

Plumas County Behavioral Health Commission Meeting
6/5/2024 1 pm Plumas County Board of Supervisors' Room, Quincy, CA
Approved at 7/3/2024 meeting.

STANDING ORDERS

Call to Order / Roll Call

Call to Order: Kevin called the meeting to order at 1:00 pm.

Roll Call/Attendance:

Commissioners: Vicki Chestnut, Bill Cook, Kendrah Fredricksen, Kevin Goss, Megan McCrorey, Valerie Sheldon, Kristy Tucker (quorum established)

Commissioners Absent: none

County/Contracted Staff (in-person or by Teleconference): Jay Hemphill, Jessica McGill, Gary Sanderson, Kathleen Schwartz, Sharon Sousa, Heidi White

County Counsel: Sara James

Public in Attendance (in-person or by Teleconference): Merle Rusky, Rhonda Wayson

Pledge of Allegiance

Additions to or Deletions from the Agenda/Approval – *For urgent items only.* Kendrah moved, Kristy seconded to approve. Motion carried.

Public Comment – N/A

ACTION AGENDA

1. Behavioral Health Commission

- a. Review and approve draft minutes of May 1, 2024
 - i. Bill moved to approve the minutes and Kristy seconded. Motion carried.
- b. Discuss and recommend new Commission members – no applications. Current openings are for an educational representative and a student. Other openings will be available at the end of terms in December 2024.

2. Informational Announcements & Reports

- a. Commissioners Reports and Announcements
 - i. Chair (Kevin Goss) – N/A
 - ii. Secretary's Report (Kendrah) – Attended MH workgroup led by PRS and the Quarterly Quality Improvement and Compliance meeting led by PCBH
 - iii. Others – Bill attended the MH awareness program in Lassen (Herlong)
- b. Presentation by PCBH contracted providers – N/A

3. Behavioral Health Department

- a. Director's Report (Sharon Sousa)
 - i. Medicare application – received questions back, forwarded to Treasurer for response
 - ii. Staffing – offered one person a part-time position at front desk of Quincy Wellness Center and hired Admin. Assist.; still need a driver

- iii. HR – 2 positions for SUD counselors – required by state mandate (they have a person on staff that meets requirements)
- iv. BH therapist – language in job description needs to be cleaned up (hard to find folks with MH and SUD experience) – some positions need to wait until Jan. 2025 for wording to be fixed
- v. Budget concerns – using Credible for CalAIMS – April’s billing was low due to staff not documenting direct services – setting expectation at 50% billable time – staff is busy doing many tasks which are not billable
- vi. Mobile crisis unit plan – accepted by the state – will start June 30th, need to meet with partners to do agreements
- vii. Switching after-hours provider – from Amwell to Jackson & Coker – all 3 hospitals should be on board. Need to update MOU with Sheriff’s office, CHP, hospitals and BH
- viii. Per Judge Prouty – Care Court will not be implemented until December 1st
- ix. Working on housing for long-term clients
- x. Due to Prop 1 – BH Connect (the plan to change Wellness Centers to Club Houses will not work), need folks to volunteer but licensed people need to staff (and there is no funding)
- xi. Complaint filed by a parent to the state on a 5150 hold – SmithWaters investigated and discussed with Eastern Plumas – finding: in ER, client was given paper gown (not clothes) – clients should be left in street clothes when possible; issue of them not being allowed to have their cell phone (but must be given reasonable access to a phone); must be given 1 hour of “recreational activities” every 24 hours; personal belongings must be given to patient (as long as they are not harmful); if a bed cannot be found and they are on 2nd 5150 hold, a hearing must be held – client has the right to challenge this (writ of habeas corpus). Megan suggested this process be added to the updated MOUs.

b. Quality Assurance Improvement (Jessica McGill)

- i. DHCS Correspondence – BHINs, etc.
 - 1. 24-018 MHSA county population study = 18,841 in Plumas
 - 2. 24-019 BH Connect project – Plumas Co. will not join this project (beyond our capability with current staffing)
 - 3. 24-020 certification requirements for County Mental Health plans – standard renewal for next year
 - 4. PIPs – forming new committees now – let Jessica McGill know if interested in participating
 - 5. DHCS – No current correction action plans
 - 6. 1 open NACT CAP due to submission errors – correct in review
 - 7. EQRO – draft report received and final report submitted
- ii. Access and Utilization for May
 - 1. 251 open charts, 99.6% penetration rate
 - 2. 83 youth; 165 adults
 - 3. New Intakes – 34 in May, 24 in April
 - 4. Crisis Services – 15 in May, 8 in April
 - 5. Psych placements – 6 in May, 4 in April
- iii. Grievances –
 - 1. 1 change from telehealth (closed)
 - 2. 1 jail based staff conduct concern (closed)

3. 4 change of providers (2 closed, 2 open)
4. 1 2nd opinion request (open)
5. 1 beneficiary rights (open)
- c. MHSA report (Kristy Pierson) – (No report, Kristy not available)
- d. Behavioral Health Commission Information and Improvement – N/A

Public Comment – Merle Rusky – question of 5150 and court involvement – can BH request a psych evaluation on person involved? Can medication be court ordered for those in jail? Discussed briefly, more answers to come.

Adjourned as BH Commission and Convened as AODA Commission.

Alcohol and Other Drug Advisory Board

1. **Action Agenda** – None.
2. **Informational Announcements & Reports**
 - a. AOD Report (Gary Sanderson) – It has been very busy.
 - i. Completed mandatory AOD certification application – awaiting state response
 - ii. RFP for DUI program (now that ReThink has closed) – state requires brick & mortar building in the county being served; Butte County – Prevention Education – to provide virtual services for now
 - iii. PC1000 – drug education program for DEJ diversion program (hoping Probation can help with RFP on this – they have a local agency in mind)
 - iv. Yearly monitoring mostly done – involving AEGIS – state requirements are very cumbersome, so they are joining with other counties to do this
 - v. SUBG – block grant – only funding for SUD program which has been ongoing (2-year application) – anticipate making this deadline (6/7/24)
 - vi. Contracting time – annual contract renewals – pre-award risk assessment – must have corrective action plans
 - b. Quality Assurance Improvement
 - i. DHCS correspondence – Holding monthly meetings now instead of biweekly
 1. 24-011 LPS Act – gravely disabled definition – changes for conservatorship proceedings and data collection
 2. 24-012 DUI program with virtual settings
 3. PIPs (FUA and POP) – Jessica is tracking these
 - ii. Access and Utilization for May – N/A
 1. April data = 62 SUD charts open, 3 youth, 54 adults, no open grievances

Public Comment – N/A

Adjournment

Meeting adjourned by Kevin @ 1:38 pm.

Next meeting: **July 3, 2024, Courthouse: Supervisors' Board Room, 1 pm to 3 pm.**

Respectfully submitted, Kendrah Fredricksen,

Secretary, Plumas County Behavioral Health Commission