

Plumas County Behavioral Health Commission Meeting

12/11/19 at Plumas County Library, Quincy, CA

Approved at 2/5/2020 meeting

Standing Orders

Call to Order / Roll Call

Call to Order: Chair, Lori Simpson, called the meeting to order at 12:18 pm.

Roll Call: Members in attendance – Vicki Chestnut, Joyce Clare, Kendrah Fredricksen, Denise Pyper, Valerie Sheldon, Lori Simpson

Absent: Estres Wellings

County Staff in attendance: Dr. Tony Hobson, Liz Brunton, Elizabeth McAllister, John Posch, Sam Schopplein (IT)

County Counsel: Sarah James

Public in attendance: Greg Ely (retired teacher), Trish Foley (Eastern Plumas Health), Scott Corey (PCIRC)

Additions to or Deletions from the Agenda

No changes to Agenda. Quorum established.

Public Comment

Public Comment – None

Action Agenda

1. Behavioral Health Commission

- a. Review and approve draft minutes of 11/6/19 – Joyce moved to approve, Valerie seconded. Motion carried.
- b. Election of 2020 Behavioral Health Commission Officers –
 - i. Chair – Joyce nominated Lori Simpson, Valerie seconded.
 - ii. Vice-Chair – Lori nominated Valerie Sheldon, Denise seconded.
 - iii. Secretary/Treasurer – Lori nominated Kendrah Fredricksen, Joyce seconded.The motions carried for each of the positions above.
- c. 2019 Data Notebook
 - i. Lori received an email from CA BH commission that we did not complete 2019 Data Notebook (on Trauma Informed Care). Joyce said she would review the template and questions asked. Lori will send the template to all commission members to review. Tony said we've done much with Trauma Informed Care and he would like us to report it. Kendrah moved that we complete the 2019 Data Notebook. Joyce seconded. Motion carried.

- d. Formal Resolution combining A&D Advisory Board with BH Commission – See draft resolution from Tony. Lori questioned if we should have 12 members as stated in draft. The need to have a balanced number of clients and family members was emphasized. The 3-year term noted in draft should be changed to end Dec. 31st. Denise said the first sentence needs to be changed – we already dissolved the MH Commission. Tabled for future discussion.
- e. Using Rosenburg Rules – We would have to change bylaws to accept these rules. Joyce said we would need a training on this (possibly by County Counsel). Tabled for future discussion.
- f. Commission Terms – Denise's term is up and she is not seeking reappointment. She said we need to be clear which vacancy is being filled when a new person comes on. Sarah will check into this further. We do have a completed application for one new member – we will review in early 2020.

2. **Informational Announcements & Reports**

- a. Commissioners Reports and Announcements –
 - i. Lori – attended CSAC sessions on Health & Human Services (MHSA funds discussed), the movie, “Resilience” is showing at local theater this evening and she recommended all to attend (movie will discuss ACES).
 - ii. Joyce – attended Quality Improvement meeting, Next meeting is Dec. 19th 10 am
 - iii. Denise – learned about palliative care (said this should be done for people with serious mental illness)
- b. Client Advocate Report (Elizabeth) – received one grievance call, two calls for general resources; attended cultural competency meeting (training for next year may include white privilege); attended QIC meeting and Board. For the record, she stated she has issues with the use of “Behavioral Health” rather than “Mental Health.”
- c. Secretary/Treasurer Report (Kendrah) – attended Suicide Prevention/MH Awareness meeting at PRS; their focus is on training and stigma reduction – will report on events as they are scheduled.
- d. Bylaws – Ad Hoc Committee – Joyce is now the only member of this sub-committee and she would appreciate another member of the commission joining her.
- e. MHSA Steering Committee – November and December meetings were cancelled.

3. **Behavioral Health Department**

- a. Director's Report (Tony) – Annual holiday gathering is next Wed. Dec. 18th 11 am to 1 pm at Mineral Bldg., “jeopardy” training. Commission members are invited.

Last week, BH had visitors from New Jersey and Chicago – re: medication assisted treatment in jail. Our jail is trying to achieve the highest standard possible. Jail and all hospitals in Plumas County are trying to use same procedures.

Received triennial audit results – 83 findings, most are related to changes by federal government recently. Many findings are around network adequacy – but changes are already in process to improve this. Documentation has improved, reimbursement is high. BH is appealing a few items. Plan of correction is due Feb. 14, 2020.

Laura's Law – meeting tomorrow at 2 pm to see how this works in small counties.

Informational notices: housing authority – discontinuing special needs housing; consumer perception surveys coming; re: submission of drug and alcohol treatment reports.

Impressed with V.A.'s response in Chico – wrap around care is very good.

412 open clients, 38 open substance use, specialized services 263, 954 contacts, 840 hours, jail 23 clients, 32 contacts, 41.5 hours, SUD 20, 1 youth, 43 contacts, 13.5 hours, 5 hospitalized, Katie A. – starting to use these services.

- b. AOD Report (see 3. a. above)
- c. Quality Assurance Improvement (see 3. a. above)
- d. Behavioral Health Information and Improvement – Joyce said our Annual Report has not been presented to Board of Supervisors. Lori will get this added to their agenda. Liz said Wellness Centers are going well. There is a new peer advocate in Portola. They have started some groups. Chester 368 services, Greenville 478 services, Portola 148 services. Scott gave brief report on PCIRC.

Lori moved that we skip our January meeting, Kendrah seconded. Next meeting will be February 5th. Motion carried.

Public Comment

Greg commented on the need for an AED for Greenville Wellness Center. Liz said this is in process.

Adjournment

Lori adjourned the meeting at 1:45 pm.

Next meeting will be **February 5, 2019** Quincy Public Library [later changed to Bldg. & Planning Dept.], Quincy CA from 12 pm to 2 pm.

Respectfully submitted,

Kendrah Fredricksen, Secretary

Plumas County Behavioral Health Commission