

Plumas County Behavioral Health Commission Meeting
9/6/2023 1 pm Plumas County Board of Supervisors' Room, Quincy, CA
Approved at 10/4/2023 meeting

STANDING ORDERS

Call to Order / Roll Call

- Call to Order: Kendrah Fredricksen called the meeting to order at 1:06 pm.
- Roll Call/Attendance:
 - Commissioners: Ruthie Barrett (youth rep.), Vicki Chestnut, Kendrah Fredricksen, Kristy Tucker (quorum established)
 - Commissioners Absent: Kevin Goss, Valerie Sheldon
 - County/Contracted Staff (in-person, phone or Zoom): Heidi Clement, Jay Hemphill, Jessica McGill, Kristy Pierson, John Posch, Gary Sanderson, Sharon Sousa, Ericka Thompson, Darin Wood
 - County Counsel: None present
- Public in Attendance: Bill Cook (PC Veterans Services), Rhonda Wayson (PC Public Schools), Denise Pyper (family member), Shane McDonald, Talitha Washburn (Charter School), Jennifer Ready, Merle Rusky, Megan McCrorey, RN

Additions to or Deletions from the Agenda/Approval – For urgent items only.

Vicki moved to approve agenda. Ruthie seconded. Motion carried.

Public Comment –

- Merle Rusky – spoke emotionally of tragedy a few months ago of her son with mental illness killing her husband. She feels her son did not receive adequate care from BH, Probation, and Sheriff's office. She felt this tragedy could have been prevented.
- John Posch also mentioned a person who he feels is a threat to society who needs help.
- Denise Pyper – attended 5150 training – she felt it lacked family perspective.
- Shane McDonald – spoke re: BH/Social services – money we receive from the State must be returned if not used. The Board of Supervisors needs to address how we can use such money to provide needed services.

ACTION AGENDA

1. **Behavioral Health Commission**
 - A. Review and approve draft minutes of August 2, 2023 – *Vicki moved, Ruthie seconded approval of minutes. Motion carried.*
2. **Informational Announcements & Reports**
 - A. Commissioners Reports and Announcements – Kendrah attended Zoom QA meeting, 5150 training by SmithWaters group. She felt the 5150 training was excellent.
 - B. Patients' Rights Advocate Report (SmithWaters Group) – No report. Reports will be quarterly.

C. Secretary/Treasurer Report (Kendrah) – None

3. Behavioral Health Department

A. Director's Report (Sharon Sousa) –

- i. SmithWaters has been invaluable with some recent placements and 5150s.
- ii. September is suicide prevention awareness month. Kristy has done much outreach. Colors are purple and teal – see pinwheels. Staff received T-shirts donated by a staff person.
- iii. SmithWaters did 5150 training today. Very informative.
- iv. MOU with Sheriff's office and hospitals are in process of being updated.
- v. MHSA 3-year plan will be presented by Kristy.
- vi. Board of Supervisors did resolution for PCBH to become drug Medi-Cal certified. They can now bill for SUD services.
- vii. Chester wellness center is back open on Thursdays and has a new site coordinator, Scott Wonacott.
- viii. Office hours in Greenville through PDH's clinic for therapy, telehealth, and telemedicine are all by appointment on Tuesdays and Thursdays.

B. Quality Assurance Improvement (Jessica McGill) – see separate report.

• DHCS Correspondence – new liaison, Mary

- i. 23-035 Updated guidance for CalAIM Quality Improvement program
- ii. 23-036 CalAIM health payment reform allocation
- iii. 23-037 Heat Advisory
- iv. 23-038 Regional rates for non-contract psych inpatient hospital rates 2023-24
- v. 23-040 see AOD report
- vi. 23-041 Network certification requirements for MHP and DMC-ODS plans
- vii. 23-042 see AOD report
- viii. 23-044 Audit protocol for SMHS, DMC-ODS, and DMC for 2023-24
- ix. 23-045 see AOD report
- x. 23 Draft W&I changes to LPS Act – provide input by Sept. 19, 2023

• Program Improvement Project –

FUA, FUM – Zero referrals so far.

- **CAL-AIM** – Submit IGT protocols. PIP write-up due Sept. 30th.

Access and Utilization for August – Credible program – still not able to pull reports yet.

Grivance – 1 open Quality of Care

C. MHSA report (Kristy Pierson) – Suicide prevention month – signs are up in town; ribbons & bracelets available. Shipping was delayed on additional supplies.

- i. MHSA 3-year draft plan – Table of Contents added. PCS – PBIS wording was updated. Veterans/Seniors – unserved (no Medi-Cal) and underserved (under MHSA). 30-Day public comment – could be written or oral (Kristy explained full process). Surveys are anonymous (people could self-identify, family members considered to have “lived experience”). MHSA quarterly meetings started in December 2022, 12-15-22, 3-16-23, 6-15-23, and 9-21-23 at 10 am. Dates are posted on website – open to public. Bylaws and demographics of Commission questioned. Commission members are expected to read the entire document. Age for seniors (60 or 65?) – these reports are generated from different agencies. Services – county jail expansion – state requirement. Bundle rates – still in process. Tai Chai – under wellness centers (PEI). Spanish Creek Motel no longer on table - \$800,000 is still allocated for housing. Relias – learning modules – would like to have this expanded for families. Using templates for estimated

subaccount. PCBH Wellness Centers – was hoping for another center in Greenville. Commission budget - \$4,000. Patients' Rights Advocate – not paid from Commission budget, but out of BH wages. Plumas Arts – possible contract for family/youth activities (hoping to develop a contract). WET partnership – PCBH can allocate enough without contributing to WET.

- ii. Denise stated that Care Court was not mentioned in the plan. Kristy said reform is in process and the plan can be updated when changes are needed. Sharon said the housing for Care Court may come out of MHSA housing funds. (Care Court comes out of Laura's Law, but they still cannot force people to take meds.) Denise stressed the need for a Continuum of Care because there is a gap in services. We need some kind of Assisted Outpatient Treatment (AOT) services in Plumas County. Darin responded to AOT concerns – this is being done by EA in Humboldt County. Must be supported by the courts. They are still in the learning process for mandated treatment. Denise said that people cannot get into the FSP program then they are missing out.
- iii. Jennifer Ready asked about suicide calls. Does the sheriff's department respond? No. 988 – is state crisis #. We also have a local crisis line.
- iv. Denise re: Annual updates – pg. 116 (question of dates). Kudos to staff who worked daily during Dixie fires. Pg. 122 – plans must be developed with input from stakeholders. Kristy is still catching up on reports due to lack of MHSA position being filled before her. She also stressed the need for education for families. Family/caregiver support is needed. Typo on pg. 176 regarding year for pit count will be fixed.

D. Action Item: Recommendation of MHSA 3-year draft plan to be forwarded to PC Board of Supervisors for final approval with correction of typo on pg. 176. –Kendrah moved to forward the MHSA 3-year draft plan to the Board of Supervisors. Kristy seconded. Motion carried.

E. Behavioral Health Commission Information and Improvement – None.

Public Comment – None

Adjourned as BH Commission and Convened as AODA Commission.

Alcohol and Other Drug Advisory Board

- 1. **Action Agenda** – None.
- 2. **Informational Announcements & Reports –**
 - A. **AOD Report (Gary Sanderson)** – meeting weekly with Jessica & DHCS to address outstanding issues. Still working on 2021-22 findings. Also working on 2020-21 DMCS cap. Requested 30-day extension for 2022-23. Participated in Quality Improvement meeting.
 - a. BHIN 23-040 Updating guidance – DNA; when billing does start, they are hoping for contingency management services (via grant funding).
 - b. 23-042 County Drug Medi-Cal organized delivery system – specific to ODS counties (DNA)
 - c. 23-045 CA Ethical treatment of persons with SUD – review in process
 - d. Access & Utilization reports are suspended due to new Credible System. Hoping for reports in December.
 - e. POD – clients maintaining 180+ day MAT services – have started administering questionnaires to improve client services. No current grievances.

f. Jessica and Gary will participate in statewide BH/AOD committee.

B. **Quality Assurance Improvement (June 2023)** – see 2.d. above.

Public Comment – None.

Adjournment

Meeting adjourned by Kendrah at 2:42 pm.

Next meeting: **October 4, 2023, Courthouse: Supervisors' Board Room**, 1 pm to 3 pm.

Respectfully submitted,

Kendrah Fredricksen,
Secretary, Plumas County Behavioral Health Commission