

January 3, 2018 Plumas County **Behavioral Health Commission** Meeting

Call to Order/Roll Call

Commission members: Henry Eisenman, Lori Simpson, Estres Wellings attended today.

[Maria Rock-Strong is at work; Reverend Kendrah Fredricksen's brother died and she is attending his remembrance.] A quorum is not established so no action can be taken today on action items, but discussion can take place to consider at next month's scheduled meeting February 7, 2018 which is also a PUBLIC HEARING.

Guest: Carolyn Shipp, Feather Publishing reporter.

Staff: Aimee Heaney, John Posch, Louise Steenkamp.

Additions to or deletions from the Agenda: None.

Public Comment Opportunity: None

1. Behavioral Health Commission

- A. Table to approve Behavioral Health Commission minutes of December 6, 2017 until the February 2018 meeting. Discussion followed on editing changes, corrections to the December 2017 meeting minutes are as follows:
 1. Behavioral Health Commission, C.) Rosenberg's Rules of Order are characterized as less formal in language and easier to follow than Robert's Rules of Order. Discussion, motions, and a quorum still need to exist. Perhaps at the March 2018 meeting this will be considered. Lori Simpson vouched to this editorial change that Estres Wellings seconded.
 2. Behavioral Health Department. A.) MHSA Program Report. The Board of Supervisors December 12th considered settlement with PCIRC. The alleged HIPAA breach did not occur at a Wellness Center. B.) AOD, Behavioral Health Dept. Several of the six therapists have resigned; two retired. The discussion of creating a new Drug Court—the entire paragraph should read: Plumas County has had a Drug Court the past decade and stopped having one eight months, a year ago. There is agreement a Drug Court should exist, argument occurs on who is responsible and how the limited funding should be used. There could exist: a Veteran's Court, a Mental Health Court, a Drug Court, etc. In regards Sierra House, residents pay one thousand dollars a month and the B.H. Dept. contributes to residence expense.
The \$50,000 is for a beginning phase in renovating Sierra House.
Plumas County has \$250 thousand of unused MHSA funds from 2009 for Sierra House's renovation. Another sentence needed editing and should read, "Only Plumas and Inyo counties have a board and care facility."
- B. Changes to the Commission bylaws require Craig Settelmeyer's review.
- C. Behavioral Health Commission Report to the Board of Supervisors resulted in asking did Chair Dennis Thibault submit an annual report to the Board of Supervisors. The goal of this Commission is stated as a preface to the 2014 Annual Report. This Commission is authorized by the California legislature in Section 4604 of the Welfare and Institutions code. The Commission's role is to advise the Plumas County Board of Supervisors and Behavioral

Health director on the county's mental health program, including the review and evaluation of the community's mental health needs, services, facilities and special problems. All board and committee meetings are open to the public and subject to the Brown Act (Government Code, section 54950). The submission of an Annual Report is stated in the bylaws.

This Commission is encouraged to have members attend the Board of Supervisor's hiring of a new department director.

- D. Behavioral Health Commission membership vacancies. At the December 2017 Commission meeting, member Susan Bradley was removed from Commission membership due to not attending monthly meetings. Membership vacancies exist. Recruitment is needed. This Commission membership needs family members and clients. The State bylaws require five (or more) Commission members for a California county with population of fewer than 50,000.
- E. Sierra House. January 10, 2018 deputy County Counsel, Drop-In-Center/Sierra House director Jacque Blanton, department fiscal officer is to discuss Sierra House. No asbestos was found in the Sierra House garage. An electrically connected modular is at the Drop-In-Center/Sierra House location for the purpose to store items from the garage when the garage is removed. The electricity is for some seven or more refrigerators. Sierra House can house up to fourteen residents. Presently some live in Butte County. Sierra House presently houses some three or four residents who will be transitioned when the renovation continues. The on-site garden could expand! MHSA funding for Sierra House are planned to be included in the annual update changes to the Three-Year Plan, and will consider "how many beds (residents), ..." to be considered from **MHSA public comment period that begins January 8, 2018** to be included at the February 7, 2018 PUBLIC HEARING. Requesting a quorum of Commission members attend February 7th.

- 3. Informational Announcements & Reports: No reports.

4. Behavioral Health Department.

- A. MHSA Program Report. Aimee Heaney is in the middle of considering the MHSA Annual Report Update that will include a homeless information system to provide continuum of care instituted with seven neighboring counties. The Homeless Information System tracks clients in need, for any risk, or presently homeless, or are eligible for services or are presently receiving services. This data collection allows the homeless the department serves eligible for HUD reimbursement. PCIRC paid for such outreach earlier. Plumas County, Housing Authority should pay and Behavioral Health Department would pay for enrollment. Providing data on the homeless shared among the neighboring seven counties allows for reimbursement and can expand funding for affordable housing. There exists presently a chronicle of the homeless in Plumas County, but coordinating the data could expand the availability of housing in the county. Presently there are six people in need. No Place Like Home. Scheduled is training staff to tend the homeless. San Benito County has documented their homeless for ten years and has a homeless coalition. Neighboring counties except Sierra County are involved. Two service agreement contracts were handed out. One is thirty-two pages, the other nineteen pages. These are available via e-mail or paper copy, by request to

aheaney@PCBH.services (530) 283-6307 ext. 1016. One service agreement is a seven-month contract for the Wellness Center. Every three years these contracts are considered, though some are from year to year. County Council has yet to approve these services agreements. The Board of Supervisors will consider them January 16, 2018.

The State is scheduled to conduct a MHSA program audit January 30, 2018 on site, at the Annex.

B.H. Dept. Commission members could attend the audit visit.

The previous site review noted a need for staff to document more diligently so that the department can be more accurately reimbursed for services provided. The department currently serves over nine hundred clients.

B. AOD Update and Director's Report. There has been a shuffling of department staff. Some have resigned with a few at nonprofits, a few have retired.

Case managers can receive training for substance abuse certification.

Plumas County B.H. Dept. has helped fund the education of six Chico State University behavioral health studies students—an assumption plan for therapists receiving an education that reciprocate by employment in the department.

The funding is at ten thousand dollars a year (up to sixty thousand dollars a year.) Modoc County has utilized funding a scholar to encourage staff recruitment also. The individual service agreement is for \$10,000 for each year.

Another avenue to recruit therapists, pursued was job hunting web sites.

The department clients do not have a waiting list.

Crisis/on call at weekends or after business hours wearis therapists. Case managers could receive training to deal with crisis calls though case managers could not make initial assessments. The therapist does assessment.

Counseling in jail continues; funded at \$200,000 a year. Staff visits the jail every day.

Upon the merging of Behavioral Health Dept. with AOD Dept. brought mention of CCAP.

The department is working on Medi-Care reimbursement for some services presently not covered so.

It is expected that MHSA funding will decrease 1 ½ % in 2017-2018. [This is puzzling, in a robust economic time.] Plumas County usually receives \$2 to \$2.4 million a year from MHSA. The Trust Fund continues to exist.

There are not enough hospital beds for psychiatric hospitalizations so that other facilities are implemented, and are going well.

At each Plumas County Wellness Center is a clinician, a case manager, and available transportation.

There is a need for more drivers.

Public Comment Opportunity: None; and adjournment.

February 7, 2018, noon, at Plumas County library meeting room, 455 Jackson Street, Quincy, California is the next scheduled Commission meeting that begins with a **MHSA PUBLIC HEARING**.