

**Plumas County Behavioral Health Commission Meeting**  
**10/2/2024 1 pm Plumas County Board of Supervisors' Room, Quincy, CA**  
**Approved at 11/6/2024 meeting**

**STANDING ORDERS**

**Call to Order / Roll Call**

Call to Order: Kevin called the meeting to order at 1:03 pm.

**Roll Call/Attendance:**

Commissioners: Vicki Chestnut, Kendrah Fredricksen, Kevin Goss, Megan McCrorey, Valerie Sheldon (quorum established)

Commissioners Absent: Bill Cook, Kristy Tucker

County/Contracted Staff (in-person or by Teleconference): Jay Hemphill, Jessica McGill, Kristy Pierson, Gary Sanderson, Sharon Sousa, Heidi Clements, Che Shannon, Melody Almond and Mae Morrow from SmithWaters Patients' Rights

County Counsel: N/A

Public in Attendance (in-person or by Teleconference): Merle Rusky

**Pledge of Allegiance**

**Additions to or Deletions from the Agenda/Approval** – *For urgent items only.* Meghan moved, Vicki seconded to approve agenda. Motion carried.

**Public Comment** – N/A

**ACTION AGENDA**

**1. Behavioral Health Commission**

- a. Review and approve draft minutes of September 4, 2024
  - i. Valerie moved to approve the minutes and Kevin seconded. Motion carried.
- b. Discuss and recommend new Commission members – Valerie moved to approve Merle Rusky to be on Commission as of January 2025 and Vicki seconded. Motion carried. This will need to be forwarded to BoS by end of year.

**2. Informational Announcements & Reports**

- a. Commissioners Reports and Announcements
  - i. Kendrah needs to finalize Data Notebook – will bring back in an upcoming month for approval to go to BoS.
- b. Presentation by PCBH contracted providers (Melody Almond) – SmithWaters Patients' Rights Advocates (written report available as pdf)
  - i. SmithWaters (SW) provides full advocacy to clients, and educational services to PCBH staff; they provide 5150 advocacy services; they serve 19 counties in CA, contract with CA state office of Patients' Rights; represent express interests of client (which may be contrary to client's true best interests); keep apprised of new laws
    1. CARE Act – Dec. 1, 2024 re: judicial system

2. AB 2275 – Jan. 1, 2023 – LPS – involuntary hold start time (at point of detainment) – issue of stacked 5150 holds – due process hearing must be held after 72 hours; there have been 6 AB 2275 holdings in Plumas County since implementation; lack of available bed space in treatment facilities is an issue
3. Prop 1 – realigned funding for housing (small counties' needs have been overlooked in this process)
4. SB 43 – effective Jan. 1, 2024 – redefines “grave disability” – PC has opted for delayed implementation until Jan. 2026 (will affect law enforcement, esp. with substance abuse); SmithWaters meets with other advocacy groups to improve laws
5. In Plumas Co. 37 client contacts in last fiscal year – predominate issue was housing (83%) esp. evictions, followed by financial (12%) e.g. SSI benefits. 22 community contacts – re: SW role in community; community education event held for 5150's.
6. Merle asked about how clients/community find out about SW services. Kendrah asked about signage in Wellness Centers and Jails – SW does provide brochures, business cards, signs, etc. (can this be done in jails?).

c. Housing projects/plans for BH clients – Merle followed-up with Lisa Beck and Che Shannon and drafted a letter to BoS (sent by email); they discussed possible properties, they do not recommend a building with 60 clients, they feel a 32-bed complex (10 beds SMI) is only option, possible properties: Bell Lane house (owned by county), Orchard House property (owned by county/zone commercial), CHP office by Safeway (not sure if owned by county or state), Harlem House (commercial/residential); are the BoS on board with this type of housing? Kevin suggested that a couple members of BoS meet with Merle and others to discuss how to present to full BoS. Sharon added that she reached out to RCHDC.

### **3. Behavioral Health Department**

- a. Director's Report (Sharon Sousa)
  - i. October 23<sup>rd</sup> – 31<sup>st</sup> is red ribbon week – just say no to drugs, anti-bullying, increase self-esteem for younger kids; they have all donated items (lollipops, stickers, pencils) for Safe trick-or-treat, and mental health awareness T-shirts for staff
  - ii. September – one child under 12 placed on a hold; shortage of hospitals for children; SmithWaters is hoping for more building of acute care hospitals (will take more than 2 years)
  - iii. Re: EMTs providing services on-call between 10 pm and 8 am; offered \$2,000 per incident up to \$10,000 per year. Seneca and Eastern Plumas HC said no. JoDee Read of PDH is willing to discuss. 5150 MOU is being held up because of this. (Law will be changing in 2026.)
- b. Quality Assurance Improvement (Jessica McGill)
  - i. DHCS Correspondence – BHINs, etc.
    1. Network Adequacy Certification Tool report – conditional pass (need 2.5 FTEs clinicians for adults, 3 FTEs for children), must make a plan of action; 2 non-medication services were out of compliance – corrective action plan developed

2. BHIN 24-Draft – LPS Data – re: who reports this data (director vs. Jessica)
3. PIPs – unchanged (PIP committee on hold due to upcoming state changes)
4. DHCS – all MH CAPS currently resolved – audit will be Spring 2025.

- ii. Access and Utilization for September
  1. 241 open charts, 181 unduplicated clients, 75% penetration rate
  2. 61 youth; 120 adults
  3. New Intakes: 31
  4. Crisis Services: 40 (staff are documenting this more)
  5. Psych Placements: no data available
- iii. Grievances – 3 privacy investigations (all resolved as incidents vs. breach), training was provided.
- iv. Next QIC Nov. 21<sup>st</sup>

- c. MHSA Report (Kristy Pierson) – September was suicide prevention month, handed out over 250 kits for students, resolution for annual update goes to BoS next Tuesday, Prop 1 – continuing to receive updates.
- d. Che Shannon on Commission Stipends – Che is Management Analyst, pays bills for commission, MHSA budget for internet reimbursement of \$60 (must provide receipt), direct questions to Che re: reimbursement, repayment takes at least 30 days.
- e. BH Commission Information and Improvement – N/A

**Public Comment** – Merle asked Jessica if her QIC report could state how many people are deferred from sentencing and if anyone is tracking successes. Sharon said she can ask Matt (provider of jail services) for this information (it's under AB 1810). Jessica said that after CAL-AIM is finalized she'll have access to more related information.

**Adjourned as BH Commission and convened as AOD commission.**

### **Alcohol and Other Drug Advisory Board**

1. Action Agenda – None.
2. Informational Announcements & Reports
  - a. AOD Report (Gary Sanderson) –
    - i. Getting technical assistance for block grant
    - ii. Completed timely access data tool for CA (Feb. – April 2024) – met state standard of 80% timely access
    - iii. PC1000 Drug Education provider – AJ Novak group (online) – probation can track attendance in this program
    - iv. County-to-county agreement with Butte Co. in process for DUI services
    - v. Corrective action responses due to CA for last audit – in process
    - vi. AODA certification application returned with deficiencies to be addressed
    - vii. BoS approved 3 contracts for AOD department – e.g. Granite Wellness Residential Contract (peri-natal MediCal reimbursement).
  - b. Quality Assurance Improvement
    - i. DHCS correspondence – (now meeting every other month)
      1. None
    - ii. PIPs – unchanged
    - iii. Access and Utilization for September

1. 45 SUD charts open, 28 unduplicated clients, 62% penetration rate, most services are group services
2. 2 youth, 26 adults
3. New intakes: 9
4. 1 residential placement (has transitioned out)
5. 0 grievances regarding Access

**Public Comment** – N/A

**Adjournment**

Meeting adjourned by Kevin @ 2:11 pm.

Next meeting: **November 6, 2024, Courthouse: Supervisors' Board Room**, 1 pm to 3 pm.

Respectfully submitted, Kendrah Fredricksen,

Secretary, Plumas County Behavioral Health Commission