

# Northern Sierra Opioid Safety Coalition Kickoff



Welcome,

The Northern Sierra Opioid Safety Coalition is leading the way in Plumas, Lassen, Sierra, and Modoc counties to reduce misuse of prescription opioids. The rate of misuse and deaths related to opioid overdoses in our region have become an epidemic.

In a study conducted from 2008 to 2012, Plumas County was ranked the number-one county in California for death rates related to prescription-opioid overdoses. In that same period, Lassen County prescribed enough opioids for every man, woman, and child to stay medicated around the clock for 15 weeks each year. Due to their smaller populations, Modoc and Sierra's data was inconclusive, but departments from both counties report an increase in opioid addiction and misuse.

The Northern Sierra Opioid Safety Coalition will tackle this problem head on by using three proven interventions: promoting safe-prescribing practices, increasing access to medication-assisted addiction treatment, and increasing access to Naloxone, the life-saving opioid blocker that reverses the effects of an opioid overdose.

At the end of the day, you will be asked to join an action team to plan activities to address these areas. During the presentations, we encourage you to think about what you can contribute to the coalition and its efforts. Together, we can prevent opioid-related deaths!



Time	Topic	Speaker
12:00-12:10	Lunch Service	
12:10-12:20	Welcome and Introductions	James Wilson
12:20-12:25	Regional Epidemic—an Overview	Andrew Woodruff
12:25-12:35	Safe-Prescribing Practices	Dr. Mark Satterfield
12:35-12:45	Medication-Assisted Addiction Treatment	Allison Davis
12:45-12:55	Access to Naloxone	Andrew Woodruff
12:55-1:00	Q & A with the panel	
1:00-1:10	Break	
1:10-1:30	Real impact	Erika Trueblood Lian Fitz
1:30-1:45	Success as a Coalition	Dr. Matt Willis
1:45-1:50	Workgroup instructions	Andrew Woodruff
1:50-2:50	Action Team Planning Breakout Sessions	
2:50-3:00	Wrap-up	Andrew Woodruff

# Coalition objectives

1. By July, 2017, increase the percentage of prescribing providers and pharmacists utilizing CURES by 50 percent in the four-county region.
2. By July, 2017, reduce the average number of morphine equivalents prescribed per resident per year in the four-county region by 15 percent.
3. By July, 2017, increase the number of buprenorphine prescribers in the four-county region by two.
4. By July, 2017, distribute Naloxone and train on its use with 100 at-risk residents in the four-county region.