

Plumas County Behavioral Health Commission Meeting

9/4/19 at Plumas County Library, Quincy, CA

Approved at 10/9/19 BH Commission meeting

Standing Orders

Call to Order: Chair, Lori Simpson, called the meeting to order at 12:28 pm.

Roll Call: Members in attendance – **Vicki Chestnut, Joyce Clare, Kendrah Fredricksen, Marian Liddell, Denise Pyper, Lori Simpson**

Absent: Estres Wellings, Valerie Sheldon

County Staff in attendance: **Liz Brunton, Aimee Heaney, Tony Hobson, Elizabeth McAllister, Jessica McGill, John Posch**

County Counsel: **Sarah James, Gretchen Stuhr**

Public in attendance: Johanna Downey (PCIRC), Greg Ely (Retired HS teacher), Trish Foley (EPHC)

Additions to or Deletions from the Agenda

No changes to Agenda. Quorum established.

Public Comment

Public Comment – Kendrah asked about setting-up conference calling. Tony said they are in the process of ordering microphones for the room in Quincy library and setting up conference calling capabilities at Annex and remotely. The phone number needs to be made public and people calling in need to be in a public place.

Action Agenda

1. Behavioral Health Commission

- a. Letter of Resignation – from Marian Liddell (see letter). She had voice but no vote for this meeting. Denise moved to accept resignation, Vicki seconded. Motion carried.
- b. Review and approve draft minutes of 8/7/19 – Joyce moved to approve August 2019 minutes with changes, Vicki seconded. Motion carried.
- c. 2018/2019 Annual Report to Board of Supervisors – Marian says this appears to be incomplete. Copies were not made for all attendees. Tabled – put on agenda for next month.

2. Informational Announcements & Reports

- a. Commissioners Reports and Announcements –

Joyce reported that she, Elizabeth, Denise and Marian attended CA Assoc. of Local Mental/Behavioral Health Boards & Commissions training on Aug. 24th. They received updated **Best Practices 2019** which includes new “Duties: Alcohol & Drug” – Joyce

handed out copies to Commissioners who did not attend. Commissioners should especially read "Duties" (pages 17-18) and "Role of the MHB" (page 19). Kendrah suggested that we have a sign-off sheet for members when they have read this document. Marian suggested sign-offs be done for all trainings and this be tracked.

Re: MHSA Steering Committee – Aimee said this can be ad hoc (short-term working group) or we can have sub-committee (ongoing). Two current commission members (Joyce and Denise) attended a meeting on this last Friday. Consumers and family members not on the commission are also invited to attend. Joyce and Denise have volunteered to continue to serve on this ad hoc committee run by BH. This will be added as an agenda item for next month's commission meeting. Marian commented that this is the most important duty of the BH Commission in serving the SMI population. She feels this should be an open meeting subject to the Brown Act. Aimee said there will be other opportunities for the community to participate in this discussion – such as focus groups, streamlined stakeholder meetings, 30-day public comment, etc.

Joyce attended six meetings since last BH meeting including: Quality Improvement, Continuum of Care, MHSA steering committee, etc..

Lori talked to Sheriff Hagwood about article in LA Times about suicide in Plumas County. Hagwood said if Dispatch gets a call re: potential suicide, they refer the caller to national suicide line and/or PCIRC Crisis Center line (dispatch will stay on line until call is connected). Sheriff's dept. will ask if anyone else is at risk and if so, they will respond. Tony said they are working on contract with Auburn Counseling Services which could handle these calls. He is working with Sheriff's dept. to improve response and procedure in such calls. Lori said the Sheriff is willing to come to a future BH meeting to discuss. We currently have "The Exchange" (used by BH and PCIRC) taking these calls – calls are transferred to clinician on duty. They advise client to go to nearest ER. Marian said local crisis lines have gotten better. She said it is best to call PCIRC's crisis line.

Denise said Capital Public Radio 88.1 has been having many shows about mental health. She has also been sending articles to other commission members to review.

- b. Client Advocate Report – Elizabeth has not received any grievances. Received calls from people needing food resources and PG&E assistance – she referred them to correct agencies. She attended Commission Board meeting, QIC, LBH training, MHSA steering committee, and will be attending Opioid Coalition meetings. She also noted there were some interesting List Serve items.
- c. Secretary – Treasurer Report – Kendrah has been reading articles from Denise. Johanna asked about our budget for commission. Kendrah said Aimee provided this in the past and asked Tony and/or Jessica to bring info on this next month. This will be put on agenda for next month.
- d. Bylaws – Ad Hoc Committee – Denise was on vacation; nothing new to report.

3. Behavioral Health Department

- a. Director's Report (Tony) – Tony reported we had a \$5.6 million deficit last year (mostly MHSA). He met with budget committee last Monday and the deficit is down to \$1.1 million. This is a result of restructuring, prioritizing who is served (PEI, etc.). They have brought things back into “reality.” EA and PRS are now drawing down MediCal money. \$600,000 contract is given to EA for transitional living. Their work should bring in \$300,000 per year. BH has adjusted MediCal billable rate to 2009-2010 cost report (they bill per minute). Staff has been reduced due to attrition. The work for getting reimbursed is on clinical staff – productivity – currently billing only about 20% of time. Need to get that up to 65%. Should be able to bill at least to 40% in next year. Staff needs to accurately capture their time and know what is billable. Care needs to be coordinated – staff needs to talk with each other regarding treatment planning process. Need to reframe how they deliver services.
- b. AOD Report (Tony) – BH is still waiting for drug MediCal application approval. They are doing services in accordance with drug MediCal standards now – should be able to back-bill for one year. There has been much discussion around crisis services.

New Telemed provider – each of our three hospitals have to get on board with them. Need to grant 5150 determination to emergency room physicians. ER needs to have consultation with psychiatrist (via Telemed). BH used to provide “sitters” at ER for MH clients (the hospital provides staff to do this now). BH still does an assessment but they cannot prescribe meds, etc. Joyce asked about clients who are not SMI but in crisis. Tony said BH is responsible for resolution after patient is released from ER.

Tony will not be here for this meeting on Oct. 2nd. He will be at BH Director's meeting and there are some big changes coming. Elizabeth asked how 5150 clients will be transported when needed – Tony said most likely by BH transport (without hand cuffs), sometimes two staff or one staff and a police officer may be needed for transport.

- c. Department Budget & Financials (Tony) – See above. Lori said we need to have a full budget presentation at a future meeting.
- d. Quality Assurance Improvement (Jessica) – DHCS has combined county liaison (Alejandro Martinez from the State) for SUD and MH. Received 2 informational notices re: reimbursement rates, next QIC meeting is Sept. 19th 10 am.

August Data: **MH** 282 unduplicated clients, 1,168 contacts; **Jail** – new program with EA – provide screener (screen-in or be offered services), 22 inmates, 27 contacts; **SUD** 32 clients, 410 contacts; 7 **Inpatient** hospitalizations; 42 requests for services – 22 attended, intake average 1.9 days; 2 youth in intensive **foster youth** (Katie A); **FSP** 16, with 15 in transitional housing; 2 **grievances** re: quality of care (one retracted, one changed providers).

- e. Behavioral Health Information and Improvement – Lori asked about funding for community college Mental Health – there is state legislation which may help with this.

Tony said this has not passed yet. College IDs do now have crisis line #'s printed on them.

Public Comment

Plumas PRIDE event Sept. 20th – 21st – support for LGBTQ population – all invited
Veterans Stand Down Sept. 7th 8 am to 3 pm

Adjournment

Lori adjourned the meeting at 1:55 pm.

Next meeting will be **October 9, 2019 Plumas County Library** Meeting Room, 445 Jackson St., Quincy CA from 12 pm to 2 pm.

Housing Tools will need to be rescheduled – Kendrah will ask Aimee to do this.

Pizza needs to be rescheduled – John will contact Round Table.

Respectfully submitted,

Kendrah Fredricksen, Secretary, Plumas County Behavioral Health Commission