

Plumas County Behavioral Health Commission Meeting
7/2/2025 1 pm Plumas County Board of Supervisors' Room, Quincy, CA
Approved at 8/6/2025 meeting

STANDING ORDERS

Call to Order / Roll Call

Call to Order: Mimi Hall called the meeting to order at 1:00 pm.

Roll Call/Attendance:

Commissioners: Bill Cook, Kendrah Fredricksen, Kristin Gyford, Mimi Hall, Megan McCrorey (on zoom), Merle Rusky (quorum NOT established)

Commissioners Absent: Liberty Gott, Valerie Sheldon, Stephanie Swithenbank, Kristy Tucker

PCBH Staff: Jacob Grigg, Jessica McGill, Kristy Pierson, Gary Sanderson, Sharon Sousa

County Counsel: N/A

Public in Attendance (in-person): Denise Pyper, Lisa Beck (PCBH)

Public in Attendance (by Teleconference): N/A

Pledge of Allegiance

Additions to or Deletions from the Agenda/Approval – *For urgent items only.*

Public Comment – N/A

ACTION AGENDA

1. Behavioral Health Commission

- a. Review and approve draft PCBHC minutes of June 11 , 2025
 - i. No quorum; carry over to next meeting.

2. Informational Announcements & Reports

- a. Commissioners Reports and Announcements

- i. Mimi – welcome to PRS today.
- ii. Kendrah – Pride month went well.
- iii. Kristin – took on 5 more new patients, Sara will be returning on August 4th, “Wonder” dog served 2 veterans.
- iv. Merle – thank you but she wants to step down for a while; she would like to stay on committees such as housing.
- v. Mimi – said BoS passed preliminary budget and are moving forward with strategic plan (giving focus to departments); they also approved a comprehensive salary survey over the next year (we are not in compliance with the law for minimum wage for health and human services).
- vi. Bill – this weekend there are 4 parades: Fri. Taylorsville 10 am, Sun. Graeagle 12 pm, Fri. Loyalton 10 am, Fri. Meadow Valley 10 am; Greenville Vets are putting the finishing touches on their building.

- b. Presentation by PRS system of care stakeholders

- i. Paula Johnston and Ashley Johnston (see handout summary of services)

1. Formed in 1980; they just did a strategic plan with new mission and vision statements (see website)
2. Child Care Services
 - a. Payment Program
 - b. Resource & Referral
 - c. IMPACT Program
3. Disability Services
 - a. ALIVE Program (must be diagnosed by Far Northern Regional Center)
 - b. Family Empowerment Center
 - c. Early Start Family Resource Center
 - d. START Program
 - e. In-home Respite Services (Passages)
4. Mindfulness-Based Stress Reduction
 - a. Parenting Classes
5. Trauma Recovery and Educational Services (not therapists)
6. Training and Development Program
 - a. Mental Health First Aid
 - b. SafeTalk
 - c. ASSIST
 - d. Helping Children with Loss
7. WIC Program (EBT cards cover this)
8. Parenting Services
 - a. CPS contracted services
 - b. Individualized, Critical Support
 - c. Helps children get reunited with parents
 - d. First 5 contracted services
 - e. Co-parenting (requested by justice system)
 - f. Nurturing Parenting of Teens
9. Visions – adolescent girls and non-binary youth, working together
10. Nature Made Camp – born out of Dixie Fire funding – looking for new funding
11. Domestic Violence Services
 - a. Emergency Shelter, Food, Transportation, Legal Assistance, etc.
12. Plumas Transit System
13. Resources and Call Program LISTOS and 211 through United Way (Grass Valley call center)
 - a. Send updates to Resources to Nina Peay
- ii. Schedule is in process, with the next few months as follows:
 1. August: Eastern Plumas Health Care (Jesslan, EPHC)
 2. Kendrah will schedule future presentations (including PCIRC)
- c. Housing projects/plans for BH clients
 - i. Sharon – RCHDC – will still support PC with this project
 - ii. PHLA funding grant – HCD did not approve our last application (our county has not been in compliance since July 1, 2024), we can reapply in April 2026. There are 2 more rounds. Tracy Ferguson says we should be in compliance before due date. Merle asked if we could put out a public ad requesting properties. PCBH

Continuing Care Coordinator will take this up. Potential funding: \$350,000 + \$175,000 = \$525,000 (cost of project will be close to \$22 million).

3. Behavioral Health Department

a. Director's Report (Sharon Sousa)

- i. Staffing – lost their practicum student.
- ii. Posting job for Admin. Assist. to help nurse with documentation.
- iii. Two social services employees will do a practicum (in Sept.).
- iv. Spoke to PDH about Greenville offices (will only pay if clients are scheduled to meet with PCBH staff) – Wi-Fi is not secure (cannot use for Telehealth)
- v. Budget was submitted to county – hearing process is next week.

b. Quality Assurance Improvement (Jessica McGill) – see separate report

- i. Dept. of Health Care Services says our provider network was out of compliance – working to fix this (short one provider for children).
- ii. External Quality Review – report will come in September
- iii. MediCal Integrated Audit – report forthcoming.
- iv. LPS reporting due July 31st, Test Calls report due July 5th, Grievance report due July 15th.
- v. Mobile Crisis Implementation meeting held in June – on corrective action plan due to lack of staff (next one scheduled 9/22 at 2 pm).
- vi. DHCS Correspondence and BHINs
 - 1. 25-024 – monitoring of inpatient facilities (specifically youth)
 - 2. 25-XXX LPS Act – changing again (how we track and report)
 - 3. Draft BH-Connect – we did not opt into this
 - 4. Draft Short-Term Residential Therapeutic Programs (e.g. Susanville)
 - 5. Draft Fee-for-Service contracts
- vii. Access and Utilization for June
 - 1. 250 open charts, 177 unduplicated clients, 70% penetration rate (goal = 80%)
 - 2. 59 youth; 113 adults
 - 3. New Intakes: 16
 - 4. Crisis Services: 32 (46% in jail)
 - 5. Mobile Crisis Unit: 2
 - 6. Psych Placements: 2
 - 7. 5150's: 10 (3 were one person)
- viii. Grievances – 3 staff behavior complaints
- ix. Next QIC meeting will be August 28th at 10 am

c. MHSA Report (Kristy Pierson)

- i. May was MH Awareness month.
- ii. See Stakeholder Service Surveys (encourage folks to fill these out) – no deadline yet. Stakeholder meetings will also take place. A digital survey will be developed. Mimi also suggested we set up a QR code. We should consider incentives to encourage participation. Mimi would like the PCBH Commission to draft a letter to send with the surveys to agencies (and have all commissioners sign it), with a goal of a certain % of participation. **Add to agenda for next meeting.**
- iii. MHSA – since we do not have a quorum and cannot approve last month's minutes, the BoS cannot approve MHSA plan (it will be another 30 days late).

d. BH Commission Information and Improvement – Merle will submit resignation in writing.

Public Comment – N/A

Adjourned as BH Commission and reconvened as AOD commission.

Alcohol and Other Drug Advisory Board

1. **Action Agenda**

- a. N/A

2. **Informational Announcements & Reports**

a. **SUD Report** (Gary Sanderson) – see separate report

- i. Next week Gary will attend BoS meeting regarding PC DUI services – we have an MOU with Butte County (not approved by County Counsel due to indemnification clause).
- ii. Charlie Abernathy is fully onboard for doing assessments and running groups.
- iii. Completed onsite monitoring for Granite, Aegis, and for PH Primary Prevention (no compliance issues found with PH, still working on the others).
- iv. Awaiting report for DHCS audit.

b. **Quality Assurance Improvement**

- i. BHINs – nothing new
- ii. Access and Utilization for June
 - 1. 48 SUD charts open, 29 unduplicated clients, 62% penetration rate (group attendance is down)
 - 2. 2 youth (voluntary), 26 adults
 - 3. New intakes: 6
 - 4. 0 residential placements
 - 5. No grievances to report

Adjournment: Meeting adjourned by Mimi @ 2:39 pm

Next meeting: **August 6, 2025 Courthouse: Supervisors' Board Room**, 1 pm to 3 pm.

Respectfully submitted, Kendrah Fredricksen,

Secretary, Plumas County Behavioral Health Commission