup>. Data sharing activities are in discussion with Managed Care Plans. Screeners (number scoring) and Transition Tools started as of January 1<sup>st</sup> (to determine step-up or down).

Access and Utilization for January 2023:

383 open charts (70% penetration rate). 102 unduplicated youth, 165 unduplicated adults. Intakes almost doubled from December (40), Crisis Services slightly down, Psych placements up (4 total). Grievances: 2 Quality of Care concerns, 1 jail based access concern, 1 change of provider re: gender preference (non-grievance).

- c. MHSA report (Kristy Pierson) – Stakeholder meetings scheduled per flyer (Quincy – February 21<sup>st</sup>, Portola – February 23<sup>rd</sup>, Greenville Zoom – February 24<sup>th</sup>, Chester – February 28<sup>th</sup>); stakeholder survey was emailed out. Encourage consumers to attend meetings. Vicki volunteered to hang flyers in town. Kevin said “The Spot” is a large building in Greenville and is available for meetings in the future.

Kristy met with Roundhouse Council yesterday regarding struggles, etc. – they are using a classroom at the school. They do plan to rebuild but it will be a couple years out. Mostly meeting with young children, not older kids or elders. Kristy offered Chester Wellness Center location for meetings.

- d. Behavioral Health Commission Information and Improvement – None

**Public Comment** – None

Adjourned as BH Commission and Convened as AODA Commission.

### **Alcohol and Other Drug Advisory Board**

1. **Action Agenda** – None

2. **Informational Announcements & Reports** –

- a. AOD Report (Gary Sanderson) – Next Monday is Cost Report & Reconciliation meeting for Fiscal Year 17-18; April 20<sup>th</sup> audit (he is working on monitoring protocols); one frontline staff returned from paternity leave (have two frontline staff now).
- b. Quality Assurance Improvement (Jessica McGill) – 0 grievances for January. Has resumed some internal monitoring, e.g. chart reviews – 10% window for auditing charts.

**Public Comment** – Noon

**Adjournment**

Meeting adjourned by Kevin at 1:37 pm.

Next meeting: **March 1, 2023, Courthouse: Supervisors' Board Room**, from 1 pm to 3 pm.

Respectfully submitted,

Kendrah Fredricksen,  
Secretary, Plumas County Behavioral Health Commission