

Plumas County Behavioral Health Commission Meeting
11/6/19 at PC Behavioral Health Department, Annex: 270 Hospital Road, Quincy, CA
Approved at 12/11/2019 Commission Meeting

Standing Orders

Call to Order: Chair, Lori Simpson, called the meeting to order at 12:13 pm.

Roll Call: Members in attendance – Vicki Chestnut, Joyce Clare, Kendrah Fredricksen, Denise Pyper, Valerie Sheldon, Lori Simpson

Absent: Estres Wellings

County Staff in attendance: Dr. Tony Hobson, Shelley Evans, Elizabeth McAllister, Jessica McGill, John Posch

County Counsel: Sarah James

Public in attendance: Dr. Kevin Trutna (FRC), Greg Ely (retired teacher), Trish Foley (Eastern Plumas Health), Johanna Downey (PCIRC)

Additions to or Deletions from the Agenda

No changes to Agenda. Quorum established.

Public Comment

Public Comment – Kevin Trutna gave update on MH services at FRC.

Action Agenda

1. Behavioral Health Commission

- a. Review and approve draft minutes of 10/9/19 – Vicki moved to approve with changes, Joyce seconded. Motion carried.
- b. Future Commission Trainings – Brown Act Training will happen next year. Lori asked if we should have CALBHBC do trainings for us. Most commissioners felt we should ask them to do a couple trainings in the Spring. Joyce stated we need training on AOD issues.
- c. Behavioral Health Commission Officer Elections – In December we elect officers. Lori will be done in December 2020 and is willing to be Chair until then. Officer terms are one year.
- d. Presentation of Behavioral Health Finances – Shelley Evans and Tony Hobson gave presentation with Power Point slides (see handouts).

2. Informational Announcements & Reports

- a. Commissioners Reports and Announcements –

- i. Joyce attended 2 meetings – Cultural Competency Training (Maidu, Vets, LGBTQ) and Continuum of Care meeting; Nov. 21st is next Quality Improvement meeting; she has bill to submit (give to Aimee).
 - ii. Denise watched webinar on Telepsychiatry: a year in review (Telepsychiatry can be done in people’s homes), she has passed along other articles to Commission by email.
- b. Client Advocate Report (Elizabeth) – received 1 in-person question re: resources; attended steering committee meeting, Continuum of Care and Cultural Competency; had 1 contact with clinician; no grievances.
- c. Secretary/Treasurer Report (Kendrah) – Also attended Cultural Competency Training – very good but she would like to see a focus on White Privilege and racism; Attended Suicide Prevention meeting at PRS (group is being renamed: Mental Health Awareness) which she will encourage to communicate with this commission.
- d. Bylaws – Ad Hoc Committee – 2 handouts.
 - i. Bylaws – for discussion and update in 2020; we are currently under Robert’s Rules of Order, consider adopting Rosenberg’s Rules instead – they are less strict.
 - ii. Board of Supervisors did not approve AOD being added to BH Board. Tony will work on the wording for a resolution to get this approved.
 - iii. Joyce handed out the Roster as updated at last meeting – please review as it will be uploaded to county website.
- e. MHSA Steering Committee – today’s meeting was cancelled by Aimee. See handout. Next meeting will be Dec. 4th 10 am to Noon. Call Aimee if interested in attending.
- f. November MHSA Community meetings – see handout.

3. **Behavioral Health Department**

- a. Director’s Report (Tony) – New afterhours answering service will start soon – this will be a more service-oriented deal. Working on Telemed with Eastern Plumas but on hold with one physician at PDH who doesn’t want to do 5150s. Tony would like to prevent BH staff going to hospital between 10 pm and 8 am. If the person is out-of-control, Sheriff’s deputy will stay with them. They received result from Dept. of Health Care Services re: AOD MediCal application – just need to submit a few updates of credentials.
- b. AOD Report (see 3. a. above)
- c. Quality Assurance Improvement (Jessica) – received 2 DHCS correspondence, 432 open clients, 38 SUD clients (1 youth, 4 MAT clients), 279 unduplicated, 1051 contacts, 885 hours, jail 19 unduplicated, 30 contacts, 33 hours, SUD 29 unduplicated, 1 youth, 53 contacts, 37 hours, 1 hospitalization, Katie A 2 unduplicated, 7 contacts, 9 hours, 21 FSP, out of 48 assessments, 40 attended, average wait .4 days, four grievances – 2 quality of care, 1 appeal of denial, 1 re: change of peer support group. Next Quality Improvement meeting: Nov. 21st 10 am at BH.

- d. Behavioral Health Information and Improvement – Ryan Rodgers resigned (moving Texas to take PTSD leadership position), his position will not be filled (hoping to have Wellness Centers “peer run”).

November 20th potluck with Public Health, Social Services, Probation – 11 am to 1 pm.
Eliza has sign-up.

Public Comment

Kendrah – passed around CASA Chili Cook-off flyers.
Greg – commented on Sheriffs filling out 5150 forms.

Adjournment

Lori adjourned the meeting at 2:06 pm.
Next meeting will be **December 11, 2019 Quincy Public Library**, Quincy CA from 12 pm to 2 pm.

Respectfully submitted,

Kendrah Fredricksen, Secretary
Plumas County Behavioral Health Commission