

**Plumas County Behavioral Health Commission Meeting**  
**10/5/22 1 pm Plumas County Board of Supervisors' Room, Quincy, CA**  
**DRAFT**

**STANDING ORDERS**

**Call to Order / Roll Call**

- Call to Order: Kevin Goss called the meeting to order at 1:04 pm.
  
- Roll Call/Attendance:
  - Commissioners: Vicki Chestnut, Kendrah Fredricksen, Kevin Goss, Denise Pyper, Kristy Tucker
  
  - County Staff: Kristie Pierson, Sharon Sousa, Jessica McGill, John Posch, Elizabeth McAllister, Kyle Hardee (fiscal/supervisor of drivers)
  
  - County Counsel: Josh Brechtel

Public: Trish Foley @ EPHC (it was noted this will be her last meeting).

**Additions to or Deletions from the Agenda** - *For urgent items only.*

Add: email from Kendrah Fredricksen (discussed under Secretary/Treasurer Report).

**Public Comment** – None

**ACTION AGENDA**

**1. Behavioral Health Commission**

- a. Review and approve draft minutes of September – Kevin moved, Denise seconded with minor change. Motion carried.

**2. Informational Announcements & Reports**

- a. Commissioners Reports and Announcements – Denise read a statement regarding advocacy for family and her position on the BH Commission. She said she feels she joined the Commission for the wrong reason. Thus, she handed in her resignation effective after today's meeting.
  
- b. Patients' Rights Advocate Report (Elizabeth McAllister) – September was a challenging month. She has called the CA Office of Patients' Rights and asked them to do a training on Patients' Rights Advocate responsibilities for the benefit of clients and clinicians. The CA Office is willing to do this in late 2022 or early 2023.

In the last 30 days – Phone calls: 1 client needing medical transportation, 1 client left charger at hospital – helped resolve issue; 1 treatment team meeting with client re: medication change; 1 psych doctor appointment with EA client re: restoring driving privileges after conservatorship ended; 1 call to John Ricks at Senior Transportation re: transport to Senior Solutions program; 1 call to transportation for senior needing transport for medical appointment to Truckee (Senior Transportation is willing to go to Truckee, Reno and Chico).

- c. Secretary/Treasurer Report (Kendrah) – Kendrah summarized five issues she had pointed out in a recent email to the Commission and other attendees of the PCBH Commission meetings. County Counsel made it clear that such emails were borderline violations of the Brown Act and should not take place in the future.

The following issues were discussed:

- i. PCBH Commission meetings are supposed to be open to public but IT staff has not automatically let people in on Zoom. BH staff will talk to County IT staff regarding this.
- ii. Public should be allowed to identify themselves during roll call. It was noted that in the past, potential Commissioners were required to attend three meetings prior to the Commission recommending their names to the BoD for appointment. We need to document those attending (as people which to be identified) so this can happen.
- iii. BH Director interviews should include PCBH Commissioners. An interview had recently been set-up but Commissioners were not notified. The interviewee ended-up canceling the interview but the procedure needs to be fixed for the next time. Kevin said he would talk to County HR regarding this.
- iv. Training on Cal-AIM for BH Commissioners – please attend. Commission members should also attend Quality Assurance meetings, Cultural Competency meetings, and Quarterly MHSA Stakeholder meetings. (For trainings out-of-county, the Commission does have some funds to help pay travel expenses.)
- v. Include partner organizations in PCBH Commission meetings – have them give reports at least once per year if they are receiving MHSA or other BH funding.

It was also noted that there needs to be more communication to the public from PCBH and its partner agencies. For example, many seniors do not know about senior transportation. This information, along with other resource info (re: C.A.N. food bank, supplies, and other services) should be added to the PCBH website, put on the local radio, and Plumas News online.

### **3. Behavioral Health Department**

- a. Director's Report (Sharon Sousa) – It was a rough week – 7 involuntary holds (all placed). Staff is stretched thin. BH Director position is on hold. They are considering SUD director position candidates – 2 internal applicants, 1 external. They need to do quarterly stakeholder meetings each year. Jessica is overwhelmed with QA – they are requesting another position through BoS. Kyle Hardee is now the Fiscal Officer and Transportation Supervisor.

Kyle reported: Client in transport escaped on route to facility in Yuba City. Appropriate report to state was filed. Can no longer roll down windows even a few inches while client in vehicle.

- b. Quality Assurance Improvement (Jessica M.) – See separate report for September. Many DHCS Correspondence memos, 330 open charts – up 11% from August, 87 youth, 163 adults, New Intakes – up, Crisis services slightly down, Psych placements – not finalized; 1 grievance, 1 elopement (escape during transport above).
- c. MHSA report (Kristy Pierson) – Desk review for 3-year plan was last week – awaiting official report. Mostly, they want more details for next report. Denise asked about Tai Chi offering in Portola – why isn't this in report? Kristy said it was covered under CSS / PEI portion of MHSA plan for wellness services (although Tai Chi was not specified).

There is concern that these services are not being targeted to the population which needs this the most. For comparison, Sharon noted that Senior Lunches are partially sponsored by MHSA – targeted for senior population. Denise stated that PCBH is supposed to review all contracts (per bylaws) related to BH/MH before they are discussed by BoS. Commissioners should be on BoS agenda email list. Kevin will work on getting this info.

- d. Behavioral Health Commission Information and Improvement – Kendrah asked about the “No Place Like Home” initiative. Sharon said this is still in process through the CoC. A 40-unit building is being considered, with 10 units specified for BH. Kendrah asked about EA clients who are not graduating from FSP program – where will they find housing? It was noted Environmental Alternatives (EA) now has a contract to provide housing and services to people getting out of jail, reducing housing for FSP clients.

Sharon expressed concern about not having housing for BH staff. They believe lack of housing has led to having no one apply for positions with BH for eleven months. Denise asked about Telepsychiatry – IRIS contract is ready and approved – but they are still waiting for therapists to be assigned.

**Public Comment** – Denise asked about other telehealth and phone call options for therapists. Many of these do not take insurance. It was noted there are other therapy services on-line for a monthly fee.

Adjourned as BH Commission and Convened as AODA Commission.

### **Alcohol and Other Drug Advisory Board**

1. **Action Agenda** – None
2. **Informational Announcements & Reports** –
  - a. AOD Report – SUD Director search had been on hold but will now go forward.
  - b. Quality Assurance Improvement – No report.

**Public Comment** – None

### **Adjournment**

Meeting adjourned by Kevin Goss, at 2:01 pm.

Next meeting: **November 2, 2022, Courthouse: Supervisors’ Board Room**, from 1 pm to 3 pm.

Respectfully submitted,

Kendrah Fredricksen,  
Secretary, Plumas County Behavioral Health Commission