

Plumas County Behavioral Health Commission Meeting
8/7/2024 1 pm Plumas County Board of Supervisors' Room, Quincy, CA
Approved at 9/4/24 meeting

STANDING ORDERS

Call to Order / Roll Call

Call to Order: Valerie called the meeting to order at 1:06 pm.

Roll Call/Attendance:

Commissioners: Vicki Chestnut, Bill Cook, Kendrah Fredricksen, Megan McCrorey, Valerie Sheldon, (quorum established)

Commissioners Absent: Kevin Goss, Kristy Tucker

County/Contracted Staff (in-person or by Teleconference): Jay Hemphill, Jessica McGill, Kristy Pierson, Gary Sanderson, Sharon Sousa

County Counsel: N/A

Public in Attendance (in-person or by Teleconference): Manuel Fletes Medina of CalBHBC (via Teleconference)

Pledge of Allegiance

Additions to or Deletions from the Agenda/Approval – *For urgent items only.* Megan moved, Valerie seconded to approve agenda. Motion carried.

Public Comment – N/A

ACTION AGENDA

1. Behavioral Health Commission

- a. Review and approve draft minutes of July 3, 2024
 - i. Bill moved to approve the minutes and Valerie seconded. Motion carried.
- b. Discuss and recommend new Commission members – no applications. Current openings are for an educational representative and a student. Other openings will be available at the end of terms in December 2024.
- c. Public hearing on Draft MHSAA Annual Update (led by Kristy Pierson) – The 30-day public hearing period ends today. Kristy walked us through responses to comments/questions submitted to her during the 30-day public hearing period (see handout.) Bill moved to recommend the MHSAA Annual Update to the Board of Supervisors. Valerie seconded. Motion carried.

2. Informational Announcements & Reports

- a. Commissioners Reports and Announcements
 - i. Chair (Kevin Goss) – N/A
 - ii. Secretary's Report (Kendrah) – N/A
 - iii. Others – N/A
- b. Presentation by PCBH contracted providers – N/A

c. Discuss “Lack of crisis van service (mobile crisis unit)” – Sharon responded that this is a federal mandate that had no funding attached to it. Sharon previously contacted an expert in the field from Alpine County (and previously Trinity County). The State recommended that PCBH contact local hospitals and their EMT providers for this service. Two staff members would be required to go out to homes or other locations 24/7 as needed. There are 10 mandatory training courses (providers must be certified). Megan said this service would reduce ER admits and law enforcement involvement. Megan recommends that Sharon reach out to the local hospitals and ask them to get training for their EMTs to provide this service. Sharon will reach out to the hospital CEOs regarding this.

3. Behavioral Health Department

- a. Director’s Report (Sharon Sousa)
 - i. Medicare application updated, signed and resent
 - ii. Staffing – we have 2 drivers (both very busy)
 - iii. New practicum student – Malia Armitage started last week
 - iv. Paige Connell has given notice (going to PDH Senior Solutions)
 - v. Existing staff are weary from on-call rotation
 - vi. “Growing our own” is not working – last 3 interns have left
 - vii. One CM resigned for personal reasons (not filling that position)
 - viii. 5 adults in long-term facilities (1 person moved out of state)
 - ix. 1 long-term resident moved back in county and is under FSP program with EA
 - x. Contracted with new low-level care facility but they don’t do day passes (client had to be moved to higher level of care to get this)
 - xi. One more client moved back into county in independent housing
 - xii. BH did go into emergency shelters to help due to Gold Complex Fire
- b. Quality Assurance Improvement (Jessica McGill)
 - i. DHCS Correspondence – BHINs, etc.
 1. 24-027 MHBG Annual Program Review (will conduct audit)
 2. 24-028 MHSAA Annual Program Review (will conduct audit)
 3. 24-029 Prudent Reserve Funding Levels
 4. 24 – Draft – Integrated BH Member Handbook Requirements and Templates
 5. 24 – Draft – Model care coordination plan – AB 2242 (LPS Act changes)
 6. PIPs – unchanged (quarterly meetings)
 7. All DHCS CAPS currently resolved
 8. EQRO – final report received (now posted on PCBH website)
 - a. Strengths – prioritize timely access, weekly follow-up, comprehensive level of care tool, strong partnerships with other agencies, less than 1% MediCal claim denial rate, culture factors considered
 - b. Opportunities – medication monitoring protocol (done), need to track foster care data (working on this), implement clinical PIP, no peer positions, fiscal constraints, timeliness in reporting (new EHR program), FUM – no referrals
 - ii. Access and Utilization for July
 1. 241 open charts, 123 unduplicated clients, 51% penetration rate
 2. 49 youth; 74 adults
 3. New Intakes: 20
 4. Crisis Services: 13
 5. Psych Placements: 2

- iii. Grievances –
 - 1. 2 2nd opinion requests
 - 2. 1 beneficiary rights
 - 3. 1 provider behavior concern
 - 4. 2 Quality of care concerns
- c. BH Commission Information and Improvement – N/A

Public Comment – N/A

Adjourned as BH Commission and convened as AOD commission.

Alcohol and Other Drug Advisory Board

- 1. Action Agenda – None.
- 2. Informational Announcements & Reports
 - a. AOD Report (Gary Sanderson) –
 - i. Received Substance Abuse block grant with changes requested – working on this
 - ii. Working on corrective action plan for Sub-G block grant
 - iii. Drug MediCal issues have been resolved
 - iv. Attended Substance Abuse Prevention & Treatment conference in Sacramento (2-days) – gives most up-to-date information regarding changes
 - v. Meets with DHCS monthly
 - b. Quality Assurance Improvement
 - i. DHCS correspondence –
 - 1. 24-026 Drug MediCal Organized Delivery Systems Survey – DNA
 - ii. PIPs – FUA (still no referrals) and POD in process (going well)
 - iii. Access and Utilization for July – N/A
 - 1. 47 SUD charts open, 35 unduplicated clients, 74% penetration rate
 - 2. 2 youth, 33 adults
 - 3. New intakes: 13
 - 4. 1 residential placement
 - 5. No open grievances

Public Comment – N/A

Adjournment

Meeting adjourned by Valerie @ 2:10 pm.

Next meeting: **September 4, 2024, Courthouse: Supervisors' Board Room**, 1 pm to 3 pm.

Respectfully submitted, Kendrah Fredricksen,

Secretary, Plumas County Behavioral Health Commission