

**Plumas County Behavioral Health Commission Meeting  
2/5/2020 at Plumas County Library, Quincy, CA  
Approved at 3/4/2020 Meeting**

**Standing Orders**

**Call to Order / Roll Call**

Call to Order: Chair, Lori Simpson, called the meeting to order at 12:20 pm.

Roll Call: Members in attendance – Vicki Chestnut, Kendrah Fredricksen, Valerie Sheldon, Lori Simpson, Estres Wellings

Absent: Joyce Clare

County Staff in attendance: Liz Brunton, Aimee Heaney, Elizabeth McAllister, Jessica McGill, John Posch, Sam Schopplein (IT)

County Counsel: Gretchen Stuhr

Public in attendance: Susie Adair, Scott Corey (PCIRC), Greg Ely (retired teacher), Trish Foley (Eastern Plumas Health), Denise Pyper (former commissioner), Kevin Trutna (FRC)

**Additions to or Deletions from the Agenda**

No changes to Agenda. Quorum established.

**Public Comment**

Kevin Trutna from FRC gave status update (see handout).

**Action Agenda**

**1. Behavioral Health Commission**

- a. Review and approve draft minutes of 12/11/19 – Vicki moved to approve as amended, Estres seconded. Motion carried.
  
- b. 2019 Data Notebook (overall focus: trauma) – This is overdue. We need much information from Jessica and Tony in order to complete this. Joyce, Lori and Kendrah will work on this in conjunction with the department. It was noted that 2020 Data Notebook is due July 2020 with the focus of homelessness.

**2. Informational Announcements & Reports**

- a. Commissioners Reports and Announcements –
  - i. Lori read the annual report to the Board of Supervisors (she reminded them that another supervisor will need to take her place after her term).
  - ii. No other reports
  
- b. Client Advocate Report (Elizabeth) – Dec./Jan. – 1 call re: housing, 1 call looking for DV safe-house (with pet), 2 calls for medical transport info, 2 calls re: transfer of DUI

program; She attended: HIPAA training, 20,000 Lives, ReThink meet and greet, Steering Committee, QIC meeting

- c. Secretary/Treasurer Report (Kendrah) – no report
- d. Bylaws – Ad Hoc Committee – Joyce needs help on this committee; Lori will request the most recent edits on this from Joyce and she and Kendrah will review and refer to County Counsel.
- e. MHSA Steering Committee – Aimee, Denise and Elizabeth are on this committee. They met in January. Aimee gave update on evaluation tool to the committee. She talked about where they are at in the 3-year process. See handout re: Focus Groups (special populations: seniors, youth 12-18, Spanish-speaking, parents of children & adolescents, veterans); can also speak to Aimee one-on-one (283-6307, ext. 1016). One youth is on committee: Lana Murray from Portola. Vicki requested to be part of this.

### **3. Behavioral Health Department**

- a. Director's Report – (Tony is at conference today.)  
Aimee for Tony: Tony, some other BH staff, and other departments attended a safety meeting in Greenville re: a school threat. They reviewed school's policy on such threats; BH received a lot of feedback and felt it was a productive meeting.

Mid-year budget has been submitted and is on track for July-Dec.

Sequential Intercept Mapping event – occurred last week (we were one of five counties chosen as a pilot for this). This helps us receive technical assistance on Data Driven Recovery Project: this is for clients with recent criminal history and who are open BH clients. All departments and agencies who offer resources for such clients were involved in this process. Facilitator was from the state MHSOAC (Mental Health Services Oversight and Accountability Commission). Focus is on preventing people from going to jail when they need BH services instead. They are attempting to identify and address gaps in services. This will result in systems' change.

Jessica for Tony: Jan. – new answering service started for crisis line (Auburn Counseling) – they provide brief intervention over the phone (goal: trying to get BH staff off call from 10 pm to 8 am). 5150 MOU is in process for Law Enforcement/Hospital Staff to sign-off. Also have new Telehealth provider (Aligned) – for licensed psychiatrist.

Credentialing process – closest to being done with PDH (staff training is in process); EPHC – all but two are ready to go; Seneca is on hold as they are currently without a CEO. Denise said there was an article in paper about Care Flight having to sit with BH clients in ER. Jessica explained that the client is the hospital's responsibility. The hope is that the telehealth provider will be able to prescribe meds faster to treat patient and keep them from being 5150'd. BH staff will respond during the hours of 8 am to 10 pm after client is medically cleared.

Tony met with Quincy Pharmacy staff – they have agreed to provide medication audits for PCBH as required. They will also provide MediCal refills for clients coming out of jail.

- b. AOD Report – John Banks has been decertified as a provider as of 1/31/20. ReThink Industries is now the provider for DUI program (see flyers/brochures). Files are in the process of being transferred.

Trish Foley asked about Anger Management classes. Aimee said PRS provides these classes and if a client is with BH, they can help with cost of classes. PRS also accepts payment plans.

Jessica provided handouts of all BH services. Lori suggested we put this on the website.

- c. Quality Assurance Improvement (Jessica) – Jan. – received 3 info notices from DHS; 453 open charts, 38 SUDs charts, 304 clients, 962 contacts, 861 hours, 40 jail clients, 55 contacts, 50 MH hours, also SUDs groups, 25 clients, 71 contacts, 28 hours, 13 hospitalizations, 1 Katie A., 41 requests for new services, 5 grievances; next QI meeting is Feb. 27<sup>th</sup>.
- d. Behavioral Health Commission Information and Improvement – Lori thanked Denise for sending articles by email; state BH Commission is having webinars (you must sign up to get on their email list).

We still need a new commission member – under Family Member category.

#### **Public Comment**

Vicki mentioned article on “mental health days” for children in schools.

#### **Adjournment**

Lori adjourned the meeting at 1:35 pm.

Next meeting will be **March 4, 2019 Quincy Public Library**, Quincy CA from 12 pm to 2 pm.

Respectfully submitted,

Kendrah Fredricksen, Secretary  
Plumas County Behavioral Health Commission