

Plumas County Behavioral Health Commission Meeting
8/2/2023 1 pm Plumas County Board of Supervisors' Room, Quincy, CA
Approved at September 18, 2023 meeting

STANDING ORDERS

Call to Order / Roll Call

- Call to Order: Kevin Goss called the meeting to order at 1:02 pm.
- Roll Call/Attendance:
 - Commissioners: Vicki Chestnut, Kendrah Fredricksen, Kevin Goss, Valerie Sheldon, Kristy Tucker (quorum established)
 - Commissioners Absent: Ruthie Barrett
 - County Staff (in-person, phone or Zoom): Roddy Mac, Heidi Clements, Jessica McGill, Jay Hemphill, Kristy Pierson, John Posch, Gary Sanderson, Sam Schopplein, Sharon Sousa
 - County Counsel: Josh Brechtel
- Public in Attendance: Jenn Badger, RN (FNRC); Frank and Bill SmithWaters, Megan McCrorey, RN (PDH); Lindsey Shaw

Additions to or Deletions from the Agenda/Approval – For urgent items only.

Public Comment – Valerie did not get her last \$50 stipend in a timely manner for serving on Commission. (Kevin said he would investigate this.) Roddy Mac – Would like an update on grant for mentally ill housing. (Sharon will address during her report.)

ACTION AGENDA

1. **Behavioral Health Commission**
 - A. Review and approve draft minutes of July 5, 2023 – *Kristy Tucker moved, Valerie Sheldon seconded approval of minutes. Motion carried.*
2. **Informational Announcements & Reports**
 - A. Commissioners Reports and Announcements – None
 - B. Patients' Rights Advocate Report (SmithWaters Group) – Frank and Bill SmithWaters were in attendance. Contact info: 3666 I Street, Sacramento, CA 95816, (800) 970-5816, info@smithwatersgroup.com. The SmithWaters group is now the Title 9 patients' rights advocates for Plumas (and 13 other counties). They help ensure that folks with mental health are receiving the same rights as everyone else in the country. This will be an outpatient service for Plumas County. They also do tech support to county staff. Frank and Bill intend to be in the county at least once per month. They would serve those being held in the ER on 5150 holds.

For Plumas, they have been consulting regarding a client who has been in the hospital here for a very long time. He has now been placed in a long-term care facility. They have had a few client calls but nothing serious at this point. There are certain things the law requires them to do and other things they cannot do (e.g. medical care). All their

employees (14 staff) have personally experienced mental illness. They do a lot of mediation for clients with doctors, etc. They will leave business cards at this meeting to hand out.

C. Secretary/Treasurer Report (Kendrah) – None

3. **Behavioral Health Department**

A. Director's Report (Sharon Sousa) –

- i. The 3-year draft MHSA proposal is out for review and a 30-day public comment period begins after approved by this commission today (see 3.D. below).
- ii. Care Court – community assistance recovery and empowerment; must start by Oct. 2024. Sharon would like to get started by July 2024 so they have time to work out issues. This is regarding Laura's Law (e.g. for homeless folks on the street); criteria for Care-court is serious mental illness (Laura's Law no longer requires mandated medication). PCBH has to make sure they are housed. Care court partners include law enforcement and county counsel. The local courts are getting training on this. Josh said anyone (e.g. parent) can start the process of getting a person into this program.
- iii. A 5150 training will be offered to the community partners in September (by SmithWaters).
- iv. 32-unit housing unit for mentally ill update: This is going forward slowly; there is a drainage issue on property. Owners of property have agreed to hold the property. Sharon would like the contracting agency to do a presentation to the Board of Supervisors in September. Probation has expressed an interest in housing some of their clients there. Sierra County will now only be using 3 units in this facility. The property will be staffed 24/7. The Spanish Creek Motel was originally considered by is no longer available. Rod brought up many concerns about how this type of housing (with a concentration of mentally ill/criminals) may have issues which local law enforcement will not be able to handle.
- v. Sharon is now the actual Director of Behavioral Health (no longer interim).
- vi. Greenville Wellness Center – property owner has not been available. They may not have the financial ability to open a Wellness Center separate from the PDH clinic in Greenville.

B. Quality Assurance Improvement (Jessica McGill) – see separate report.

• DHCS Correspondence

- i. 23-030 Specialty MH services
- ii. 23-031 BHIS (Information Systems) – FAST tool
- iii. 23-032 Interoperability and Patient Access (Patient Portal) – phase 2
- iv. 23-033 Excessive heat warning (now over)
- v. 23-034 Instructions for reporting rates for inpatient psych hospital services
- vi. DRAFT: BHIN Annual Update – templates are changing
- vii. DRAFT: County Drug Medi-Cal reporting – provider network data tracking
- viii. DRAFT: Admin and Utilization review – reimbursement under payment reform
- ix. DRAFT: Emergency Services and Specialty MH services

• **Program Improvement Project** – PDH will start using referral tool, but they are having difficulty finding a patient who is willing to have a referral made to BH.

FUA, FUM, POD – must find ways to improve; met with Medical Director and psych nurse – 180+ days of MAT services. Screening tool to define barriers; following up by treatment plan.

- **CAL-AIM** – September deadline to submit IGT protocols.

Access and Utilization for July – They are now in new system (Credible). Will have more info available next month. 329 open charts (increase of 17% over previous month). No grievances.

C. **MHSA report (Kristy Pierson)** – Now available: MHSA 3-year plan (has last 2 years of annual updates). This gets us up-to-date where we need to be. We would need to expand housing for those with MH if the MHSA reform passes in March 2024 (65% of funds directed toward this). See this link for draft plan:

<https://www.plumascounty.us/ArchiveCenter/ViewFile/Item/17803>. Kendrah suggested that an index be added.

D. **Action Item: Approval of 30-day public comment on MHSA 3-year draft plan** – *Kendrah moved to open the public comment period on the MHSA 3-year draft plan. Vicki seconded. Motion carried.*

E. **Behavioral Health Commission Information and Improvement** – None.

Public Comment – Lindsey Shaw on Zoom (will contact Kristy and Sharon).

Adjourned as BH Commission and Convened as AODA Commission.

Alcohol and Other Drug Advisory Board

1. **Action Agenda** – None.

2. **Informational Announcements & Reports** –

A. **AOD Report (Gary Sanderson)** – 2 DRAFT BHIN – MAT service requirements at treatment facilities, and network certification requirements for MH plans – Drug Medi-Cal delivery systems. Email feedback to naos@dhcs.ca.gov by August 7, 2023.

Gary and Jessica will meet with Public Health for services through the school systems (for teens). Desire is to connect to youth for early prevention services.

Compliance reports submitted on residential treatment facilities; worked with other counties to submit monitoring report.

Access & Utilization: 24 outpatient SUD charts, 37% decline from previous month. One grievance received but then rescinded.

B. **Quality Assurance Improvement (June 2023)** – 24 outpatient charts (decline from July). 1 grievance, but it was later rescinded.

Public Comment – None.

Adjournment

Meeting adjourned by Kevin Goss at 1:59 pm.

Next meeting: **September 6, 2023, Courthouse: Supervisors' Board Room**, 1 pm to 3 pm.

Respectfully submitted,

Kendrah Fredricksen,
Secretary, Plumas County Behavioral Health Commission