

**Plumas County Behavioral Health Commission Meeting**  
**7/5/2023 1 pm Plumas County Board of Supervisors' Room, Quincy, CA**  
**DRAFT**

**STANDING ORDERS**

**Call to Order / Roll Call**

- Call to Order: Kevin Goss called the meeting to order at 1:02 pm.
- Roll Call/Attendance:
  - Commissioners: Ruthie Barrett (student), Vicki Chestnut, Kendrah Fredricksen, Kevin Goss, Valerie Sheldon, Kristy Tucker (quorum established)
  - Commissioners Absent: None
  - County Staff (in-person, phone or Zoom): Heidi Clements, Jessica McGill, Kristy Pierson, John Posch, Gary Sanderson, Sam Schopplein, Sharon Sousa
  - County Counsel: Josh Brechtel
  - Public in Attendance: Shane McDonald, Tristan Kavish (EA), Megan McCrorey, RN (PDH)

**Additions to or Deletions from the Agenda/Approval – For urgent items only.**

**Public Comment – None**

**ACTION AGENDA**

1. **Behavioral Health Commission**
  - A. Review and approve draft minutes of June 7, 2023 – Valerie Sheldon moved, Kristy Tucker seconded approval of minutes. Motion carried.
2. **Informational Announcements & Reports**
  - A. Commissioners Reports and Announcements – None
  - B. Patients' Rights Advocate Report (SmithWaters Group) – Not Available
  - C. Secretary/Treasurer Report (Kendrah) – None
3. **Behavioral Health Department**
  - A. **Director's Report (Sharon Sousa)** –
    - BH is pleased with SmithWaters Group – very helpful already. They have two new telehealth therapists. Tessa Sale – working with chart audits; Caylan Bakkie – working on QI evaluations (e.g. minors in STRTPs). Caylan will also see adult clients placed out of county, including attending court dates with them.
    - Staffing shortages are weighing on the department. No interviews for therapists in over 2 years. Telehealth does not do on-call or crisis calls.
    - Jay (IT) is out on medical leave, right when the new Electronic Health Record system (EHR) is coming online. Sam and Jessica have been helping train staff. Kingsview did initial training but cannot do additional support.

- In summer, staff request more time-off. Other staff are filling in as possible, but it is a hardship.
- Chester Wellness Center – the back building is no longer accessible to PCBH (must separate electric meter). They have only 1 part-time desk person, and 1 therapist (one staff recently quit).
- The contract with EA for transitional housing has gone through. (PRS had ended previous contract.) Need to get electric switched over before they can get up and running.
- July started a new fiscal year. Kyle presented budget to committee and board. Che is working on contracts.
- Waiting to see if governor's MHSA plan goes through. Asking voters to vote no on governor's reform, as this will have a negative impact on our county.
- Greenville clinic hours are at PDH clinic. Still seeking a site for Wellness Center.

**B. Quality Assurance Improvement (Jessica McGill) – see separate report.**

- DHCS Correspondence
  - i. 23-025 Medi-Cal Mobile Crisis Services – we are unable to supply attestation letter at this time.
  - ii. 23-026 County BH Intergovernmental Transfers – needs policy to be approved.
  - iii. 23-027 Statewide High Heat Advisory – June 30<sup>th</sup> – July 2<sup>nd</sup> (Not Plumas)
  - iv. 23-029 Fiscal Year 2021-22 Cost Report policy – no templates available.
  - v. Draft notices – provide feedback by July 10<sup>th</sup> re:
    - BH Info System (BHIS) Functional Assessment Screening Tools (FAST)
    - BH Audit for Special MH Services, Drug Medi-Cal Delivery System, and Drug Medi-Cal Counties.
- Program Improvement Project (FUA, FUM, POD) – Met with PDH and agreed to a referral system for non-emergency contacts. Met with Medical Director and staff leaders to determine how to get around barriers long-term. Hope that state accepts this as PIP.
- Cal-AIM Intergovernmental Transfer (IGT) Protocols – expecting an extension.
- CALMHSAs cut individual support and refunded purchased TA hours.
- Access & Utilization for June 2023
  - i. 280 open charts, increased penetration rate of 92% (great job!)
  - ii. The decrease of open charts (307 last month) is due to old charts being closed out when they moved to new HER info system.
  - iii. Youth = 110 unduplicated; Adult = 147 unduplicated, New Intakes = 26, Crisis Services = 14, Psych placements = 6, Long-term placements = 6

**C. MHSA report (Kristy Pierson) – MHSA reform is now a bill: SB-326 and AB 531.**

This will be on the March 2024 ballot. This bill will negatively affect our funding.

- i. New 3-year plan draft is in process. She is in conversation with agencies under contract.
- ii. Kristy would like to call a special meeting of the Commission when the draft is finalized, if before the next scheduled Commission meeting. A 72-hour notice of this special meeting will be given.

**D. EQRO Report (Jessica McGill) – see separate report.**

- i. Annually update QI plan – has been submitted to state (but late to EQRO).
  - In August there will be a meeting to discuss this further.
  - Revealing current QI plan and renewing for upcoming year.
- ii. Medication monitoring tool – carry-over from previous year. Psych nurse has developed a tool to track. This is specific to youth; the state did not provide a

template or support. They will check with other counties to see how they are doing this.

- iii. They must track Foster Care data.
- iv. Working on 2 active PIPs (Program Improvement Projects); one must be clinical and one administrative. The needs for these projects must be identified by beneficiaries. They are trying to get a PIP committee scheduled.

**E. Behavioral Health Commission Information and Improvement** – None.

**Public Comment** – None.

Adjourned as BH Commission and Convened as AODA Commission.

**Alcohol and Other Drug Advisory Board**

- 1. **Action Agenda** – None.

- 2. **Informational Announcements & Reports** –

- A. **AOD Report (Gary Sanderson)** – It was a busy month. He started going back through requests for services. They are working on a timely action tool. He did all site visits (e.g. treatment centers, etc.). He spoke with primary prevention folks at Public Health. They need to identify youth needing prevention. Re: grant monitoring tool – a site visit was done with 3 other counties. They are still working on the drug Medi-Cal application but hope to finalize this soon.

- B. **Quality Assurance Improvement (June 2023)** –

- a. 38 outpatient charts open; youth = 7 unduplicated charts, adults = 32 unduplicated charts. 26 Intakes (up from 17 in May). 1.5 residential placements. No grievances.

**Public Comment** – None.

**Adjournment**

Meeting adjourned by Kevin Goss at 1:33 pm.

Next meeting: **August 2, 2023, Courthouse: Supervisors' Board Room**, from 1 pm to 3 pm.

Respectfully submitted,

Kendrah Fredricksen,  
Secretary, Plumas County Behavioral Health Commission