

Plumas County Behavioral Health Commission Meeting
2/7/2024 1 pm Plumas County Board of Supervisors' Room, Quincy, CA
Approved at 3/6/2024 meeting

STANDING ORDERS

Call to Order / Roll Call

- Call to Order: Kevin called the meeting to order at 1:05 pm.
- Roll Call/Attendance:
 - Commissioners: Kendrah Fredricksen, Kevin Goss, Valerie Sheldon, Kristy Tucker (quorum established)
 - Commissioners Absent: Ruthie Barrett (youth rep.), Vicki Chestnut was present by phone, but this does not meet requirements for attendance.
 - County/Contracted Staff (in-person or by Teleconference): Jacob Grigg, Jay Hemphill, Kristy Pierson, Sharon Sousa, Heidi White, Paige Connell (PCBH Case Manager), Sam Schopplein (SUD/AOD)
 - County Counsel: N/A
 - Public in Attendance (in-person or by Teleconference): Megan McCrorey (PDH RN), Ericka Thompson (PDH Senior Solutions), Rhonda Wayson (Plumas Charter School), Monica Potter (FRC)

Additions to or Deletions from the Agenda/Approval – *For urgent items only.* No changes.

Public Comment – Rhonda Wayson – Plumas Charter School – Community Resource Coordinator – will receive MHSA grant – to provide services in the school. They have one full-time BH specialist (serving Plumas Co. locations), John Seibel is a consultant, and they have a part-time therapist (Beth Grant). Looking for partnerships to integrate services into the schools.

ACTION AGENDA

1. Behavioral Health Commission

- A. Review and approve draft minutes of November 1, 2023 and December 6, 2023
 - i. Kristy moved and Valerie seconded to approve. Motion carried.
- B. Discuss and Recommend new Commission member to the Board of Supervisors
 - i. Application received from Megan McCrorey, RN at PDH – Application was read.
 - Kendrah moved and Kristy seconded to recommend Megan as a Commission member to Board of Supervisors. Motion carried.
- C. Review Commission member terms and recommend additional term (2024-2026) for the following members: Kevin Goss and Kristy Tucker.
 - i. Kendrah moved and Kristy seconded additional term. Motion carried.

2. Informational Announcements & Reports

- A. Commissioners Reports and Announcements –

- i. Secretary/Treasurer Report (Kendrah) – Still waiting for response from CPS/Social Services Director regarding Data Notebook for 2023.
- ii. Kendrah attended a 2-day online training with CALBHBC on 1/19-1/20/24 – she will type up notes and share with commissioners.
- iii. Kevin Goss reported that at Board of Supervisors, League of Women Voters attended with 3 students who wrote reports on “Social Media and How it Effects Teenagers.” He will see if they can attend our Commission meeting next month.

B. Patients’ Rights Advocate Report (SmithWaters Group) –

- i. Sharon read report from SmithWaters Group which provides services to PCBH clients (under contract) – title 9 advocacy services; expanding and evolving role, discuss issues with PCBH Admin. Staff, work with the State on new laws; AB 2275 effective 1/1/23 - conservatorship changes (re: holds), concerns with this new bill and how it should be implemented; SB 43 1/1/24 – redefines “greatly disabled” – delayed implementation for most counties (including Plumas).
 - Kendrah commented that we need numbers of clients, issues, etc. from SmithWaters on a quarterly basis.

3. Behavioral Health Department

A. Director’s Report (Sharon Sousa)

- i. New Group (Paige Connell, CM) – 6 years at PCBH (finishing MSW program) – collateral group for caregivers, friends, anyone involved in treatment of clients – educational and skills based: Feb. 28th 4 pm at Wellness Center: Supporting Our Loved Ones and Ourselves, March 27th – workshop (Mindfulness-based Stress Reduction)
- ii. Mobile Crisis Unit Training – staff is going through several modules, staff must read all policies & procedures
- iii. Rural Communities Housing Development Corp. (RCHDC) – not going forward with the new multi-unit apartment complex. RCHDC is interested in discussing housing for units with less client.
- iv. Budget being reviewed – we are down in Medi-Cal billing from therapists (due to lack of therapists), need to work on retaining current staff
- v. New position – SUD Counselor (they have a staff person who is certified) – need approval from BoS
- vi. Rewritten Continuum of Care Coordinator’s job description (no longer includes Sierra House) – works with out-of-county residents
- vii. If Prop 1 passes, PCBH has 3 years to develop a new 3-year plan
- viii. New brochure for Crisis Services is available

B. Quality Assurance Improvement –

- DHCS Correspondence – meet biweekly with liaison – last corrective action plan has been accepted.
 - i. 24-004 Quality Measures and Performance Improvement Requirements
 - ii. 24-006 Supersedes BHIN 23-035. Updated guidance for Medi-Cal initiative: Cal- AIM and BHQIP
 - iii. 24-007 Effective Communication – including alternative formats for individuals with disabilities (braille, audio, and data CD)

Access and Utilization for January 2024 – 317 open charts

Youth – 71 unduplicated

Adults – 155 unduplicated

New Intakes – Unavailable

Crisis Services – Unavailable

Psych placements – Unavailable

Grievances – 1 staff behavior concern, 1 QA grievance handling, 6 medication concerns, 1 privacy concern

C. MHSA report (Kristy Pierson) –

- i. 2023-2026 plan – working on annual update: June 30, 2024 (2024-25 update) – no changes due to upcoming reforms.
- ii. Reform changes will happen as soon as January 2025, funding sources will not go into effect until July 2026 – should be able to continue MHSA contracts for the next year, but unsure of the status of the contracts after that.
- iii. Prop 1 – small county opt-out – not defined yet; the percentage of funds allocated to housing, Plumas Co. is already spending; FSP portion must be separated (no opt out until 2032 for FSP)
 - Rhonda – Wellness Coaches – fee scale (to bill insurance or Medi-Cal)
- iv. MHSA Community Meetings – will happen after the vote in March – will be more educational (rather than stakeholder input).
- v. MHSA Quarterly Meetings along with Cultural Competency – March 14, June 13, and September 12, December 12, 2024 (link is on PCBH website)

D. Behavioral Health Commission Information and Improvement

- i. John Posch has resigned (as recording secretary). Letter from him was read. Will determine if this position needs to be filled or if PCBH Commission Secretary/Treasurer can cover this.
- ii. Ruthie Barrett has resigned as a Commissioner. Her email was read. We need to find a new student representative.

Public Comment – Rhonda asked if the students who wrote the essays could be invited to come to commission meetings. Kevin will check into this.

Adjourned as BH Commission and Convened as AODA Commission.

Alcohol and Other Drug Advisory Board

1. **Action Agenda** – None.

2. Informational Announcements & Reports –

A. AOD Report (Sam Schopplein for Gary Sanderson) –

- a. Working on Mandatory AOD certification
- b. Working on information request from DHCS for SUD audit
- c. Finalizing MOU for Primary Prevention with Public Health
- d. Added Outpatient Drug Free group – Thursdays
- e. AOD Admin. Is currently attending a statewide County meeting in Sacramento.
- f. AOD Admin. is exploring a screening tool for SUD to screen in/out individuals before (unordered) assessment.

Access and Utilization for January – Not available

1 patient in sober living environment

B. Quality Assurance Improvement – N/A

Public Comment – None.

Adjournment

Meeting adjourned by Kendrah @ 1:54 pm.

Next meeting: **March 6, 2024, Courthouse: Supervisors' Board Room**, 1 pm to 3 pm.

Respectfully submitted,

Kendrah Fredricksen,
Secretary, Plumas County Behavioral Health Commission