

**Plumas County Behavioral Health Commission Meeting**  
**1/4/2023 1 pm Plumas County Board of Supervisors' Room, Quincy, CA**  
**Approved at February 1, 2023 meeting.**

**STANDING ORDERS**

**Call to Order / Roll Call**

- Call to Order: Valerie Sheldon called the meeting to order at 1:10 pm.
- Roll Call/Attendance:
  - Commissioners: Vicki Chestnut, Kendrah Fredricksen, Valerie Sheldon (quorum established)
  - Commissioners Absent: Kevin Goss, Kristy Tucker
  - County Staff (in-person, phone or Zoom): Jessica McGill, Kristie Pierson, John Posch, Gary Sanderson, Sharon Sousa
  - County Counsel: Josh Brechtel

Public: None

**Additions to or Deletions from the Agenda** - *For urgent items only.*

**Public Comment** – N/A

**ACTION AGENDA**

1. **Behavioral Health Commission**
  - a. Review and approve draft minutes of December – Vicki moved, Valerie seconded approval of minutes. Motion carried.
2. **Informational Announcements & Reports**
  - a. Commissioners Reports and Announcements – Kendrah attended MH Awareness group meeting with PRS last month.
  - b. Patients' Rights Advocate Report (Elizabeth McAllister) – Received call from community member looking for housing, referred to PCIRC; called Interim Director to clarify PRA role as Mandated Reporter; call from concerned community member regarding a missing person, contacted Law Enforcement (person was found); call from community member regarding Christmas Food Boxes, referred to PCIRC; contacted CA Office of Patients' Rights regarding in-service training on the role of PRA – training to be scheduled in the Spring.
  - c. Secretary/Treasurer Report (Kendrah) – N/A
3. **Behavioral Health Department**
  - a. Director's Report (Sharon Sousa) – Telehealth provider (IRIS) could not provide any therapists to Plumas Co. – contract has been ended. They are in touch with Community Medical Specialists in Redding, and are in the process of negotiation to provide a PA and two therapists. PA would come to PC twice per month. They are using Amwell for Dr. B's services.

They have several positions to fill – asking BoS for approval on this. Need an Admin. Assist. for Jessica, Gary and fiscal team. Requesting two other extra people for Wellness Centers (consumers). Requesting new position with HR: SUD Counselor. Jeff Achilles is SUD certified – just needs to pass exam. He is currently a Case Manager. Interviewed and offered employment for another driver. This person might also become a site coordinator. They also have a second candidate for driver position. Hired Systems Analyst, Sam S. for tracking state mandates, etc. Need to hire an IT person.

In process of contracting with Dr. Richard Kuhns with Tehama County for Mobile Crisis Unit – program mandate – needs to be in place by 2024. He can do MOU's, etc. He will come in-person to set this up.

For 5150 holds more than 72 hours, PRA must be called to talk to client/family and let them know there will be a hearing to continue. PRA will be trained as well as PCBHC. Need to contract with an outside agency to do the hearing in the hospital via Telehealth. Amwell would need to reevaluate the client.

They have two therapists out on paternity leave, but one will come back soon.

b. Quality Assurance Improvement (Jessica McGill) – see separate report for full details. Received several IM's. The ones pertaining to PCBH include:

- 22-060 CalAim Mental Health Plan Beneficiary Handbook updates – state has provided templates. Updates will be available in lobbies and on website.
- 22-064 Mandated Mobile Crisis Response Services (mentioned in Sharon's report above).
- 22-065 Screening Tools which must be used at Intake (clients who score 6 and up stay with PCBH).
- 22-068 Patient Access Final Rule – must implement a Patient Portal. In process of upgrading system to allow this.
- 22-070 Parity through CalAim to provide info to clients.
- 22-071 Psych in-patient fiscal rates for 2022-2023.

November stats: 370 open charts (down 1% from Nov.); 95 youth, 142 adults; Intakes slightly down; Crisis services slightly down over past several months. 2 psych placements. No grievances.

c. MHSA report (Kristy Pierson) – Working with collaborative partner on innovation plan for crisis services. This agency is collecting our info and will review for recommendations. Email Kristy regarding needed crisis services.

MHSA Crisis Quarterly meetings are up and running again. First one was in December. Next meeting will be in March (8<sup>th</sup>?). She has been meeting with individual partners asking what's working, what's not, deliverables, etc. Community Planning meetings will happen mid-end of February. Kristy is attending PRS MH Awareness group meetings.

d. Behavioral Health Commission Information and Improvement – None

#### **Public Comment** – None

Adjourned as BH Commission and Convened as AODA Commission.

## **Alcohol and Other Drug Advisory Board**

1. **Action Agenda** – None

2. **Informational Announcements & Reports –**

- a. AOD Report (Gary Sanderson) – 45 open charts, 61% penetration rate; 21+ population; no youth reports; 5 new Intakes. Compliance – working on monitoring protocols for reporting. Reviewing current corrective action plans – trying to figure out how many CAPs are out there. No grievances. Jeff is out on paternity leave and should return mid-January.
- b. Quality Assurance Improvement (Jessica McGill) – QIC – Quality Improvement Compliance meetings are 3<sup>rd</sup> Wednesdays from 1 to 3 pm. Jessica is working with CalAIM process on this. Reviewing emergency room to outpatient services.

**Public Comment** – Noon

**Adjournment**

Meeting adjourned by Valerie at 1:40 pm.

Next meeting: **February 1, 2023, Courthouse: Supervisors' Board Room**, from 1 pm to 3 pm.

Respectfully submitted,

Kendrah Fredricksen,  
Secretary, Plumas County Behavioral Health Commission