

**Plumas County Behavioral Health Commission Meeting
8/7/19 at Plumas County Library, Quincy, CA
Final – Edited
Approved at 9/4/19 BH Commission meeting**

Standing Orders

Call to Order: Chair, Lori Simpson, called the meeting to order at 12:23 pm.

Roll Call: Members in attendance – **Vicki Chestnut, Joyce Clare, Kendrah Fredricksen, Denise Pyper, Valerie Sheldon, Lori Simpson, Marian Liddell**

Excused: **Estres Wellings**

County Staff in attendance: **Tony Hobson, Elizabeth McAllister, Jessica McGill, John Posch**
County Counsel: **Gretchen Stuhr**

Guest: Theresa Comstock, Executive Director, CA Assoc. of Local BHB/C

Public in attendance: Johanna Downey (PCIRC), Greg Ely (Retired HS teacher)

Additions to or Deletions from the Agenda

No changes to Agenda. Quorum established.

Public Comment

Public Comment – None

Introductions were made.

Action Agenda

1. Behavioral Health Commission

- a. Review and Approve Draft Minutes – **Joyce moved to approve minutes with changes, Denise seconded. Marian abstained. Motion carried.**

- b. Guest Speaker – Theresa Comstock, Executive Director, CA Assoc. of Local BHB/C
 - i. See handouts: CALBHBC Issue Brief on Employment, CALBHB/C Summer Newsletter (quarterly, includes list of Board/Commission duties, resources) – note: next training for Boards/Commissions is: Aug. 24th in Chico, CALBHB/C Issue Brief on Disaster Planning, her business card (with website listed)
 - ii. Theresa asked how our BH is working with inmates/rehab. Tony said we have a Work Crew – consumer/employees who are able to do certain jobs; also relying on Alliance For Workforce Development (AFWD). Valerie commented that she received training through AFWD.
 - iii. Handouts: CALBHB/C – Principles for Support & Advocacy (e.g. Legislative Advocacy), CALBHB/C Issue Brief: Adult Residential Facilities. Lori asked for additional clarification on this. Theresa responded that Residential Facilities for

those with MH should have parity with those with Developmental Disabilities. (Currently, those with DD have different levels of care, paid at different rates. MH clients are all paid (meaning: facility is paid) at same low rate even though they need different levels of care.) Elizabeth asked about group homes for children in foster care. The state is trying to phase these out using “Resource Families” instead, but there are issues with this.

- iv. CALBHB/C did their first day at capitol this past year. They are growing as an organization and are looking for input from us. Johanna asked about performance outcome data collection and how we can help them receive the data they need. Theresa pointed to BH directors and other organizations to help with this as well. See their website for some info on data needed. Marian commented that she would like to know how many inmates in jail have mental illness, how long they spend in jail, how many are “revolving door.” She would also like to know an accurate number of suicides for the County (including for residents who die by suicide in other places). We need collaboration among Boards, BH Depts., other county departments, etc.. John stated that he felt some suicides are related to lack of housing.
- c. Review 2018/2019 Annual Report to Plumas County Board of Supervisors (see handout from Joyce).
- i. Joyce spoke about the positive leadership efforts by Tony and staff. She also lifted up the much better financial situation of BH.
 - ii. Denise asked about court-ordered treatment – are we really the only small county to do this? Tony confirmed this is true – we are the first small county to implement AB1810.
 - iii. Kendrah gave additional edits, mostly grammatical, by hardcopy to Joyce.
 - iv. Joyce would like to have this finalized within a week so she can present to BoS ASAP. Lori said next possible meeting to discuss would be August 20th.
 - v. Marian requested more time to review the document. Valerie and Vicki also requested additional time to review. **Valerie moved that we review this at Sept. 4th, 2019 meeting. Vicki seconded. Motion carried.** Gretchen said that grammatical edits can be emailed to Joyce (or done by phone or in person) but more substantial changes need to be brought to next meeting for discussion.

2. Informational Announcements & Reports

- a. Commissioners Reports and Announcements –
 - i. Marian – presented a handout of different meetings she attended, etc.
 - ii. John – did teleconference 8/1 on MH & criminal justice
 - iii. Secretary/Treasurer: Kendrah – did webinar 7/24 on MH & employability, and teleconference 8/1 on MH & criminal justice, read several articles emailed by Denise
 - iv. Denise – sent numerous articles to PCBHC and other interested parties; turned in Ethics training certificate
 - v. Client Advocate Elizabeth – one call re: conservatorship, teleconference call with Theresa, various correspondence re: housing, QIC, etc., attended board meeting and QIC meetings

- vi. Bylaws sub-committee – Met with Gretchen July 5th, July 25, 26. Asked who wrote Commission’s mission statement. Answer not available at meeting, but it was written several years ago.

3. **Behavioral Health Department**

a. Director’s Report (Tony) – Budget: working on now, will update next month. BH is now a DUI provider as of 8/1/2019 through ReThink Industries. Tony had to leave early to attend CCP meeting.

b. AOD Report (Tony) – N/A

c. Department Budget & Financials (Tony) – N/A

d. Quality Assurance Improvement (Jessica) –

For July, Children: 80 unduplicated clients, Adults: 185 unduplicated clients, Telemed: 60 unduplicated clients, Jail: 13 unduplicated clients, 5 hospitalizations/5 discharges

Average length of time to first appointment = .3 days

Telemed service request – delayed due to tracking issue (Need to grant requests to see psychiatrists within 14 days). PCBH average length was 14 days (longest wait was 28).

They have been selected for another audit in October (PERMs desk audit).

Telemed provider has changed – Dr. Buabeng, started August 1st.

The Department has interviewed for a Medical Director, have interviewed a candidate, and are still working this.

Environmental Alternatives (EA) – They are currently serving the FSP population. This has been a rocky start but is improving. PRS is providing services for youth.

The EQRO report is available.

Denise mentioned post on FaceBook’s: PC Rants & Raves, stating that EA was housing drug addicts/criminals – much misinformation was given. EA needs to update their website as to their new services.

e. Behavioral Health Information and Improvement –

- Recent suicide in Plumas County (Graeagle) – Sheriff’s department did not respond. An article will be written in LA Times. (Lori was contacted by LA Times regarding this.) Unclear if Sheriff’s department gave the caller the Crisis Line # or BH #. We need to establish a clear process in these situations.

Public Comment

None

Adjournment

Lori adjourned the meeting at 2:12 pm.

Next meeting will be **September 4, 2019 Plumas County Library** Meeting Room, 445 Jackson St., Quincy CA from 12 pm to 2 pm.

Respectfully submitted,

Kendrah Fredricksen, Secretary, Plumas County Behavioral Health Commission