

Plumas County Behavioral Health Commission Meeting
10/7/2020 via zoom, Quincy, CA
Final – Approved at December 2, 2020 meeting

STANDING ORDERS

Call to Order / Roll Call

- Call to Order: Chair, Lori Simpson, called meeting to order at 12:10 pm. This meeting was held as a tele-conference due to the COVID-19 pandemic.
- Roll Call: Commissioners in attendance – Kendrah Fredricksen, Lori Simpson, Valerie Sheldon
 - Excused: Vicki Chestnut, Lisa Tobe
- County Staff in attendance: Tony Hobson, Jessica McGill, John Posch, Elizabeth McAllister, Liz Brunton
- County Counsel: Not present
- Public in attendance: Denise Pyper, Trish Foley (EPHC)

Additions to or Deletions from the Agenda

No changes to Agenda. Quorum NOT established.

Public Comment – Denise Pyper – AB1976 was signed by Newsom – Laura’s Law in effect unless county opts out. She also reminded us that December 2020 is the time to elect new officers to the Commission.

ACTION AGENDA

1. Behavioral Health Commission

- a. Review and approve draft minutes of 9/2/20 – No quorum, carry over to next month.

2. Informational Announcements & Reports

- a. Commissioners Reports and Announcements – Lori is working on our annual report and hopes to have this done by November meeting. The Data Notebook for 2019 was not completed. The Data Notebook for 2020 will be focused on Telehealth. This will be on next month’s agenda.
- b. Patients’ Rights Advocate Report (Elizabeth M.) – In last month, 3 telephone calls from clients, 1 team housing meeting, attended CoC meeting, QIC meeting and BH commission meeting. Have resolved some issues before they became grievances.
- c. Secretary/Treasurer Report (Kendrah) – Attended MH Awareness meeting. A local suicide prevention website is being created where people can share memorials, art, etc.
- d. Bylaws – Ad Hoc Committee – A few changes were discussed as follows:
 - Article III. A. (6) – “Plumas” misspelled and sentence should end with the word, “Supervisors.”
 - Revised date in footnote should be 11/20 (not 10/20)
 - Article V. B. – add “unless exemption is made.”

Hope to finalize and approve Bylaws at November 2020 meeting, but we need a quorum.

3. Behavioral Health Department

- a. Director's Report (Dr. Tony Hobson) – “Plugging along as usual.” They are available and open for services. Have reached out to the schools and let them know they are available. They have seen an uptick of people coming in for services (COVID delayed this). Telehealth psych is fully implemented at all sites except Seneca but that should be finalized soon. BoS passed agreement between BH and Social Services for Tony to do psych evals (he will do one per month).

CoC – Housing Tools did eval, No Place Like Home and other tax dollars will be used to create new housing. RFQ – one response from Rural Communities Housing Development Corporation (has done work in other Northern CA counties). Letter submitted to County Administrator to approve this contractor and develop MOU. Looking for site to build – 40 unit (15 for MH). Last week Medical Director went on medical leave. Found new Medical Director, Dr. Saggu (can provide suboxone).

Data Notebook is due the end of November. Tony will have staff fill it out and submit to Board for review.

Lori asked about MHSA status since that position is no longer funded – Tony said it is fine for now (Aimee left them in good shape). MHSA will now cover people with co-occurring disorders.

- b. AOD Report – New law effective Jan. 1, 2021 – MH Peer Support Specialist certification – very important to engage people in treatment. AB1976 – signed into law effective Jan. 1, 2021 – all counties are in (unless they opt out). Tony asked BH commission to approve our county to participate (would need to be on next month's agenda). The issue is resistance to medication (people who don't believe they are mentally ill) – they cannot be forced to take meds (unless they need to be 5150ed). Denise and Tony emphasized that we need to try our best to build relationships with people, so they trust us with meds.
- c. Quality Assurance Improvement (Jessica M.) – For September there were 287 open outpatient MH charts: ages 0-20 = 92 unduplicated, 301 services, 275 hours; adults = 118 unduplicated, 853 services, 706 hours; 13 new intakes; 58 crisis services (6 total 5150's); psych meds 116 services, 67 hours; 5 psych med services at jail, 4+ hours; 61 services in jail, 48 hours; 2 acute hospitalizations; substance use 54 open charts, no youth services; adults 52 unduplicated clients, 408 services, 127 hours; 11 new intakes for SUD; med assisted treatment 5 services, .5 hours; no SUD groups in jail.

QIC – approved changes to policies and procedures for authorizing outpatient services and access to care; long document – very informative and detailed. (Will send copy to all.) Access – will leave chart open for 45 days, with 30-day notice for non-participation. 1 grievance – change of provider request, rescinded. Tony commented that Jessica has really helped us get into compliance.

Flyer created and given to schools to promote BH resources.

- d. Behavioral Health Commission Information and Improvement – Kendrah emphasized that we need more commissioners and officers. Tony suggested law enforcement and hospital be asked to participate.

Trisha said EPHC is keeping busy and is happy with Telehealth which has been extended through January 2021 (renewal for COVID precautions).

Lori mentioned that Plumas County is now in the yellow tier for COVID, which is good!

Public Comment – None

Adjournment

Lori adjourned the meeting at 1:06 pm.

Next meeting will be **November 4th, Location to be determined**, from 12 pm to 2 pm.

Respectfully submitted,

Kendrah Fredricksen, Secretary
Plumas County Behavioral Health Commission