

Plumas County Behavioral Health Commission Meeting
2/5/2025 1 pm Plumas County Board of Supervisors' Room, Quincy, CA
Approved at 3/5/2025 meeting

STANDING ORDERS

Call to Order / Roll Call

Call to Order: Mimi Hall (acting as pro tempore chair) called the meeting to order at 1:00 pm.

Roll Call/Attendance:

Commissioners: Ashleigh Boyd, Bill Cook, Kendrah Fredricksen, Liberty Gott, Mimi Hall, Megan McCrorey (online), Merle Rusky, Valerie Sheldon, Kristy Tucker (quorum established)

Commissioners Absent: None

County/Contracted Staff (in-person or by Teleconference): Jay Hemphill, Jessica McGill, Kristy Pierson, Gary Sanderson, Sharon Sousa

County Counsel: Sara James

Public in Attendance (in-person or by Teleconference): Jesslan Avalos (Eastern Plumas), Anai Gabriel (Tobacco Use Prevention Council), Margaret McKenzie, Denise Piper, Ericka Thompson RN (PDH SLS), Rhonda Wayson (PCS)

Pledge of Allegiance

As we have four new commissioners, introductions were made.

Additions to or Deletions from the Agenda/Approval – *For urgent items only.* Add election of officers to March meeting. Valerie moved, Merle seconded to allow Mimi to continue as Chair. Bill moved to approve agenda, Merle seconded. Motion carried.

Public Comment – Rhonda suggested that someone from the Maidu community be invited to these meetings.

ACTION AGENDA

1. Behavioral Health Commission

- a. Review and approve draft minutes of December 4, 2024
 - i. Valerie moved to approve the minutes and Kendrah seconded. Motion carried.
 - ii. It was noted that we need to vote on officers next month – this will be added to the agenda.
- b. Review suggested changes to PCBH Commission bylaws – We discussed suggested changes to the Bylaws. We will vote on the changes next month. The draft changes will be posted on the website.

2. Informational Announcements & Reports

- a. Commissioners Reports and Announcements –
 - i. Kendrah mentioned a “Safe Space” meeting at Quincy Library tonight 7 to 8:30 pm
 - ii. Mimi mentioned the recent flooding and people not able to get sandbags themselves

- iii. 211 Resource Directory is coming soon via PRS
- iv. Veterans Services at local libraries and Vet hall in Chester: March 5th (Chester), 12th (Quincy), 19th (Portola) 6 to 8 pm.
- b. Presentation by PCBH contracted providers and system of care stakeholders – Suggested presenters include (but are not limited to): Rethink Industries, Environmental Alternatives (EA), PDH, PCIRC (Crisis Center), Plumas Rural Services (PRS), Residential Providers (Granite Wellness Centers), PDH Senior Life Solutions, Eastern Plumas Health, PUSD, True North CA, etc.
- c. Housing projects/plans for BH clients – Sharon, Debra Lucero, and Tracy Ferguson met with the sheriff regarding new housing options. We need long-term supportive housing for the SMI population. There was some movement forward from the sheriff's office to support this project. Sheriff would prefer the housing be located in Quincy rather than Greenville so their staff could cover potential issues. 10 apartments would be long-term for SMI clients (one possible location: old "Harlem House"). Lisa with BH is looking into additional locations (need 3 options). Mimi talked about another county where they built such housing – they did mapping and communications ahead of time. Mimi said we need good data around similar complexes. We have \$800,000 under MHSA before this program changes to BHSA. The complex must have 32 units. An ad hoc committee be helpful: Che, Shannon, Merle, and Lisa.

3. Behavioral Health Department

- a. Director's Report (Sharon Sousa)
 - i. Unfortunately, PCBH lost employee, Jessica Ayotte, RN, to the jail. They have posted for a full-time Nurse or two half-time nurses. Eliza, RN is doing double-duty right now.
 - ii. Got approval from BoS for the SUD Counselor positions. They have one applicant and will do interviews. This is a requirement of drug MediCal. Thank you to Sara James who helped to fast-track the SUD position.
 - iii. Had to move another client into an IMD facility (Institute of Mental Disease). We now have 7 clients living out of county in these facilities.
 - iv. May need to close the Quincy Wellness Center. They are not getting the foot traffic they thought they would. They have difficulty staffing this center. Kristy said that under BHSA, all counties are looking at losing Wellness Centers. Annual cost = \$40,000 (not including staff, which is around \$150,000). In January, they only had 27 consumers. (Portola and Chester have over 100 consumers per month.) Put this on PCBH Commission agenda for next month.
- b. BH using EMTs as part of Mobile Crisis Unit (Sharon Sousa) – No new info
- c. Quality Assurance Improvement (see separate report) – scheduled for EQRO planning kick-off meeting on March 18th (new 3rd party vendor) – they will suggest improvements and do a report.
 - i. DHCS Correspondence and BHINs
 - 1. 24-044 Monetary sanctions for failure to meet or exceed minimum performance levels (MPLs) – expect 5% improvement in all areas.
 - 2. 24-046 Minor consent to outpatient MH treatment or counseling
 - 3. 24-047 BH cost rate policy for federal formulary and discretionary grants
 - ii. PIPs – EQRO meets quarterly. Must continue 2 projects – 1 clinical, 1 non-clinical (must be measurable). Must choose from options provided by state. PIP committee will meet this month. Follow-up to ER services – one option.

- iii. Access and Utilization for January
 - 1. 283 open charts, 184 unduplicated clients, 78% penetration rate
 - 2. 55 youth; 129 adults
 - 3. New Intakes: 22
 - 4. Crisis Services: 42
 - 5. Psych Placements: 3
 - 6. 5150 Evaluations: higher than psych placements
- iv. Grievances – none
- v. Next QIC scheduled for February 20th (10 am to noon)
- d. MHSA Report (Kristy Pierson) – The state is changing this to BHSA and changing the way we can spend those funds. Kristy is working on Annual Update – due in June. Stakeholder meetings will be coming in March. In the fall there will be new stakeholder meetings for BHSA. 30% goes to housing, 35% goes to FSP, 35% goes to “other” (51% of this must go to early intervention). In Portola at Wellness Center, they are collecting winter wear (via 4-H) – many people came and got supplies (over 150 jackets were given out). This is also happening in Chester.
- e. BH Commission Information and Improvement –
 - i. Requesting MH training for fire department in Indian Valley – PRS has many trainings available.
 - ii. Merle asked about mobile crisis unit (agendize for next meeting) – Sharon said we do have this in place, but we are not meeting state requirements (can’t staff 24/7, too expensive). Jessica is forming committees about this (let her know if you want to join).

Public Comment – N/A

Adjourned as BH Commission and reconvened as AOD commission.

Alcohol and Other Drug Advisory Board

- 1. Action Agenda – None.
- 2. Informational Announcements & Reports
 - a. AOD Report (Gary) – (see separate report)
 - i. Residential treatment and rehab services – we only have grant funding of \$150,000 for non-perinatal consumers; we have a priority list of who receives services (adolescent = \$1,500 per day)
 - ii. SUD counselor positions have been approved (interviewing current staff member); they only have 1.75 FTE in department (-.25 for Eliza now that she’s covering other RN position).
 - b. Quality Assurance Improvement
 - i. DHCS correspondence – (now meeting every other month)
 - 1. 24-045 Drug Medi-Cal & MDC Organized Delivery System – requirement that all counties must adopt ASAM Assessment Tool (delayed update on 4th edition).
 - 2. 24-047 – see MH report above
 - ii. Access and Utilization for January
 - 1. 47 SUD charts open, 29 unduplicated clients, 62% penetration rate, most services are group services
 - 2. 3 youth, 26 adults

3. New intakes: 10
 4. 1 residential placement
 5. 0 grievances
- iii. Programmatic changes
1. Dr. Schad and Gary – led training on pre-screening Health Questionnaire
 2. Gary was out of the office 1 week in January for medical reasons
 3. Began use of new ASAM level of care guideline
 4. Gary and Jessica attended Sacramento CalMHSA/CBHDA meeting/trainings – 1 way referral system with managed care; SUPT meeting – mobile outreach clinics
 5. Received provisional AOD certification from DHCS – had a walkthrough in December (many small things can cause large fines)
 6. Exploring Peer SUD services (much training is required)
 7. Updating policies and procedures – will uploaded for all staff
 8. Meeting with Public Health regarding coordination in expanding access to PCBH medication assisted training

Public Comment – N/A

Adjournment

Meeting adjourned by Mimi @ 2:58 pm

Next meeting: **March 5th, Courthouse: Supervisors' Board Room**, 1 pm to 3 pm.

Respectfully submitted, Kendrah Fredricksen,

Secretary, Plumas County Behavioral Health Commission