

Plumas County Behavioral Health Commission Meeting
1/5/2022 1 pm was Live and via Livestream from Board of Supervisors room and via Zoom
Final – Approved at 2/9/2022 meeting

STANDING ORDERS

Call to Order / Roll Call

- Call to Order: called meeting to order. This meeting was held Live and via Livestream and Zoom from the Board of Supervisors Room at the Courthouse.
- Roll Call:
 - Commissioners: Vicki Chestnut, Kevin Goss (Chair), Valerie Sheldon, Kristy Tucker (quorum established)
 - County Staff: Tony Hobson, Nikki Smalley, John Posch, Sam Schopplein, Jessica McGill, and Elizabeth McAllister
 - County Counsel: Josh Brechtel
 - Public: Kendrah Fredricksen, Russ Hansen – EA Family Services, Darren Wood EA- Family Services, and Denise Pyper

Additions to or Deletions from the Agenda – None

Public Comment – None

ACTION AGENDA

1. Behavioral Health Commission

- a. Review and approve meeting minutes from December 1,2021 meeting. Kevin Goss motion to approve and Valerie Sheldon seconded, and the motion was approved.
- b. Kevin Goss moved to recommended commission membership for the Reverend Kendrah Fredricksen as Sec/Tres. Valerie Sheldon seconded. The recommendation to the Board of Supervisors carried.
- c. Election Officers for the 2022 calendar year. Currently Kevin Goss is chair, Valerie Sheldon is vice-chair, Reverend Kendrah Fredricksen who previously was a commission member for six years as Sec/Tres, noted, if possible, she would return to that position. Kevin Goss motioned Chair and Vice Chair remain the same and Valerie Sheldon seconded. Motion carried.

2. Informational Announcements & Reports

- a. Commissioners Reports and Announcements – No report was given.
- b. Patients' Rights Advocate Report (Elizabeth McAllister) – December was a slow month. Several telephones call. One call was someone looking for employment and she directed them to Dr. Tony Hodson.
- c. Secretary/Treasurer Report – No report was given since we still need a sec/treas.
- d. Presentation by EA Family Services.

EA Family Services provide transitional housing, and has for a few years in Plumas County, for those recovering from mental health issues. EA is a full-service partnership attempting to reduce crisis intervention, attempt to avoid imprisonment, allow alternative sentencing,

reduce hospitalizations with group activities and encourage integration with the community. Therapeutic support is available. EA Family Services have a FT Clinician.

Discussion:

Assisted Outpatient care: noted, same as Laura's Law. Expanding conjunction with law enforcement to encourage recovery, sometimes leverage is helpful. Employment is encouraged, continuing support of subsidized housing, with patient progress they're on a lower level of therapeutic care but still having housing provided.

Seeking SSI as soon as they enter the program was a suggestion.

Currently ten units of housing are what they utilize.

Since 2017-2020, one individual has graduated from the program and three are in after care and continue to receive housing.

QUESTION: If you have an individual that is unhappy with their therapist, is there a grievance? A request for change of provider that may be communicated by e-mail or phone call to B.H.

QUESTION: How do I get help for my adult child? Denise said you cannot get help for your adult child until they have failed. The system is not so much aimed for prevention, but more for recovery.

3. Behavioral Health Department

- a. Director's Report (Dr. Tony Hobson) We are currently attempting to recruit therapists here. Working with the local Charter school on a grant that will allow all schools to have some sort of therapist. Special thanks to Jessica McGill on efforts on the 2019, triannual review of compliance providing contact services. We were not compliant, and with Jessica efforts, she brought us into compliance. An audit is scheduled for March and another review begins in April.
- b. Quality Assurance Improvement (Jessica M.) – The next QA meeting is January 27, 2022. Please contact Jessica McGill. A request was made that the QA improvement reports be available at the monthly meeting.
- c. Behavioral Health Commission Information and Improvement – None

Adjourned as Behavioral Health Commission by Tony Hobson

Convened as Alcohol and Other Drug Commission by Tony Hobson

Alcohol and Other Drug Commission

- a. AOD report. There are still groups and seeing individuals. Had a visit from National Commission on Correctional Health Care. Some items need to be tuned-up: Medication assistance, substance abuse, mental health services and physical care at the jail.
- b. Quality Assurance Improvement. BH department is Drug-MediCal certified. We're 28 outpatients, 1 youth, 35 adults, 15 intakes and one residential care.

Public Comment – None

Adjournment

Dr. Hobson adjourned meeting @ 2:00 PM.

Next meeting will be February 2, 2022, **in the Board of Supervisors' Room at the Courthouse**, from 1 pm to 3 pm.