

Plumas County Behavioral Health Commission Meeting
9/2/2020 via zoom, Quincy, CA
Final – Approved at December 2, 2020 meeting

STANDING ORDERS

Call to Order / Roll Call

- Call to Order: Chair, Lori Simpson, called meeting to order at 12:06 pm. This meeting was held as a tele-conference due to the COVID-19 pandemic.
- Roll Call: Commissioners in attendance – Kendrah Fredricksen, Lori Simpson, Valerie Sheldon, Vicki Chestnut (joined late)
- County Staff in attendance: Tony Hobson, Jessica McGill, John Posch, Liz Brunton
- County Counsel: Sara James
- Public in attendance: Scott Corey (PCIRC), John (no last name given)

Additions to or Deletions from the Agenda

No changes to Agenda. Quorum established.

Public Comment – Valerie commented on a TV commercial about mental health.

ACTION AGENDA

1. Behavioral Health Commission

- a. Review and approve draft minutes of 8/5/20 – Vicki moved to approve minutes; Valerie seconded. Motion carried.

Lori noted the Board of Supervisors approved Lisa Tobe to be on commission.

2. Informational Announcements & Reports

- a. Commissioners Reports and Announcements – Lori said she is working on the Annual Report for us to the Board of Supervisors.
- b. Patients' Rights Advocate Report (Elizabeth M.) – Submitted Annual Report to commission (see separate document). Last month, she had 6 phone calls. She attended the QI meeting and the Continuum of Care meeting.
- c. Secretary/Treasurer Report (Kendrah) – Attended the Mental Health Awareness Working Group online on 8/20/2020. PRS suicide prevention and mental health trainings are being held online. Suicide Vigil may be held this month.
- d. Bylaws – Ad Hoc Committee – Kendrah, Denise Pyper, and Sara are working on this. We will discuss at next month's meeting.

3. Behavioral Health Department

- a. Director's Report (Tony Hobson) – Tony said telepsychiatry is live at PDH and EPHC. Dr. Satterfield has given positive feedback. Staff are no longer on-call 24/7 (off at 10 pm back at 8 am) as of September 1, 2020.

“No Place Like Home” – Housing Tools did homeless/housing/feasibility study. RFQ (Request for Qualification) was sent out to developers and closes out on Friday, September 4, 2020. We have not received applications any yet. We could use a 40-unit complex. The feasibility study identified locations in Quincy and Portola as possibilities. (Sierra County is part of this grant.) The Board of Supervisors will need to review before anything is built.

PC Jail – It has been determined that they need a discharge coordinator/officer to help people being released. They have applied for a grant to fund this for 2 years. After two years, Probation, Social Services, Public Health, and Behavioral Health hope to share in funding this position.

- b. AOD Report – Tony said substance abuse treatment groups are up and running. There are two different IOT (Intensive Outpatient Treatment) groups – one at PCBH and one at Probation. There is a drop in people attending services (possibly due to COVID and fires). More people are applying for CalFresh and unemployment. Tony will reach out to Neal C. of Social Services to see if we can increase visibility through their programs (via brochures, etc.). It was noted that the evacuations have caused increased stress and depression.
- c. Quality Assurance Improvement (Jessica M.) – August numbers: 321 open outpatient MH charts; ages 1-21 = 122 unduplicated clients, 355 services; adults = 199 unduplicated clients, 896 services; intakes were down = 8 new; crisis services = 43; psych med = 48 outpatient, 34+ hours; psych med jail services = 5, 3+ hours; jail services = 36, 38 hours; 1 inpatient psych hospitalization; substance abuse charts = 55, 2 youth, 52 unduplicated adults; substance abuse intakes = 6, medication assisted treatment = 7 services, 3+ hours, jail services groups suspended.
- d. Behavioral Health Commission Information and Improvement – Liz B. said that Wellness Centers in Portola and Chester have remained slow. Greenville Wellness Center is around 300 walk-ins, appointments, yoga groups per month. People are following COVID precautions. They have had a couple new clients.

Public Comment – Scott Corey said PCIRC is operating out of Ohana House (175 Main St.) in living room. They are serving clients at this location during working hours. Scott is at Breaux Group. Portola and Loyalton offices are operating as usual. They are planning to rebuild in old location, but this will be 18 months out (at least). Liz Brunton of Wellness Centers offered help to PCIRC. Scott said the County has stepped forward to offer help as well.

Adjournment

Lori adjourned the meeting at 12:46 pm.

Next meeting will be **October 7th, Location to be determined**, from 12 pm to 2 pm.

Respectfully submitted,

Kendrah Fredricksen, Secretary
Plumas County Behavioral Health Commission