

**Plumas County Behavioral Health Commission Meeting**  
**12/4/2024 1 pm Plumas County Board of Supervisors' Room, Quincy, CA**  
**Approved at 2/5/2025 meeting**

**STANDING ORDERS**

**Call to Order / Roll Call**

Call to Order: Kevin called the meeting to order at 1:06 pm.

**Roll Call/Attendance:**

Commissioners: Vicki Chestnut, Kendrah Fredricksen, Kevin Goss, Valerie Sheldon (quorum established)

Commissioners Absent: Bill Cook, Megan McCrorey, Kristy Tucker

County/Contracted Staff (in-person or by Teleconference): Jacob Grigg, Jay Hemphill, Jessica McGill, Kristy Pierson, Gary Sanderson, Sharon Sousa

County Counsel: Sara James (by phone)

Public in Attendance (in-person or by Teleconference): Ashleigh Boyd, Liberty Gott, N. Walker, Janese Jensen (RN)

**Pledge of Allegiance**

**Additions to or Deletions from the Agenda/Approval** – *For urgent items only.* Vicki moved, Valerie seconded to approve agenda. Motion carried.

**Public Comment** – Valerie commented about trip to ER re: MH. She felt the process was much better.

**ACTION AGENDA**

**1. Behavioral Health Commission**

- a. Review and approve draft minutes of November 6, 2024
  - i. Valerie moved to approve the minutes and Vicki seconded. Motion carried.
- b. Discuss and recommend new Commission members – Valerie moved to approve Ashleigh Boyd (Education Representative) and Liberty Gott (Student Representative), and Vicki seconded to move these applications up to BoS.

**2. Informational Announcements & Reports**

- a. Commissioners Reports and Announcements –
  - i. Kendrah finalized the Data Notebook and summarized this for the Commission – Valerie moved to approve, Vicki seconded to move the Data Notebook to BoS.
  - ii. Add Bylaw consideration to next month's agenda – first draft of updated bylaws was briefly discussed with Commission; Kendrah and Sara James (attorney) will meet to discuss changes in detail and will present at the next meeting.
- b. Presentation by PCBH contracted providers – N/A
- c. Housing projects/plans for BH clients – N/A

**3. Behavioral Health Department**

- a. Director's Report (Sharon Sousa)

- i. Care Court – Implementation started the first of December. A brochure is in process for Plumas County (a draft was presented by video screen). What it is: new civil court created in community for people with thought disorders. Located at our courthouse. Consumer is appointed a free attorney. A CARE plan is developed (e.g. treatment, housing and services) – works toward stability as a 12-month plan. Petition will be located on website. Transitional housing would be provided.
- ii. Posting for a site coordinator in Portola, hours have been adjusted. Heidi Clements is off on leave. Trying to cover with other staff.
- iii. SUD counselor positions – at county counsel for review.
- iv. MediCal billing revenue is down since Cal-AIM was initiated. Small/frontier counties are asking state for a different rate system.
- v. Contracted with a professional to look at our Medi-Cal billing to see where we can get more reimbursement.
- b. BH using EMTs as part of Mobile Crisis Unit (Sharon Sousa) – No new info
- c. Quality Assurance Improvement (see separate report)
  - i. DHCS Correspondence
    - 1. Mobile Crisis Unit plan – waiting for approval
  - ii. BHIN
    - 1. 24-038 – MH Services Act – allocation and methodology for 2024
    - 2. 24-039 – Model care coordination plan AB 2242 – requires PCBH to ensure care coordination plans for all those released from psychiatric hospitals
    - 3. 24 Draft – Enforcement actions: monetary sanctions for failure to meet or exceed minimum performance levels (see handout).
  - iii. PIPs – EQRO meets quarterly. Must continue 2 projects – 1 clinical, 1 non-clinical (must be measurable). Must choose from options provided by state. PIP committee will meet this month. Follow-up to ER services – one option.
  - iv. Access and Utilization for November
    - 1. 253 open charts, 170 unduplicated clients, 67% penetration rate
    - 2. 57 youth; 113 adults
    - 3. New Intakes: 18
    - 4. Crisis Services: 35
    - 5. Psych Placements: 2
    - 6. 5150 Evaluations: 9
  - v. Grievances – none; one change of provider request
- d. MHSA Report (Kristy Pierson) – New information coming in January 2025 from state. Wellness Centers are super short staffed. Will participate in Sparkle this week at Quincy Wellness Center.
- e. BH Commission Information and Improvement – N/A

**Public Comment** – N/A

**Adjourned as BH Commission and convened as AOD commission.**

**Alcohol and Other Drug Advisory Board**

- 1. Action Agenda – None.

## 2. Informational Announcements & Reports

- a. AOD Report (Gary) – (see separate report)
  - i. Fiscal year 2023-2024 action plan has been fully resolved.
  - ii. Met with Plumas Health Deputy Director re: medication assisted treatment; more meetings will be scheduled.
  - iii. Received supplies to do physicals – can get reports from other providers, but when not available they can do physical exams.
  - iv. Ordered new treatment material curriculum.
- b. Quality Assurance Improvement
  - i. DHCS correspondence – (now meeting every other month)
    - 1. Draft – requirement to us ASAM assessment tools (there is a free printed interview guide rather than software).
  - ii. PIPs – see PCBH above.
  - iii. Access and Utilization for October
    - 1. 39 SUD charts open, 25 unduplicated clients, 64% penetration rate, most services are group services
    - 2. 2 youth, 23 adults
    - 3. New intakes: 2
    - 4. 1 residential placement
    - 5. 0 grievances

**Public Comment** – N/A

### **Adjournment**

Meeting adjourned by Kevin @ 2:08 pm

Next meeting: **February 5, Courthouse: Supervisors' Board Room**, 1 pm to 3 pm.

Respectfully submitted, Kendrah Fredricksen,

Secretary, Plumas County Behavioral Health Commission