

**Plumas County Behavioral Health Commission Meeting**  
**11/2/22 1 pm Plumas County Board of Supervisors' Room, Quincy, CA**  
**Final – approved at 12/7/2022 meeting**

**STANDING ORDERS**

**Call to Order / Roll Call**

- Call to Order: Kevin Goss called the meeting to order at 1:02 pm.
- Roll Call/Attendance:
  - Commissioners: Vicki Chestnut, Kendrah Fredricksen, Kevin Goss, Valerie Sheldon, Kristy Tucker
  - County Staff (in-person, phone or Zoom): Jessica McGill, Elizabeth McAllister, Kristie Pierson, John Posch, Sharon Sousa, Heidi White
  - County Counsel: Josh Brechtel

Public: Tracey Ferguson, Planning Director, AICP (invited guest speaker)

**Additions to or Deletions from the Agenda** - *For urgent items only.*

**Public Comment** – None

**ACTION AGENDA**

1. **Behavioral Health Commission**
  - a. Review and approve draft minutes of October – Vicki moved, Valerie seconded approval of minutes. Motion carried.
2. **Informational Announcements & Reports**
  - a. Commissioners Reports and Announcements – None
  - b. Patients' Rights Advocate Report (Elizabeth McAllister) – In the last 30 days: 1 treatment team meeting, 1 Cal-AIM training, 1 phone call re: location of food bank; assisted client with getting cell phone turned back on. No grievances.
  - c. Secretary/Treasurer Report (Kendrah) – Attended Cal-AIM training with Jessica McGill. The training is available in slides at [Plumas County Behavioral Health | Plumas County, CA - Official Website](#) and [Cal AIM Changes PCBH 2022 - YouTube](#)
  - d. Update on Permanent Local Housing Allocations (PLHA) (Tracey Ferguson) – Tracey is the Plumas Co. Planning Director, Chair of CoC Advisory Board for Plumas & Sierra Co. and NorCal CoC (7 counties). MH Housing planning was started under former PCBH Director, Tony Hobson. This is non-competitive grant money. 5-year grant timeframe: 2019 – 2023. Year 1: \$121,182, Total \$720,093 estimate. BH Dept. is managing this money. This is funding for an affordable housing project. Year 1 went to pre-development costs. MoU with RCHDC out of Ukiah. In purchase and sale agreement with a landowner in Quincy (Northwest corner of Hwy 70 & Fairground Rd.). Zoned multi-residential. 30-35 units, possibly 4 buildings. A portion of those units would go to SMI and BH clients. Other units would be affordable for lower income folks. Plumas Co.

is partnering with Sierra Co. which is also providing funding. (Some units would go to Sierra Co. residents and Sierra Co. BH would provide services for them.) Soil analysis has been done, traffic study needs to be done, drainage study needs to be done.

Year 2: \$187,118

Year 3: \$217,387

Year 4: BH needs to submit request to state by November 30, 2022

Years 2 through 5 money: 1/3 for assisting persons experiencing homelessness, or risk thereof, through PRS and EA. 2/3 for funding the services connected with affordable housing project (supportive services). RCHDC will own and manage the housing. This money will be put in reserve for services connected with permanent supportive housing. Up to 20 years, this money would be drawn down for supportive services.

Hard construction costs will be covered by RCHDC. REAP funds are available for pre-development costs. 6-month feasibility (expires in February) can be extended for six-months at a time. They have requested “performa” from RCHDC. Tracey is working on due-diligence feasibility. Drainage may be an issue and they have talked to CalTrans about fixing this. This was part of No Place Like Home, but that timeframe ran out.

It is hoped that this project will be the catalyst for additional housing projects in the area, funded by many other funding sources.

### **3. Behavioral Health Department**

- a. Director’s Report (Sharon Sousa) – Quincy Wellness Center Open-house: Nov. 16<sup>th</sup> 3 to 6 pm 455 Main St., flyers will come out soon. Interviewed for an SUD Admin. Will offer position in-house but that means BH will lose either a supervisor or a clinician. BoS approved request for a systems analyst (to help Jessica). Permanent local housing allocation is moving forward.
- b. Quality Assurance Improvement (Jessica McGill) – See separate report for informational notices. Draft of Access Tools – final versions will be released in Jan. 2023. Transition of Care Tool will transition people from SMI to moderate or mild levels.

October stats: 370 open MH charts (up 11%), 94 youth, 172 adults, Intakes = 43, Crisis services = 24 (up from September), Psych placements = 2 (MediCal placements) – youth hospitalizations, 0 grievances, lost a PRS provider, Jenna Artaz

- c. MHSA report (Kristy Pierson) – Got official report back on desk revue – have 60 days to present a plan back to state on how to correct issues. Quarterly MHSA meetings need to start again – first one will be in December.
- d. Behavioral Health Commission Information and Improvement – N/A

**Public Comment** – None

Adjourned as BH Commission and Convened as AODA Commission.

### **Alcohol and Other Drug Advisory Board**

1. **Action Agenda** – None

2. **Informational Announcements & Reports** –

- a. AOD Report – BH hopes to have an AOD coordinator soon (promoting from within). They continue to lose staff and it is getting more difficult. Elizabeth asked if peer support could be used. Sharon said they do use consumers, but true peer support people need to be certified. Jessica said that peer support services are very limited. Kendrah asked about the telehealth services – PCBH still has not received a therapist through them. They are looking into another service for this. They would need to start another contract. BH does not have any licensed therapists except for supervisors. They may need to start doing more groups rather than individual therapy.
- b. Quality Assurance Improvement – No report.

**Public Comment** – Elizabeth talked about her role as Patients’ Rights Advocate and how important it is for people to just have someone listen and help them get access to supplemental services (e.g. food banks, etc.). She advocates for peer support.

**Adjournment**

Meeting adjourned by Kevin Goss, at 1:55 pm.

Next meeting: **December 7, 2022, Courthouse: Supervisors’ Board Room**, from 1 pm to 3 pm.

Respectfully submitted,

Kendrah Fredricksen,  
Secretary, Plumas County Behavioral Health Commission