

**Plumas County Behavioral Health Commission Meeting**

**8/5/2020 via zoom, Quincy, CA**

**Approved at September 2, 2020 meeting**

**STANDING ORDERS**

**Call to Order / Roll Call**

- Call to Order: Chair, Lori Simpson, called meeting to order at 12:12 pm. This meeting was held as a tele-conference due to the COVID-19 pandemic.
- Roll Call: Commissioners in attendance – Kendrah Fredricksen, Lori Simpson, Valerie Sheldon, Vicki Chestnut
- County Staff in attendance: Tony Hobson, Liz Brunton, Jessica McGill, John Posch, Elizabeth McAllister
- County Counsel: Sara James
- Public in attendance: Trish Foley (EPHC), Lisa Tobe (Women's Mountain Passages), Denise Pyper

**Additions to or Deletions from the Agenda**

No changes to Agenda. Quorum established.

**Public Comment – None**

**ACTION AGENDA**

**1. Behavioral Health Commission**

- a. Review and approve draft minutes of 7/1/20 – Vicki moved to approve the July minutes. Valerie seconded. Motion carried.
- b. Appoint Lisa Tobe to the Behavioral Health commission (community member). Kendrah moved to approve. Valerie seconded. Motion carried. This now goes to Board of Supervisors for final approval.
- c. Approve “A Resolution to Incorporate the Alcohol and Drug Advisory Board into the Previously Established Behavioral Health Commission ...” Kendrah moved to approve and recommend the resolution to the PC Board of Supervisors. Discussion was held and some changes were recommended to Bylaws (see below). **Discussion tabled** until the next meeting.

“... And Updating and Approving the **Bylaws**.” Denise Pyper had the following edits/concerns:

Article III. Duties – The opening statement refers to the “Best Practices ... for BH ... Commissions.” Denise asked if this was still valid. Kendrah was able to find 2020 version online.

Article IV. Membership Section A. 4. The word “Services” needs to be added after Mental Health.

Article IV. Membership Section A. 9. There was some confusion on numbering in this section. According to WIC 5848, those with a conflict of interest should not serve on

commission. (Otherwise, we need to make it clear that commissioners should abstain from voting on items which may be regarded as a conflict of interest, especially financially.)

Article IV. Membership Section C. Quorum Denise pointed out that it is still not clear if we round up or down for a quorum. With 5 commissioners, half is 2.5. Is one member over half 3 or 4?

Article III. Conduct of Meetings We need to decide if we are going to continue with Robert's Rules of Order or use Rosenberg's Rules. Most Commissioners felt we should go with Rosenberg's Rules.

**Further discussion was tabled** until next meeting. It was requested that hard copies be made available at BH office before next meeting so we are all looking at the same thing. Notify Lori if you need a hard copy.

## **2. Informational Announcements & Reports**

- a. Commissioners Reports and Announcements – None
- b. Patients' Rights Advocate Report (Elizabeth M.) – She did an Activity Report for the 2019-2020 fiscal year (she will submit copy for next month's meeting). She had two client calls in July, attended one continuum of care meeting on affordable housing, and did a site visit to Portola (e.g. checked on flyers, etc.).
- c. Secretary/Treasurer Report (Kendrah) – Attended MH Awareness Workgroup by teleconference. PRS is offering online MH First Aid and other trainings. Schedules are posted online and at Wellness Centers. A Suicide Vigil is being planned for September 10<sup>th</sup>. Nina Martynn is again coordinating this. Contact her if you have suggestions or questions.
- d. Bylaws – Ad Hoc Committee – See above.

## **3. Behavioral Health Department**

- a. Director's Report (Tony Hobson) – It has been an interesting month. Pam Schaeffer has retired. Thus, they have needed to switch people around for supervision, taking a regional approach. They will not be able to replace Pam due to budget. Aimee Heaney has resigned for personal reasons. Tony is taking on her duties as MHSA coordinator. Again, they will not be in a hurry to replace her due to budget.

The budget hearing went well. They have downsized department through attrition (from 74 to 44 positions). This is more where they should be. They have gone from \$5M in the red to hopefully balancing out this year! This is dependent on MediCal billable services being recorded/documentated. They brought in close to \$2M in MediCal billing last year. They are checking on people weekly to make sure everything is getting captured.

Student Service Coordinators have been approved and they are trying to figure out how this will work with distance learning. Hoping they can do some kind of telehealth services. They are creating study pods which may create opportunities for this.

- b. AOD Report – Drug MediCal application has been returned due to language on the malpractice insurance. They are working with County Risk Manager to fix this.

- c. Quality Assurance Improvement (Jessica M.) – They have received official EQRO report – it is the most successful report they've received in recent years. Two activity Quality Improvement projects have been accepted (must be an identified problem for clients). 1. Clinical project (must change intervention that providers do, will do assessments on a monthly basis, will review treatment goals, etc. PHQ-9 – anxiety and depression measurements, doing for FSP clients) and 2. Non-clinical project (improving referral outcomes and coordination of services, Wynae Hagwood – Care Coordinator, one source for referrals, doing ROI, improving wraparound services, etc.).

July report: 367 open outpatient charts; ages 0-21 = 178 unduplicated clients, 373 services, 313 hours; ages 22+ = 178 unduplicated clients, 852 services, 727.25 hours; 25 new intakes; at least 2 5150 evals; 32 general crisis services; Going forward Alliance will be doing 5150 evals in ER and it will take longer to get their data. 66 outpatient psychiatric services for 56.5 hours; 11 psych services in jail for 6.75 hours; 30 jail services for 25hours; 1 acute inpatient hospitalization.

- d. Behavioral Health Commission Information and Improvement – Lori mentioned PCIRC building being burned down; trailer park has been evacuated due to electrical system issues; Lori is working with Cathy Rahmeyer; PCIRC is looking for a new office in downtown Quincy but are providing services from different locations in the meantime.

Lisa Tobe said Inside Out story telling project has started (outside with social distancing).

**Public Comment** – Valerie requested if at least the commission members could meet in person for next meeting. Lori will check into this.

#### **Adjournment**

Lori adjourned the meeting at 1:25 pm.

Next meeting will be **September 2, Location to be determined**, from 12 pm to 2 pm.

Respectfully submitted,

Kendrah Fredricksen, Secretary  
Plumas County Behavioral Health Commission